



TROY CITY SCHOOLS
National Nutrition Month
LUNCH

March 1, 2018 – Thursday

Baked Chicken, English Peas, Buttery Carrots, Rice Pilaf, Mixed Fruit, Wheat Roll,
Assorted Milk

March 2, 2018 – Friday



NATIONAL READ ACROSS AMERICA DAY

Mexican Burrito, Fiesta Salad, Corn-on-the-Cob, Pear Cup, Assorted Milk

March 5, 2018 – Monday

Italian Meatball Sub, Italian Diced Potatoes, Arugula Salad, Assorted Fruit, Assorted Milk

March 6, 2018 – Tuesday

Meatloaf, Mashed Potatoes, Peas & Carrots, Fruit Cup, Cornbread, Assorted Milk

March 7, 2018 – Wednesday

Buffalo Chicken Flatbread, Pasta Salad, Fresh Veggie Medley, Assorted Fruit, Assorted Milk

March 8, 2018 – Thursday

Roasted Chicken, Steamed Broccoli & Cauliflower, Potatoes Au Gratin, Sliced Peaches,
Honey Wheat Roll, Assorted Milk

March 9, 2018 – Friday

Sausage Pizza, Spinach Salad, Baked Beans, Assorted Fruit, Assorted Milk

This Institution is an Equal Opportunity Provider

****Menus are Subject to Change without Prior Notice****



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March 12, 2018 – Monday

Mozzarella Cheese Sticks w/ Marinara Dipping Sauce, Tossed Salad, Oven Fries, Apple Wedges,
Assorted Milk

March 13, 2018 – Tuesday

Chicken Alfredo, Steamed Broccoli, Glazed Carrots, Pineapple Chunks, Wheat Roll,
Assorted Milk

March 14, 2018 – Wednesday

Santa Fe Soup, Tortilla Chips & Salsa, Fresh Vegetable Medley, Mixed Fruit, Assorted Milk

March 15, 2018 – Thursday

INTERNATIONAL SCHOOL MEALS DAY



Barbequed Chicken, Potato Salad, Baby Lima Beans, Sliced Peaches, Honey Wheat Roll,
Assorted Milk

March 16, 2018 – Friday

Corndog, Spring Salad, Sweet Potato Fries, Orange Wedges, Assorted Milk

Saturday – March 17, 2017 – St. Patrick's Day



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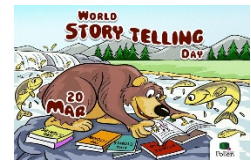


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March 19, 2018 – Monday

Zesty Italian Wrap, Potato Rounds, Mediterranean Salad, Apple Wedges, Assorted Milk

March 20, 2018 – Tuesday – WORLD STORYTELLING DAY



General Tso’s Chicken, Stir-Fry Vegetables, Ginger Carrots, Fried Rice, Mandarin Oranges,
Assorted Milk

March 21, 2018 – Wednesday - COMMON COURTESY DAY



Grilled Chicken Sandwich, House Salad, Sweet Potato Fries, Assorted Fruit, Assorted Milk

March 22, 2018 – Thursday

Chicken Nuggets, Loaded Mashed Potatoes, Italian Green Beans, Sliced Pears, Biscuit,
Assorted Milk

March 23, 2018 – Friday

Pepperoni Pizza, Spinach Salad, Italian Mixed Vegetables, Assorted Fruit, Assorted Milk



Monday, March 26, 2018 – Friday, March 30, 2018
Schools will be Closed

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