

G.W. Trenholm Primary School

January Lunch 2019

"Teachers, Family, Community...Together We Make the Difference"

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets or Deli Snack Creamed Potatoes Green Peas Romaine Salad Fruit 7	Hamburger or Cheeseburger Lettuce & Tomato French Fries Green Beans Fruit Cookie 8	Taco Salad or Deli Roll Lettuce & Tomato Cheese Dip, Salsa, & Chips Seasoned Beans Fruit 9	Breaded or Grilled Chicken Sandwich Lettuce & Tomato Baked Beans Carrot Sticks Fruit Jell-O 10	Pizza or Turkey Sandwich Corn Romaine Salad Fruit 11
Chicken Tenders or Deli Snack Creamed Potatoes Black Eyed Peas Romaine Salad Fruit 14	Hotdog or Corndog Baked Beans Slaw Carrot Sticks Fruit Vanilla Pudding 15	Chicken Spaghetti or Deli Roll Green Beans Breadstick Romaine Salad Fruit 16	Breakfast Bar Biscuit & Gravy Sausage Links Egg Patty Hash Browns Sliced Tomato Fruit & Fruit Juice 17	Cheese Sticks or Turkey Sandwich Marinara Sauce Broccoli Romaine Salad Fruit 18
 MARTIN LUTHER KING JR. <i>Day</i> No School 21	Chili Crispito or Fajita Wrap Lettuce & Tomato Salsa Seasoned Beans Fruit Mini Rice Krispy Treat 22	Chili or Deli Roll Broccoli Grilled Cheese Sandwich Crackers Romaine Salad Fruit 23	BBQ Sandwich or Grilled Chicken Sandwich Green Beans Slaw Fruit Cookie 24	Hot Pocket or Turkey Sandwich Marinara Sauce Corn Carrot Sticks Romaine Salad Fruit 25
Hotdog or Deli Snack Baked Beans Slaw Carrot Sticks Fruit 28	Chicken Bites or Corndog Creamed Potatoes Green Peas Romaine Salad Fruit Chocolate Pudding 29	Spaghetti or Deli Roll Romaine Salad Green Beans Roll Fruit 30	Salisbury Steak w/ Gravy or Breaded Beef Patty Sweet Potatoes Romaine Salad Biscuit & Gravy Fruit Jell-O 31	
<u>Deli Snack</u> .5oz Cheese 1.5oz Deli Meat Crackers				Offer Vs. Serve <i>A full meal for a student includes 3 of 5 items and must include a fruit or a vegetable.</i>
<u>Ham Deli Roll</u> .5oz Cheese 1.5oz Deli Ham 1 Tortilla Shell		 www.myschoolbucks.com		Milk Offered Daily 