



Menu is subject to change due to market conditions, availability of food, and special school activities.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10</p> <p><b>TEACHERS RETURN</b></p>	<p>11</p> <p>Pay lunch bills online @ <a href="http://www.parentonline.net">www.parentonline.net</a></p>	<p>Students Return Tomorrow</p>	<p>13</p> <p>Pancake Bites</p> <p>Crispy Chicken Nuggets Macaroni &amp; Cheese Veggie Sticks Apple Milk - Variety</p> <p><i>Students Grades 1-6 and 9</i></p>	<p>14</p> <p>Cereal Bar/Banana</p> <p>Pepperoni Roll Cheese Stick Baked Beans Corn Fruit Smoothie Milk - Variety</p> <p><i>All Students Grades 1-12</i></p>
<p>17</p> <p>Waffles</p> <p>Spaghetti w/ Meat Sauce Garden Salad Bread Stick Mixed Fruit Milk – Variety</p> <p><i>Kindergarten Group A</i></p>	<p>18</p> <p>Breakfast Pizza</p> <p>Ham &amp; Cheese Sandwich French Fries Carrot Sticks Watermelon Milk - Variety</p> <p><i>Kindergarten Group B</i></p>	<p>19</p> <p>Sausage Gravy &amp; Biscuits</p> <p>Salisbury Steak &amp; Gravy Mashed Potatoes Wheat Roll Green Beans Pineapple Milk - Variety</p>	<p>20</p> <p>Blueberry Muffin</p> <p>Bean, Beef &amp; Cheese Burrito Rice Corn Fresh Fruit Milk – Variety</p> <p><i>Preschool Group A</i></p>	<p>21</p> <p>Frudel</p> <p>Homemade Pizza Baked Beans Broccoli &amp; Dip Orange Milk - Variety Preschool Group B</p>
<p>24</p> <p>Pancakes</p> <p>Hamburger/Wheat Bun Lettuce/Tomato Baked Lays Veggie Dippers Peaches Milk - Variety</p>	<p>25</p> <p>French Toast Sticks</p> <p>Hot Dog/ Wheat Bun Tator Tots Carrot Sticks Strawberries Milk - Variety</p>	<p>26</p> <p>Banana Bread</p> <p>Baked Chicken Sweet Potatoes Corn Biscuit Applesauce Milk - Variety</p>	<p>27</p> <p>Breakfast Bun</p> <p>Taco Salad Refried Beans Chips / Salsa Fruit Smoothie Milk - Variety</p>	<p>28</p> <p>Cereal Bar/Yogurt</p> <p>Pepperoni Roll Yogurt Broccoli/Cheese Mandarin Oranges Milk - Variety</p>
<p>31</p> <p>Cinnamon Roll</p> <p>Chicken Patty/Wheat Bun Lettuce, Tomato French Fries Carrot Sticks Pears Milk - Variety</p>	<p><b>TCHS/MS:</b> <b>Online Meal Applications</b> For Free/Reduced Meals go to <a href="http://www.wvschoolmeals.net">www.wvschoolmeals.net</a></p>	<p>What's New With Breakfast? <b>At a minimum each student must select:</b> <b>½ Cup of Fruit or Fruit Juice and</b> <b>Two Other Items</b> As a maximum the most a student may select is one of each item in group of items.</p>		<p><b>Grab-N-Go Breakfast</b> Available at all school sites!</p>

**Breakfasts are served daily with assorted cereal, juice, fresh fruit & milk!**