



TRUSSVILLE CITY SCHOOLS
ELEMENTARY GRAB & GO MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PBJ (Uncrustable) Cheese Stick OR Yogurt Sunchips OR RF Doritos Fruit (1/2 cup) Carrots (1/2 cup) OR other veggie Ranch Dressing pack	PBJ (Uncrustable) Cheese Stick OR Yogurt Sunchips OR RF Doritos Fruit (1/2 cup) Carrots (1/2 cup) OR other veggie Ranch Dressing pack	PBJ (Uncrustable) Cheese Stick OR Yogurt Sunchips OR RF Doritos Fruit (1/2 cup) Carrots (1/2 cup) OR other veggie Ranch Dressing pack	PBJ (Uncrustable) Cheese Stick OR Yogurt Sunchips OR RF Doritos Fruit (1/2 cup) Carrots (1/2 cup) OR other veggie Ranch Dressing pack	PBJ (Uncrustable) Cheese Stick OR Yogurt Sunchips OR RF Doritos Fruit (1/2 cup) Carrots (1/2 cup) OR other veggie Ranch Dressing pack
Garden Salad w/ meat (2 oz meat) Flatbread (1 each) Fruit (1/2 cup)	Ham Sub (2 oz meat) Side Salad (1 cup) Fruit (1/2 cup)	Garden Salad w/ meat (2 oz meat) Flatbread (1 each) Fruit (1/2 cup)	Turkey Sub (2 oz meat) Side Salad (1 cup) Fruit (1/2 cup)	Garden Salad w/ meat (2 oz meat) Flatbread (1 each) Fruit (1/2 cup)