

Parents

Information about School Health Services

School Health Services provides many services including management of acute (short-term) and chronic (on-going) health care problems. Examples of acute problems are mild injuries (bug bites, scratches, etc.) and illnesses. Examples of chronic problems include diabetes, asthma and seizure disorders. Also, skilled nursing procedures (ordered by your child's health care provider) including breathing treatments, tube feedings, dressing changes, medication administration and blood sugar monitoring are available. Emergency services are also provided. This includes training and administration of EpiPen for allergic reactions, Glucagon for hypoglycemia and Insulin for hyperglycemia. A team of CPR/First Aid trained school personnel is available in each school for emergency situations. Bus drivers are also trained on how to handle certain emergency situations. Mandated screenings such as vision and hearing are performed on students in specific grades. We also provide health education to students. Physical exams are provided (see letter to parents at the Information Regarding Physical Exams link below)

If your child needs medications (including over-the-counter medications like Tylenol), treatments or procedures during the year, specific forms **MUST** be completed before any medication or treatment can be provided. Most medications and treatments require a doctor's order. We cannot give any medications or treatments without the written permission of the parent/guardian. Please see the health assistant at your child's school for the appropriate forms. Hand written notes or telephone permission is unacceptable. This is for the safety of your child. Also, it is required by State Board of Nursing of Virginia.

Pandemic Influenza

You may have heard a lot about the pandemic flu in the news lately. Our school system is working closely with local and state officials to develop a plan to address the pandemic flu. It's important that individuals and families to be planning and preparing for such an event. Please review the following website for important information and updates: www.pandemicflu.gov

Also, you can download the Pandemic Influenza individuals and families checklist below:

**Add Link

The best way to deal with this situation is to be fully prepared. Please review the checklist and start preparing!

Other websites:

www.childrenwithdiabetes.com

www.foodallergy.com

www.nhlbi.nih.gov/health/public/lung/asthma/guidfam.pdf

Proper Drug Disposal is very important for the safety of your family, children and pets. Please click on the link to see how best to dispose of left over, outdated or unwanted medications by the FDA.

<http://www.fda.gov/downloads/ForConsumers/ConsumerUpdates/UCM449824.pdf>