




Tazewell County Schools
HIGH SCHOOL LUNCH

January

Monday	Tuesday	Wednesday	Thursday	Friday
<p>MILK - CHOICE EVERY MEAL</p>	<p>GARDEN SALAD TUESDAY & THURSDAY <i>with Choice of Dressing's</i></p>	<p>³ CHOOSE ONE ENTREE FRITO CHILI CHEESE BOWL * SOFT TORTILLA QUESADILLA <u>DELUXE HAMBURGER</u> CRISPYLETTUCE & TOMATO REFRIED BEANS FRUIT & VEGGIE BAR</p>	<p>⁴ CHOOSE ONE ENTREE TOASTED CHEESE SAND TANTALIZING TACO <u>SIGNATURE PIZZA</u> LETTUCE & TOMATO CARROT STICKES CHICKEN SUPREME SOUP FRUIT & VEGGIE BAR</p>	<p>⁵ CHOOSE ONE ENTREE MINI CORN DOGS PHILLY CHICHEN-CHEESE PANINI * <u>PIZZA</u> wg LETTUCE & TOMATO SEASONED FRENCH FRIES FRESH BROCCOLI FRUIT & VEGGIE BAR</p>
<p>⁶ CHOOSE ONE ENTREE HOT DOG / CHILI / BUN MACARONI & CHEESE <u>HAMBURGER</u> TASTY BAKED BEANS COLE SLAW CRISPYBROCCOLI w DIP FRUIT & VEGGIE BAR</p>	<p>⁹ CHOOSE ONE ENTREE TOASTED CHEESE SAND ITALIAN MEATBALL SUB * <u>SIGNATURE PIZZA</u> FLAVORFUL TOMATO SOUP MASHED POTATOES SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p>	<p>¹⁰ CHOOSE ONE ENTREE CHICKEN FAJITA on TORTILLA TACO SOUP w BREADSTICK <u>SIGNATURE PIZZA</u> TANGY SALSA REFRIED BEANS LETTUCE & TOMATO FRUIT & VEGGIE BAR</p>	<p>¹¹ CHOOSE ONE ENTREE SALISBURY STEAK / ROLL TURKEY-BACON CIABATTA * <u>FISH SANDWICH</u> MASHED POTATOES MIXED VEGETABLES FRUIT & VEGGIE BAR</p>	<p>¹² CHOOSE ONE ENTREE BREAKFAST FOR LUNCH OMELET OR * EGG and SAUSAGE w BISCUIT CHEESE FILLED STICKS <u>PIZZA</u> wg GRAPE TOMATOES TATER TOTS SEASONED GRAVY FRUIT & VEGGIE BAR</p>
<p>¹⁵ CHOOSE ONE ENTREE ORANGE CHICKEN MACARONI & CHEESE <u>HAMBURGER SPECIAL</u> SEASONED MASHED POTATOES CALIFORNIA BLEND VEG FRESH MADE COOKIE FRUIT & VEGGIE BAR</p> 	<p>¹⁶ CHOOSE ONE ENTREE TOASTED CHEESE SAND CHICKEN NUGGETS / ROLL <u>CHEF'S SPECIAL PIZZA</u> TOMATO SOUP MASHED POTATOES GREEN BEANS FRUIT & VEGGIE BAR</p>	<p>¹⁷ CHOOSE ONE ENTREE PHILLY CHICKEN SUB * CHICKEN SAND / BUN <u>SIGNATURE PIZZA</u> CRISPY FRENCH FRIES SWEET POTATOES LETTUCE & TOMATO FRUIT & VEGGIE BAR</p>	<p>¹⁸ CHOOSE ONE ENTREE HAMBURGER / BUN wg SWEET & SOUR MEATBALLS * <u>SIGNATURE PIZZA</u> LETTUCE, TOMATO, PICKLES TASTY BAKED BEANS SEASONED CORN FRESH MADE COOKIE FRUIT & VEGGIE BAR</p>	<p>¹⁹ CHOOSE ONE ENTREE HOUSE-MA DE SPAGHETTI TURKEY & CHEESE SUB <u>SIGNATURE PIZZA</u> BREADSTICK LETTUCE & TOMATO SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p>
<p>²² CHOOSE ONE ENTREE SALISBURY STEAK/ ROLL CHICKEN FRIED STEAK/ROLL <u>SIGNATURE PIZZA</u> SEASONED GREEN BEANS MASHED POTATOES FRUIT & VEGGIE BAR</p>	<p>²³ CHOOSE ONE ENTREE CHICKEN/BACON/CHEESE/RANCH PANINI * CHEESEBURGER/BUN <u>SIGNATURE PIZZA</u> CRUNCHY FRENCH FRIES LETTUCE & TOMATO SWEET POTATO TASTY BAKED BEANS FRUIT & VEGGIE BAR</p>	<p>²⁴ CHOOSE ONE ENTREE FRITO CHILI CHEESE BOWL * SOFT TORTILLA QUESADILLA <u>DELUXE HAMBURGER</u> CRISPYLETTUCE & TOMATO REFRIED BEANS FRUIT & VEGGIE BAR</p>	<p>²⁵ CHOOSE ONE ENTREE TOASTED CHEESE SAND TANTALIZING TACO <u>SIGNATURE PIZZA</u> LETTUCE & TOMATO CARROT STICKES CHICKEN SUPREME SOUP FRUIT & VEGGIE BAR</p>	<p>²⁶ CHOOSE ONE ENTREE MINI CORN DOGS PHILLY CHICHEN-CHEESE PANINI * <u>PIZZA</u> wg LETTUCE & TOMATO SEASONED FRENCH FRIES FRESH BROCCOLI FRUIT & VEGGIE BAR</p>
<p>²⁹ CHOOSE ONE ENTREE HOT DOG / CHILI / BUN MACARONI & CHEESE <u>HAMBURGER</u> TASTY BAKED BEANS COLE SLAW CRISPYBROCCOLI w DIP FRUIT & VEGGIE BAR</p>	<p>³⁰ CHOOSE ONE ENTREE TOASTED CHEESE SAND ITALIAN MEATBALL SUB * <u>SIGNATURE PIZZA</u> FLAVORFUL TOMATO SOUP MASHED POTATOES SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p>	<p>³¹ CHOOSE ONE ENTREE CHICKEN FAJITA on TORTILLA TACO SOUP w BREADSTICK <u>SIGNATURE PIZZA</u> TANGY SALSA REFRIED BEANS LETTUCE & TOMATO FRUIT & VEGGIE BAR</p>	<p>SECONDARY STUDENTS \$2.45 ADULTS \$3.50</p>	<p>This Institution is an equal opportunity provider.</p>