

# R.E. Thompson Intermediate School

January Lunch 2019

"Where Learning Is An Adventure"

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chicken Nuggets or Turkey Deli Snack</b> Creamed Potatoes Green Peas Romaine Salad Toast Fruit 7	<b>Hamburger or Cheeseburger</b> Lettuce, Tomato, & Onion French Fries Green Beans Fruit Cookie 8	<b>Taco Salad or Ham Deli Roll</b> Lettuce & Tomato Cheese Dip, Salsa, & Chips Fruit 9	<b>Breaded or Spicy Chicken Sandwich</b> Lettuce & Tomato Baked Beans Carrot Sticks Fruit Jell-O 10	<b>Pizza or Turkey Sandwich</b> Corn Romaine Salad Fruit 11
<b>Chicken Tenders or Turkey Deli Snack</b> Creamed Potatoes Black Eyed Peas Romaine Salad Toast Fruit 14	<b>Hotdog or Corndog</b> Slaw Baked Beans Carrot Sticks Fruit Vanilla Pudding 15	<b>Chicken Stew or Ham Deli Roll</b> Grilled Cheese Sandwich Crackers Broccoli Romaine Salad Fruit 16	<b>Breakfast Bar</b> Biscuit & Gravy Sausage Links Egg Patty Hash Browns Sliced Tomato Fruit & Fruit Juice 17	<b>Cheese Sticks or Turkey Sandwich</b> Marinara Sauce Green Beans Romaine Salad Fruit 18
 <p>MARTIN LUTHER KING JR. Day</p> <p>No School 21</p>	<b>Chili Crispito</b> Lettuce & Tomato Salsa Cheese Sauce Seasoned Beans Fruit Cookie 22	<b>Chili or Ham Deli Roll</b> Grilled Cheese Sandwich Crackers Broccoli Romaine Salad Fruit 23	<b>BBQ or Roasted Chicken</b> Green Beans Romaine Salad Roll Fruit Brownie 24	<b>Hot Pocket or Turkey Sandwich</b> Marinara Sauce Corn Carrot Sticks Romaine Salad Fruit 25
<b>Chicken Bites or Turkey Deli Snack</b> Creamed Potatoes Black Eyed Peas Romaine Salad Toast Fruit 28	<b>Hamburger or Cheeseburger</b> Lettuce, Tomato, & Onion French Fries Green Beans Fruit Chocolate Pudding 29	<b>Chicken Fajita with Shell or Ham Deli Roll</b> Lettuce & Tomato Cheese Dip, Salsa, & Chips Seasoned Beans Fruit 30	<b>Grilled or Spicy Chicken Sandwich</b> Lettuce & Tomato Baked Beans Carrot Sticks Fruit Jell-O 31	
<b><u>Deli Snack</u></b> .5oz Cheese 1.5oz Deli Meat Crackers		 <p><a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a></p>		<b>Offer Vs. Serve</b> A full meal for a student includes 3 of 5 items and must include a fruit or a vegetable.
<b><u>Ham Deli Roll</u></b> .5oz Cheese 1.5oz Deli Ham 1 Tortilla Shell				<b>Milk Offered Daily</b> 