

Lakeland Board of Education

Monitoring: Review: Annually, in May	Descriptor Term: <h2 style="text-align: center;">Prevention and Treatment of Sudden Cardiac Arrest</h2>	Descriptor Code: <h3 style="text-align: center;">6.414</h3>	Issued Date: <h3 style="text-align: center;">01/11/16</h3>
		Rescinds:	Issued:

1 The Board adopts the guidelines and other pertinent information and forms developed by the
 2 Tennessee Department of Health (TDOH) to inform and educate coaches, school administrators,
 3 student athletes, and parents and guardians of the nature, risk and symptoms of sudden cardiac arrest.
 4 These guidelines and materials shall be made available to interested parties through the Central Office
 5 and include, but are not limited to, the sudden cardiac arrest information sheet and medical clearance
 6 forms approved by the TDOH and referenced in this policy.

7 This policy shall govern all activities and individuals involved in activities which constitute an
 8 organized athletic game or competition against another team or in practice or preparation for an
 9 organized game or competition. It does not govern activities or individuals involved in activities
 10 which are entered into for instructional purposes only or that are incidental to a nonathletic program or
 11 lesson.

12 **REQUIRED TRAINING¹**

13 Each school's athletic director and coaches, whether employed or volunteer, are required, annually, to
 14 complete the *National Federal of State High School Associations Elective Course – Sudden Cardiac*
 15 *Arrest* online course.

16 Prior to the annual initiation of practice or competition, the following persons must review and sign a
 17 sudden cardiac arrest information sheet: each school athletic director, appointed licensed healthcare
 18 professionals, and each coach, whether employed or volunteer.

19 Prior to the annual initiation of practice or competition, all student athletes and/or their parent(s) or
 20 guardian(s) shall review and sign a sudden cardiac arrest information sheet. The form shall be signed
 21 and returned by the student athlete if the athlete is eighteen (18) years of age or older; or by the student
 22 athlete's parent(s) or guardian(s), for athletes younger than eighteen (18) years of age.

23 All documentation of the completion of a sudden cardiac arrest education course program and signed
 24 sudden cardiac arrest information sheets shall be maintained for a period of three (3) years.

25 **Removal from Athletics¹**

26 Any student athlete who shows signs, symptoms and/or behaviors consistent with sudden cardiac arrest
 27 during or after an athletic activity or competition shall be immediately removed for evaluation by a
 28 licensed healthcare professional, if available, and if not, by a coach or other designated individuals.
 29 Signs, symptoms and/or behaviors include, but are not limited to: passing out; fainting; unexplained
 30 shortness of breath; chest pains; dizziness; racing heart rate; and extreme fatigue.

- 1 Student athletes who have been removed from an athletic activity or competition shall not return to any
- 2 supervised team activities involving physical exertion, including games, competitions, or practices,
- 3 until the student athlete has been evaluated by and received appropriate written clearance from a
- 4 licensed health care provider for a full or graduated return.

Legal References

1. Public Acts of 2015, Chapter No. 325

Cross References