

Deshler High School

May Lunch 2019

"Goooo....Deshler Tigers"

Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Fajita or Taco Salad Lettuce & Tomato Cheese Dip, Salsa, & Chips Seasoned Beans Fruit 1	Spicy Chicken Sandwich or Chicken Wrap Lettuce & Tomato Baked Beans Baby Carrots Fruit Jell-O 2	Pizza or Deli Sandwich Corn Romaine Salad Fruit Frozen Fruit Treat 3
Chicken Nuggets or Deli Sandwich Glazed Carrots Green Peas Romaine Salad Toast Fruit 6	Hotdog or Hamburger Slaw or Lettuce & Tomato Baked Beans Baby Carrots Fruit Pudding 7	Chicken Spaghetti or Deli Sandwich Green Beans Romaine Salad Breadstick Fruit 8	Turkey Roast w/ Gravy or Grilled Chicken Creamed Potatoes Steamed Cabbage Romaine Salad Biscuit Fruit & Mini Rice Krispy Treat 9	Cheese Sticks or Deli Sandwich Marinara Sauce Broccoli Romaine Salad Fruit Frozen Fruit Treat 10
Chicken Bites or Deli Sandwich Creamed Potatoes Black Eyed Peas Romaine Salad Toast Fruit 13	Chili Crispito or Chicken Taco Lettuce & Tomato Salsa Cheese Sauce Fruit Peach Surprise 14	Breakfast Bar Pancakes Eggs Sausage Hash Browns Sliced Tomato Fruit & Fruit Juice 15	BBQ Sandwich or Hamburger Green Beans Slaw or Lettuce & Tomato Fruit Cookie 16	Cafeteria's Choice 17
Cafeteria's Choice 20	Sack Lunch EXAMS 21	Sack Lunch EXAMS 22	Sack Lunch EXAMS 23	
		Salad Bar Offered Mon-Thus ONLY		Offer Vs. Serve <i>A full meal for a student includes 3 of 5 items and must include a fruit or a vegetable.</i>
		Grab & Go PBJ Sandwich Meal Offered Mon & Fri Only		Milk Offered Daily 