



TRENTON INDEPENDENT SCHOOL DISTRICT

January 24, 2017

Dear Parents or Guardians

This letter is to inform you of a case of **Mumps** in the Trenton Independent School District. Exposure is contained mostly to the Middle School and High School. Please be aware your child may have been exposed to this virus on or about January 19, 2017.

Mumps is a contagious disease caused by a virus. It spreads through saliva or mucus from the mouth, nose, or throat. Mumps can spread before swollen glands appear and for 5 days afterward.

An infected person can spread the virus by

- coughing, sneezing, or talking,
- sharing items, such as cups or eating utensils, with others, and
- touching surfaces or objects with unwashed hands that are then touched by others.

Mumps is best known for the puffy cheeks and swollen jaw that it causes. This is a result of swollen salivary glands. The most common symptoms include:

- Fever
- Headache
- Muscle aches
- Tiredness
- Loss of appetite
- Swollen and tender salivary glands under the ears on one or both sides.
- Symptoms typically appear 16-18 days after infection, but this period can range from 12-25 days after infection.

Please contact your child's pediatrician if he or she starts showing any of these signs and symptoms. Notify the school nurse at 903-989-2242 ext 624 for any of these symptoms or concerns.

Thank You,

Rick Foreman
Superintendent