

- 1 If under exceptional circumstances a child is required to take non-prescription or prescription medication
- during school hours and the parent cannot be at school to administer the medication, only the principal
- 3 or the principal's designee who have been trained by system nursing staff will assist in self-
- 4 administration of the medication if the student is competent to self-administer medicine with assistance
- 5 in compliance with the following regulations: 1
- 6 Written instructions signed by the parent will be required and will include:
- 7 1. Child's name:

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- 8 2. Name of medication:
 - 3. Name of physician;
- 10 4. Time to be self-administered;
 - 5. Dosage and directions for self-administration (non-prescription medicines must have label direction);
 - 6. Possible side effects, if known; and
 - 7. Termination date for self-administration of the medication.
- 15 The medication must be delivered to the principal's office in person by the parent or guardian of the
- student unless the medication must be retained by the student for immediate self-administration. (i.e.
- students with asthma or life-threatening food allergies).
- Volunteer personnel, trained by a registered nurse, may administer glucagon in emergency situations to
- a student based on that student's Individual Health Plan (IHP)
- 20 The administrator/designee will:
- 1. Inform appropriate school personnel of the medication to be self-administered;
- 22 2. Keep written instructions from parent in student's record;
- 3. Keep an accurate record of the self-administration of the medication;
- 4. Keep all medication in a locked cabinet except medication retained by a student per physician's order;
- 5. Return unused prescription to the parent or guardian only; and
- 6. Ensure that all guidelines developed by the Department of Health and the Department of Education are followed.

- 1 The parent or guardian is responsible for informing the designated official of any change in the student's
- 2 health or change in medication.
- 3 A copy of this policy shall be provided to a parent or guardian upon receipt of a request for long-term
- 4 administration of medication.

5 BLOOD GLUCOSE SELF-CHECKS

- 6 Upon written request of a parent or guardian, and if included in the student's medical management plan
- 7 and in the IHP, a student with diabetes shall be permitted to perform a blood glucose check or administer
- 8 insulin using any necessary diabetes monitoring and treatment supplies, including sharps. The student
- 9 shall be permitted to perform the testing in any area of the school or school grounds at any time
- 10 necessary.
- Sharps shall be stored in a secure, but accessible location, including the student's person, until use of
- such sharps is appropriate.
- 13 Use and disposal of sharps shall be in compliance with the guidelines set forth by the Tennessee Oc-
- cupational Safety and Health Administration (TOSHA).²

15 STUDENTS WITH PANCREATIC INSUFFICIENCY OR CYSTIC FIBROSIS³

- 16 Students diagnosed with pancreatic insufficiency or cystic fibrosis shall be permitted to self-manage
- their prescribed medication in a manner directed by a licensed healthcare provider without additional
- assistance or direction. The Director of Schools shall develop procedures for the development of both
- an Individualized Healthcare Plan (IHP) and an Emergency Care Plan (ECP) that conforms to state law
- 20 for every student with pancreatic insufficiency or cystic fibrosis that wishes to self-medicate.

Legal References

1. TCA 49-50-1602

 TCA 49-5-415(d)(7), Public Acts 2006, Chapter No. 54

3. TCA 49-50-1601

Cross References

Student Health Services 6.401 Emergency Allergy Response Plan 6.412 Procedure References

Letter to Parent Regarding Medication at School 6.405 Exhibit A Permission for Medication (Prescription and Non-Prescription) 6.405 Exhibit B Medication Receipt Record 6.405 Exhibit C Short Term-As Needed Medication Record 6.405 Exhibit D

Long Term Medication Record 6.405 Exhibit E