

Deshler Middle School

May Lunch 2019

"One of the Best Little Middle Schools in America"

Monday	Tuesday	Wednesday	Thursday	Friday
		Taco Salad or Deli Wrap Lettuce & Tomato Cheese Dip, Salsa, & Chips Seasoned Beans Fruit 1	Spicy or Breaded Chicken Sandwich Lettuce & Tomato Baked Beans Baby Carrots Fruit Jell-O 2	Pizza or Deli Wrap Corn Romaine Salad Fruit 3
Chicken Nuggets or Deli Wrap Rice Green Peas Romaine Salad Fruit 6	Hotdog or Corndog Baked Beans Slaw Baby Carrots Fruit Pudding 7	Chicken Spaghetti or Deli Wrap Green Beans Romaine Salad Breadstick Fruit 8	Chicken Wings & Breadstick or Pizza Creamed Potatoes Baby Carrots Romaine Salad Fruit Brownie 9	Cheese Sticks or Deli Wrap Marinara Sauce Broccoli Romaine Salad Fruit 10
Chicken Tenders or Deli Wrap Creamed Potatoes Black Eyed Peas Romaine Salad Fruit 13	Chili Crispito or Chicken Fajita Wrap Lettuce & Tomato Salsa & Cheese Sauce Seasoned Beans Fruit Frozen Fruit Treat 14	Chicken Alfredo or Deli Wrap Broccoli Romaine Salad Roll Fruit 15	BBQ Sandwich or Fish Sandwich Green Beans Slaw Fruit Cookie 16	Hot Pocket or Deli Wrap Marinara Sauce Corn Baby Carrots Romaine Salad Fruit 17
Cafeteria's Choice or Deli Wrap 20	Sack Lunch EXAMS 21	Sack Lunch EXAMS 22	Sack Lunch EXAMS 23	
		Boxed Salads Offered Mon, Wed, & Fri		Offer Vs. Serve <i>A full meal for a student includes 3 of 5 items and must include a fruit or a vegetable.</i>
		Grab & Go PBJ Sandwich Meal Offered Tues & Thurs Only		Milk Offered Daily 