










Menu is subject to change due to market conditions, availability of food, and special school activities.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Flapstick</p> <p>-----</p> <p>Meatball Sub Baked Lays Carrot Sticks Pineapple Milk - Variety</p>	<p>4 Waffles</p> <p>-----</p> <p>Creamed Turkey Mashed Potatoes Mixed Vegetables Biscuit Grapes Milk - Variety</p>	<p>5 Sausage/Biscuit</p> <p>-----</p> <p>Chili Peanut Butter Sandwich Celery Sticks Mixed Fruit Milk - Variety</p>	<p>6 Banana Bread</p> <p>-----</p> <p>Calzone Baked Beans Tossed Salad Fruit Smoothie Milk - Variety</p>	<p>7 Frudel</p> <p>-----</p> <p>Corn Dog Tator Tots Peas Peaches Milk - Variety</p> <p><b>HARVEST FESTIVAL</b> <b>Early Release Day</b></p> 
<p>10 Oatmeal/Cinnamon Toast Bites</p> <p>-----</p> <p><b>Chantburger</b> "Mega" Fries Carrot Sticks Apple Milk - Variety</p>  	<p>11 Waffle Bites</p> <p>-----</p> <p><b>Cheery Chicken Strips</b> Macaroni and Cheese Fresh Lima Beans Fruit Salad Milk - Variety</p> 	<p>12 Breakfast Wrap</p> <p>-----</p> <p><b>Spirited Spaghetti</b> Tossed Salad Green Beans Roll Peaches Milk - Variety</p> 	<p>13 Sausage Gravy/Biscuit</p> <p>-----</p> <p><b>Taco "Rally" Salad</b> Meat, Cheese, Lettuce, Tomato Tortilla Chips/Corn Fresh Fruit Milk - Variety</p>	<p>14 Cinnamon Roll</p> <p>-----</p> <p><b>Prideful Pizza</b> Tossed Salad Baked Beans Fruit Smoothie Milk - Variety</p> 
<p>17 Cereal Bar</p> <p>-----</p> <p>Hot Dog/Sauce Tator Tots Broccoli Orange Milk - Variety</p>	<p>18 Churro</p> <p>-----</p> <p>Chicken Fajita Strips Tortilla Lettuce/Tomato Corn Fresh Fruit Milk - Variety</p>	<p>19 Pancakes</p> <p>-----</p> <p>Meatloaf Mashed Potatoes Green Beans Bread Stick Pineapple Chunks Milk - Variety</p>	<p>20 Breakfast Squares</p> <p>-----</p> <p>Potato Soup Peanut Butter Sandwich Celery Sticks Peaches Milk - Variety</p>	<p>21 Muffin</p> <p>-----</p> <p>Pepperoni Roll Baked Beans Yogurt Carrot Sticks/Dip Fresh Fruit Milk - Variety</p>
<p>24 Cereal Bar/String Cheese</p> <p>-----</p> <p>Hamburger/Wheat Bun Lettuce, Tomato French Fries Carrot Sticks Pears Milk - Variety</p>	<p>25 Waffle Bites</p> <p>-----</p> <p>Baked Chicken Sweet Potatoes Biscuit Veggie Dippers Apple Milk - Variety</p> 	<p>26 Zucchini Bread</p> <p>-----</p> <p>Lasagna Bread Stick Green Beans Banana Milk - Variety</p>	<p>27 French Toast</p> <p>-----</p> <p>Taco Salad/Tortilla Chips Meat, Cheese, Lettuce, Tomato Beans Fresh Fruit Milk - Variety</p>	<p>28 Eggs/Sausage/Biscuit</p> <p>-----</p> <p>Fish Nuggets Baked Lays Rice Broccoli Bites Apple Crisp Milk - Variety</p>
<p>31 Cereal Bar/String Cheese</p> <p>-----</p> <p>Chicken Patty/Wheat Bun French Fries Carrot Sticks Pears Milk - Variety</p>	<p><b>NATIONAL SCHOOL LUNCH WEEK</b></p>  <p><b>OCTOBER 10 - 14</b></p>		<p><b>Breakfasts are served daily with assorted cereal, juice, fresh fruit &amp; milk!</b></p> 	<p>Smart foods = Smarter kids! <a href="http://www.wvsmartfoods.com">www.wvsmartfoods.com</a></p> <p>This institution is an equal opportunity provider.</p>