

Deshler Middle School

January Lunch 2019

"One of the Best Little Middle Schools in America"

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets or Pizza Creamed Potatoes Green Peas Romaine Salad Fruit 7	Hamburger or Cheeseburger Lettuce & Tomato French Fries Baked Beans Fruit Cookie 8	Taco Salad or Chicken Fajita Wrap Lettuce & Tomato Cheese Dip, Salsa, & Chips Seasoned Beans Fruit 9	Chicken Alfredo Green Beans Romaine Salad Breadstick Fruit Jell-O 10	Pizza Corn Carrot Sticks Romaine Salad Fruit 11
Chicken Tenders or Pizza Creamed Potatoes Black Eyed Peas Romaine Salad Fruit 14	Hotdog or Corndog Baked Beans Carrot Sticks Slaw Fruit Vanilla Pudding 15	Chicken Spaghetti Green Beans Romaine Salad Breadstick Fruit 16	Hot Ham & Cheese Sandwich or Ham Deli Wrap Lettuce, Tomato, & Carrots Baked Chips Corn on Cob Fruit Frozen Fruit Bar 17	Cheese Sticks or Pizza Marinara Sauce Broccoli Romaine Salad Fruit 18
 No School 21	Chili Crispito Lettuce & Tomato Salsa Cheese Sauce Seasoned Beans Fruit Mini Rice Krispy Treat 22	Chili Crackers Grilled Cheese or PBJ Broccoli Romaine Salad Fruit 23	BBQ Sandwich or Fish Sandwich Green Beans Slaw Fruit Cookie 24	Hot Pocket or Pizza Marinara Sauce Corn Carrot Sticks Romaine Salad Fruit 25
Chicken Bites or Pizza Creamed Potatoes Black Eyed Peas Romaine Salad Fruit 28	Hamburger or Cheeseburger Lettuce & Tomato French Fries Green Beans Fruit Brownie 29	Chicken Fajita Wrap or Taco Salad Lettuce & Tomato Cheese Dip, Salsa, & Chips Seasoned Beans Fruit 30	Spicy or Breaded Chicken Sandwich Lettuce & Tomato Baked Beans Carrot Sticks Fruit Jell-O 31	
Boxed Salads Offered Mon, Wed, & Fri		 www.myschoolbucks.com		Offer Vs. Serve <i>A full meal for a student includes 3 of 5 items and must include a fruit or a vegetable.</i>
Grab & Go PBJ Sandwich Meal Offered Tues & Thurs Only				Milk Offered Daily 