

Troy Independent School District

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Sep 22, 2014

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 9/29/2014 Southern Style Meatloaf Chicken Chunks Mashed Potatoes Carrots-Glazed Banana Chocolate Milk FF White Milk LF	Tue - 9/30/2014 Tangerine Chicken General Tso's & Fried Rice Chinese Style Veggie Iron Man Salad Chilled Fruit Mix Chocolate Milk FF White Milk LF	Wed - 10/1/2014 Papa Murphy's Beef Pizza Chef Salad Green Beans Tossed Salad Granny Smith Apple Chocolate Milk FF White Milk LF	Thu - 10/2/2014 Crisпитos Chicken Quesadillas Refried Beans Chuckwagon Corn Orange Chocolate Ice Cream Chocolate Milk FF White Milk LF	Fri - 10/3/2014 Trojan Burger Yogurt & Cheese Plate Burger Veggies Sweet Thing Fries Navy Beans Chilled Pineapple with topping Gelatin, Assorted Chocolate Milk FF White Milk LF
Mon - 10/6/2014 Steak Sandwich Grilled Chicken Sandwich Burger Veggies Mashed Potatoes Green Beans Applesauce Chocolate Milk FF White Milk LF	Tue - 10/7/2014 Chicken Fajitas Chicken Quesadillas Refried Beans Tossed Salad Orange Sour Pop Chocolate Milk FF White Milk LF	Wed - 10/8/2014 Papa Murphy's Pepperoni Pizza Chicken Smackers Iron Man Salad Peas & Carrots Chilled Fruit Mix Chocolate Milk FF White Milk LF	Thu - 10/9/2014 Creamy Mac & Cornbread Turkey & Bacon Club Wrap Butter Bud Broccoli Carrots-Glazed Banana JELL-O BANANA Chocolate Milk FF White Milk LF	Fri - 10/10/2014 Texas Cheeseburger Yogurt & Cheese Plate Burger Veggies Sweet Potato Fries Seedless Grapes Chocolate Milk FF White Milk LF
Mon - 10/13/2014 Beef & Bean Burrito Crunchy Tacos Lettuce & Tomato Refried Beans Spanish Rice Hot Cinna Apples Chocolate Milk FF White Milk LF	Tue - 10/14/2014 Sloppy Joe Pork Carnitas Lettuce & Tomato Texas Coleslaw Baked Beans Whole Red Apple Strawberry Pineappl Chocolate Milk FF White Milk LF	Wed - 10/15/2014 Papa Murphy's Cheese Pizza Stadium Style Chili Pie Tossed Salad Corn Granny Smith Apple Blushing Pears Chocolate Milk FF White Milk LF	Thu - 10/16/2014 Hot Dog Rack on a Roll Broccoli with Chees Iron Man Salad Banana Sour Pop Chocolate Milk FF White Milk LF	Fri - 10/17/2014 Steak Fingers Chicken Nuggets Sweet Thing Fries Green Beans Pepper Gravy Peaches with toppin Chocolate Milk FF White Milk LF
Mon - 10/20/2014 Mini Corn Dogs Chicken Smackers Crispy Oven Fries Peas & Carrots Orange Chocolate Milk FF White Milk LF	Tue - 10/21/2014 Crunchy Tacos Mexican Goulash Lettuce & Tomato Refried Beans Seedless Grapes Sour Pop Chocolate Milk FF White Milk LF	Wed - 10/22/2014 Papa Murphy's Cheese Pizza Lasagna & Garlic Toast Iron Man Salad Green Beans Banana Chocolate Milk FF White Milk LF	Thu - 10/23/2014 Oven Fried Drumstick & Roll Chef Salad California Vegetable Mashed Potatoes & Gravy Orange Chocolate Milk FF White Milk LF	Fri - 10/24/2014 Sloppy Joe Yogurt & Cheese Plate Corn Pinto Beans Whole Red Apple Gelatin, Assorted Chocolate Milk FF White Milk LF

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Southern Style Meatloaf Chicken Chunks Mashed Potatoes Carrots-Glazed Banana Frozen Yogurt Chocolate Milk FF White Milk LF	Tangerine Chicken General Tso's & Fried Rice Chinese Style Veggie Iron Man Salad Chilled Fruit Mix Chocolate Milk FF White Milk LF	Papa Murphy's Beef Pizza Chef Salad Green Beans Tossed Salad Granny Smith Apple Chocolate Milk FF White Milk LF	Crisпитos Chicken Quesadillas Refried Beans Chuckwagon Corn Orange Chocolate Ice Cream Chocolate Milk FF White Milk LF	Trojan Burger Yogurt & Cheese Plate Burger Veggies Sweet Thing Fries Navy Beans Chilled Pineapple with topping Gelatin, Assorted Chocolate Milk FF White Milk LF

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