

 TROY CITY SCHOOLS 



BREAST CANCER AWARENESS MONTH

Lunch



October 2, 2017 – Monday – **World Day of Bullying Prevention**

Cheeseburger Sliders, French Fries, Romaine Lettuce/Tomato Slices,
Assorted Fruit, Assorted Milk

October 3, 2017 – Tuesday

Baked Pork Chops, Glazed Sweet Potatoes, Field Peas, Cornbread, Assorted Fruit, Assorted Milk



Walk to School Day – October 4, 2017 – Wednesday

Lasagna Rolls w/Meat Sauce, Romaine Salad w/Italian Dressing, Mixed Vegetables,
Garlic Breadsticks, Pineapple Chunks, Assorted Milk



World Teachers' Day – October 5, 2017 – Thursday

Baked Chicken, Roasted Potatoes, 5-way Mixed Vegetables, Fruit Cup, Wheat Roll,
Assorted Milk



October 6, 2017 – Friday –

World Smile Day

Beef & Bean Burrito, Fiesta Salad w/Fiesta Ranch Dressing, Corn-on-the-Cob, Salsa,
Sliced Pears, Assorted Milk

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Menus are Subject to Change without Prior Notice

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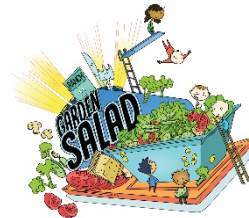


National School Lunch Week

Fall Break

Monday, October 9, 2017 – Wednesday, October 11, 2017

Schools will be closed



October 12, 2017 – Thursday

Sweet & Spicy Chicken Tenders, Potato Wedges, Pineapple Slaw, Mixed Fruit Cup, Breadsticks,
Assorted Milk



October 13, 2017 – Friday

Honey Barbeque Sandwich, Southwest Beans, Corn-on-the-Cob, Diced Pears, Assorted Milk

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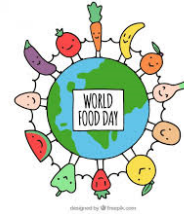


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Lunch



October 16, 2017 – Monday – **World Food Day** –

Italian Meatball Sub, Italian Diced Potatoes, Arugula Salad w/Balsamic Vinaigrette,
Fresh Fruit, Assorted Milk



October 17, 2017 – Tuesday

Beef Stroganoff, Steamed Broccoli, Carrots, Pineapple Chunks, Wheat Roll, Assorted Milk



October 18, 2017 – Wednesday – **Global Dignity Day**

Cheese Quesadilla, Mexican Rice, Black Beans, Salsa, Assorted Fruit, Assorted Milk

October 19, 2017 – Thursday 

Baked Chicken, Green Beans, Potatoes Au Gratin, Sliced Peaches, Wheat Roll, Assorted Milk

October 20, 2017 – Friday

Sausage Pizza, Spinach Salad w/ Italian Dressing, Italian Mixed Vegetables, Assorted Fruit,
Assorted Milk

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October 23, 2017 – Monday

Club Sandwich, Lettuce/Tomato Slices, Oven Fries, 3-Bean Salad, Assorted Fruit, Assorted Milk

October 24, 2017 – Tuesday

Sloppy Joe Sandwich, Hashbrown Pattie, Spinach Salad, Fresh Fruit, Assorted Milk

October 25, 2017 – Wednesday – **World Pasta Day** –



Beef-a-Roni, Mediterranean Salad, Mixed Vegetables, Pineapple Chunks, Herb Breadsticks, Assorted Milk

October 26, 2017 – Thursday 

Chicken Nuggets, Mashed Potatoes, English Peas & Carrots, Fruit Cup, Wheat Roll, Assorted Milk

October 27, 2017 – Friday

Chili & Cheese Crispito, Steamed Corn, Fresh Vegetable Medley, Assorted Fruit, Assorted Milk



October 30, 2017 – Monday

Sausage Dog w/ Peppers & Onions, Potato Rounds, Kale Salad, Fresh Apples, Assorted Milk



October 31, 2017 – Tuesday –

Beef & Cheese Soft Taco, Shredded Lettuce/ Tomato, Salsa, Refried Beans, Cauliflower & Celery Sticks w/Lite Ranch Dip, Orange Slices, Assorted Milk

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