

# Troy Independent School District

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Sep 22, 2014

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Mon - 9/29/2014</b>  Oven Fried Chicken Pattie Chicken Fried Steak Green Beans Squash Casserole Banana Chilled Pineapple with topping Chocolate Milk FF White Milk LF	<b>Tue - 9/30/2014</b>  Shepherds Pie Lasagna & Garlic Toast Sweet Potato Souffle Peas & Carrots Whole Red Apple Diced Peaches Chocolate Milk FF White Milk LF	<b>Wed - 10/1/2014</b>  Papa Murphy's Pepperoni Pizza Papa Murphy's Cheese Pizza Chef Salad Northern Beans Carrot Sticks & Ranch Dressing Whole Red Apple Pears Gelatin, Assorted Chocolate Milk FF White Milk LF	<b>Thu - 10/2/2014</b>  Spaghetti & Meatballs Meatball Sub Iron Man Salad Peas Green Banana Pears Blue Raspberry Freez Bar Chocolate Milk FF White Milk LF	<b>Fri - 10/3/2014</b>  Hamburger Cheeseburger Burger Veggies Crispy Oven Fries Pinto Beans Fruit Cup Orange Juice Chocolate Milk FF White Milk LF
<b>Mon - 10/6/2014</b>  Chicken Smackers Chicken Crisпитos & Garlic Toast Crispy Oven Fries Tossed Salad Watermelon Banana Frozen Yogurt Chocolate Milk FF White Milk LF	<b>Tue - 10/7/2014</b>  Burrito & Spanish Rice Chicken Quesadillas Refried Beans Iron Man Salad Banana Pears Gelatin, Assorted Chocolate Milk FF White Milk LF	<b>Wed - 10/8/2014</b>  Papa Murphy's Beef Pizza Papa Murphy's Hawaiian Pizza Turkey & Bacon Club Wrap Tossed Salad Broccoli Salad Broccoli & Cheese Blushing Pears Diced Peaches Chocolate Milk FF White Milk LF	<b>Thu - 10/9/2014</b>  Salisbury Steak Southern Style Meatloaf Carrots-Glazed Green Beans Mashed Potatoes & Gravy Applesauce Chilled Fruit Mix Chocolate Milk FF White Milk LF Monas Ranger Cooki	<b>Fri - 10/10/2014</b>  Oven Fried Drumstick & Roll Grilled Chicken Sandwich Pickles & Onions Potato Salad Baked Beans Whole Red Apple Blue Raspberry Freez Bar Chocolate Pudding Chocolate Milk FF White Milk LF
<b>Mon - 10/13/2014</b>  Chop on a Bun Tortilla Crisp Fish Strips Broccoli & Cheese Squash Casserole Banana Rosy Applesauce Gelatin, Assorted Chocolate Milk FF White Milk LF	<b>Tue - 10/14/2014</b>  General Tso's & Fried Rice Hunan Chicken & Fried Rice Buttered Toast Crispy Oven Fries Carrots-Glazed Banana Diced Peaches Frozen Yogurt Chocolate Milk FF White Milk LF	<b>Wed - 10/15/2014</b>  Papa Murphy's Beef Pizza Papa Murphy's Cheese Pizza Chef Salad Tossed Salad Carrot Sticks & Ranch Dressing Granny Smith Apple Blushing Pears Chocolate Milk FF White Milk LF	<b>Thu - 10/16/2014</b>  French Toast Brunch Burrito Hashbrowns Refried Beans Orange Pears Peach & Berry Crisp Chocolate Milk FF White Milk LF	<b>Fri - 10/17/2014</b>  Hamburger Cheeseburger Burger Veggies Crispy Oven Fries Pinto Beans Banana Fruit Cup Chocolate Milk FF White Milk LF
<b>Mon - 10/20/2014</b>  Corn Dog Crispy Fish Sandwich Yogurt & Cheese Plate Crispy Oven Fries Veggies & Dip Banana Chilled Fruit Mix Frozen Yogurt Chocolate Milk FF White Milk LF	<b>Tue - 10/21/2014</b>  Crunchy Tacos Bowtie Goulash Lettuce & Tomato Refried Beans Hot Cinna Apples JELL-O BANANA Chocolate Milk FF White Milk LF Rockin Chef Salad	<b>Wed - 10/22/2014</b>  Papa Murphy's Pepperoni Pizza Papa Murphy's Cheese Pizza Turkey & Bacon Club Wrap Tossed Salad Carrot Sticks & Ranch Dressing Blushing Pears Diced Peaches Chocolate Milk FF White Milk LF	<b>Thu - 10/23/2014</b>  Steak Fingers Chicken Nuggets Sweet Potato Fries Green Beans Chilled Pineapple with topping Sour Pop Chocolate Milk FF White Milk LF	<b>Fri - 10/24/2014</b>  Sloppy Joe Pork Carnitas Lettuce & Tomato Potato Salad Baked Beans Whole Red Apple Banana Baked BBQ Chips Chocolate Milk FF White Milk LF

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mon - 10/27/2014	Tue - 10/28/2014	Wed - 10/29/2014	Thu - 10/30/2014	Fri - 10/31/2014
Oven Fried Chicken Pattie Chicken Fried Steak Green Beans Harvest Gems Banana Chilled Pineapple with topping Frozen Yogurt Chocolate Milk FF White Milk LF	Rack on a Roll Lasagna & Garlic Toast Crispy Oven Fries Whole Kernel Corn Applesauce Diced Peaches Chocolate Milk FF White Milk LF	Papa Murphy's Pepperoni Pizza Papa Murphy's Cheese Pizza Chef Salad Northern Beans Carrot Sticks & Ranch Dressing Whole Red Apple Pears Gelatin, Assorted Chocolate Milk FF White Milk LF	Spaghetti & Meatballs Meatball Sub Iron Man Salad Peas Green Banana Pears Blue Raspberry Freez Bar Chocolate Milk FF White Milk LF	Hamburger Cheeseburger Burger Veggies Crispy Oven Fries Pinto Beans Fruit Cup Orange Juice Chocolate Milk FF White Milk LF

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