



Tazewell County Schools HIGH SCHOOL LUNCH

GARDEN SALAD
TUESDAY & THURSDAY
with Choice of Dressing

Labor Day September 3rd
Schools Closed

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>3</p> <p>Combos offered daily:</p> <p><u>Yogurt & Cheese Stick</u> <u>Goody Ring</u> OR <u>PB&J Cheese Stick</u> <u>Goldfish</u></p> | <p>4</p> <p>CHOOSE ONE ENTREE CHICKEN/BACON/CHEESE/ RANCH PANINI * JALAPENO CHEESEBURGER <u>Available Daily</u> <u>Pizza and Chicken Selections</u> FRENCH FRIES SWEET POTATO TASTY BAKED BEANS FRUIT & VEGGIE BAR</p> | <p>5</p> <p>CHOOSE ONE ENTREE FRITO CHILI CHEESE BOWL * SOFT TORTILLA QUESADILLA <u>Available Daily</u> <u>Pizza and Chicken Selections</u> REFRIED BEANS VEGGIE BOWL FRUIT & VEGGIE BAR</p> | <p>6</p> <p>CHOOSE ONE ENTREE CUBAN SANDWICH SIRACHA CHICKEN-CHEESE PANINI <u>WILD MIKE'S ULTIMATE PIZZA</u> CARROT STICKS FRESH BROCCOLI FRUIT & VEGGIE BAR</p> | <p>7</p> <p>CHOOSE ONE ENTREE MINI CORN DOGS HAM & PEPPER JACK PANINI * <u>Available Daily</u> <u>Pizza and Chicken Selections</u> MIXED VEGETABLES VEGGIE BOWL FRUIT & VEGGIE BAR</p> |
| <p>10</p> <p>CHOOSE ONE ENTREE HOT DOG with CHILI CUBAN SANDWICH <u>Available Daily</u> <u>Pizza and Chicken Selections</u> TASTY BAKED BEANS COLE SLAW CRISPY BROCCOLI w DIP FRUIT & VEGGIE BAR</p> | <p>11</p> <p>CHOOSE ONE ENTREE CHICKEN and WAFFLE ITALIAN MEATBALL SUB * <u>Available Daily</u> <u>Pizza and Chicken Selections</u> VEGGIE BOWL FRENCH FRIES SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p> | <p>12</p> <p>CHOOSE ONE ENTREE CHICKEN FAJITA on TORTILLA CHILI BEANS w BREADSTICK <u>Available Daily</u> <u>Pizza and Chicken Selections</u> TANGY SALSA CALIFORNIA BLEND VEG FRUIT & VEGGIE BAR</p> | <p>13</p> <p>CHOOSE ONE ENTREE SALISBURY STEAK / ROLL TURKEY-BACON CIABATTA * <u>WILD MIKE'S ULTIMATE PIZZA</u> MASHED POTATOES MIXED VEGETABLES APPLE CRISP VEGGIE BOWL FRUIT & VEGGIE BAR</p> | <p>14</p> <p>CHOOSE ONE ENTREE BREAKFAST FOR LUNCH OMELET OR * EGG and SAUSAGE w BISCUIT CHEESE FILLED STICKS <u>Available Daily</u> <u>Pizza and Chicken Selections</u> GRAPE TOMATOES TATER TOTS SEASONED GRAVY FRUIT & VEGGIE BAR</p> |
| <p>17</p> <p>CHOOSE ONE ENTREE ORANGE CHICKEN CUBAN SANDWICH <u>Available Daily</u> <u>Pizza and Chicken Selections</u> COOKED CARROTS CALIFORNIA BLEND VEG FRUIT & VEGGIE BAR</p> | <p>18</p> <p>CHOOSE ONE ENTREE BACON CHEESEBURGER CHICKEN and WAFFLES <u>Available Daily</u> <u>Pizza and Chicken Selections</u> FRENCH FRIES GREEN BEANS MACARONI & CHEESE FRUIT & VEGGIE BAR</p> | <p>19</p> <p>CHOOSE ONE ENTREE PHILLY CHICKEN SUB * MEXICAN PULLED PORK / BUN <u>Available Daily</u> <u>Pizza and Chicken Selections</u> SWEET POTATOES FRIES VEGGIE BOWL FRUIT & VEGGIE BAR</p> | <p>20</p> <p>CHOOSE ONE ENTREE HAMBURGER / CHEESE BURGER BUFFALO CHICKEN CHEESE CIABATTA * <u>WILD MIKE'S ULTIMATE PIZZA</u> TASTY BAKED BEANS SEASONED CORN FRUIT & VEGGIE BAR</p> | <p>21</p> <p>CHOOSE ONE ENTREE HOME-MADE SPAGHETTI SLOPPY JOE on BUN <u>Available Daily</u> <u>Pizza and Chicken Selections</u> BREADSTICK VEGGIE BOWL SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p> |
| <p>24</p> <p>CHOOSE ONE ENTREE SALISBURY STEAK/ ROLL CHICKEN FRIED STEAK/ROLL <u>Available Daily</u> <u>Pizza and Chicken Selections</u> SEASONED GREEN BEANS MASHED POTATOES FRUIT & VEGGIE BAR</p> | <p>25</p> <p>CHOOSE ONE ENTREE CHICKEN/BACON/CHEESE/ RANCH PANINI * JALAPENO CHEESEBURGER <u>Available Daily</u> <u>Pizza and Chicken Selections</u> FRENCH FRIES SWEET POTATO TASTY BAKED BEANS FRUIT & VEGGIE BAR</p> | <p>26</p> <p>CHOOSE ONE ENTREE FRITO CHILI CHEESE BOWL * SOFT TORTILLA QUESADILLA <u>Available Daily</u> <u>Pizza and Chicken Selections</u> REFRIED BEANS VEGGIE BOWL FRUIT & VEGGIE BAR</p> | <p>27</p> <p>CHOOSE ONE ENTREE CUBAN SANDWICH SIRACHA CHICKEN-CHEESE PANINI <u>WILD MIKE'S ULTIMATE PIZZA</u> CARROT STICKS FRESH BROCCOLI FRUIT & VEGGIE BAR</p> | <p>28</p> <p>CHOOSE ONE ENTREE MINI CORN DOGS HAM & PEPPER JACK PANINI * <u>Available Daily</u> <u>Pizza and Chicken Selections</u> MIXED VEGETABLES VEGGIE BOWL FRUIT & VEGGIE BAR</p> |

Five food items are offered daily: Meat/meat alternate, 2 vegetables/fruit, a serving of bread, and milk. Students may refuse any 2 of the 5 items (but must select at least 1/2 cup of either a fruit or vegetable) and still receive a reimbursable lunch. The price remains the same.

**MILK - CHOICE
EVERY MEAL**

This Institution is an equal opportunity provider.