



**Tazewell County Schools
MIDDLE SCHOOL LUNCH**

AUGUST 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| <p>SECONDARY STUDENTS \$2.55 ADULTS \$3.75</p> | <p>GARDEN SALAD TUESDAY & THURSDAY <i>with Choice of Dressing</i></p> | <p>Combos offered daily: <u>Yogurt & Cheese Stick</u> <u>Goody Ring</u> OR <u>PB&J, Cheese Stick</u> <u>Goldfish</u></p> | <p>16 CHOOSE ONE ENTREE SEASONED PULLED PORK SUB * SUPER CHEESE FILLED STICKS <u>WILD MIKE'S ULTIMATE PIZZA</u> TANGY SALSA POTATO ROUNDS MEXICAN REFRIED BEANS FRUIT & VEGGIE BAR</p> | <p>17 CHOOSE ONE ENTREE CHICKEN and WAFFLES MINI CORN DOGS <u>Available Daily</u> <u>Pizza and Chicken Selections</u> CRISPY POTATO SMILES VEGGIE BOWL GLAZED CARROTS FRUIT & VEGGIE BAR</p> |
| <p>20 CHOOSE ONE ENTREE MACARONI & CHEESE ITALIAN MEATBALL SUB * <u>Available Daily</u> <u>Pizza and Chicken Selections</u> CRISP BABY CARROTS SEASONED CORN FRUIT & VEGGIE BAR</p> | <p>21 CHOOSE ONE ENTREE FRITO CHILI CHEESE BOWL * MINI CORN DOGS <u>Available Daily</u> <u>Pizza and Chicken Selections</u> REFRIED BEANS TANGY SALSA FRUIT & VEGGIE BAR</p> | <p>22 CHOOSE ONE ENTREE HOT DOG SPECIAL HAMBURGER <u>Available Daily</u> <u>Pizza and Chicken Selections</u> ZESTYBAKED BEANS COLE SLAW SEASONED FRIES FRUIT & VEGGIE BAR</p> | <p>23 CHOOSE ONE ENTREE SALISBURY STEAK w Roll CHICKEN FRIED STEAK w BREADSTICK <u>WILD MIKE'S ULTIMATE PIZZA</u> MASHED POTATOES BROCCOLI VEGGIE BOWL FRUIT & VEGGIE BAR</p> | <p>24 CHOOSE ONE ENTREE BREAKFAST FOR LUNCH OMELET OR * EGG and SAUSAGE w BISCUIT <u>Available Daily</u> <u>Pizza and Chicken Selections</u> SEASONED GRAVY POTATO ROUNDS FRESH TOMATO WEDGES FRUIT & VEGGIE BAR</p> |
| <p>27 CHOOSE ONE ENTREE SUPER CHEESE FILLED STICKS PHILLY CHICKEN CHEESE PANINI* <u>Available Daily</u> <u>Pizza and Chicken Selections</u> TANGY SALSA SEASONED GREEN BEANS FRUIT & VEGGIE BAR</p> | <p>28 CHOOSE ONE ENTREE CHICKEN and WAFFLES MACARONI & CHEESE <u>Available Daily</u> <u>Pizza and Chicken Selections</u> SWEET POTATO SEASONED CORN FRUIT & VEGGIE BAR</p> | <p>29 CHOOSE ONE ENTREE SIRACHA CHICKEN CHEESE PANINI CHILI BEANS w BREADSTICK <u>Available Daily</u> <u>Pizza and Chicken Selections</u> MARINARA SAUCE MIXED VEGETABLES SEASONED FRIES FRUIT & VEGGIE BAR</p> | <p>30 CHOOSE ONE ENTREE MEXICAN PULLED PORK on BUN POP CORN CHICKEN w Roll <u>WILD MIKE'S ULTIMATE PIZZA</u> PINTO BEANS CORN FRUIT & VEGGIE BAR</p> | <p>31 CHOOSE ONE ENTREE SPAGHETTI w BREAD STICK SLOPPY JOE on BUN <u>Available Daily</u> <u>Pizza and Chicken Selections</u> TOMATO WEDGES CRISPY BROCCOLI FRUIT & VEGGIE BAR</p> |

Five food items are offered daily: Meat/meat alternate, 2 vegetables/fruit, a serving of bread, and milk. Students may refuse any 2 of the 5 items (but must select at least 1/2 cup of either a fruit or vegetable) and still receive a reimbursable lunch. The price remains the same.

**MILK - CHOICE
EVERY MEAL**

This Institution is an equal opportunity provider.