



Menu is subject to change due to market conditions, availability of food, and special school activities.

Monday		Tuesday		Wednesday		Thursday		Friday	
31	Cinnamon Roll ----- Chicken Patty/Wheat Bun Lettuce, Tomato French Fries Peas Pears Milk - Variety	1	Super Donut ----- Fish Nuggets Baked Beans Carrots Fruit Smoothie Cookie Milk - Variety	2	Pancakes/Syrup ----- Baked Chicken Sweet Potatoes Broccoli Wheat Roll Fresh Fruit Milk - Variety	3	Sausage Biscuit ----- Sloppy Joe/Bun Cheez It Crackers Veggie Sticks/Dip Grapes Milk - Variety	4	Breakfast Bar ----- Homemade Pizza Tossed Salad Corn Peaches Milk - Variety
7	 Labor Day No School	8	Breakfast Pizza ----- Chicken Nuggets Macaroni & Cheese Salad Fresh Fruit Milk - Variety	9	French Toast ----- Salisbury Steak Mashed Potatoes Green Beans Wheat Roll Applesauce Milk - Variety	10	Whole Grain Cereal Bar ----- Taco Salad Meat, Cheese Lettuce, Tomato, Chips Refried Beans Fruit Cocktail Milk - Variety	11	Sausage Flap Stick ----- BBQ Pork Sandwich Sweet Potato Bites Fresh Vegetable Sticks with Dip Apple Milk - Variety
14	Waffle/Syrup ----- Pepperoni Roll Tossed Salad Lima Beans Peaches Yogurt Milk - Variety	15	Danish ----- Creamed Turkey Mashed Potatoes Mixed Vegetables Biscuit Applesauce Milk - Variety	16	Breakfast Sausage Bagel ----- Spaghetti/Meatballs Bread Stick Garden Salad Pineapple Milk - Variety	17	Churro ----- Corn Dog Tator Tots Peas Orange Milk - Variety	18	Banana Bread ----- Chicken Patty/Wheat Bun Au Gratin Potatoes Carrot Sticks Pear Milk - Variety
21	Sausage Gravy, Biscuit ----- Chicken Fajita Strips Tortilla Lettuce/Tomato Corn Fruit Cocktail Milk - Variety	22	Bagel/Cream Cheese ----- Hamburger on a Bun w/ Cheese Crinkle Cut French Fries Baked Beans Apple Milk - Variety	23	Oatmeal, Fresh Fruit ----- Meatloaf Roll Mashed Potatoes Mandarin Oranges Milk - Variety	24	Pancakes ----- Turkey and Cheese Sub Baked Lays Carrot Sticks Grapes Oatmeal Raisin Cookie Milk - Variety	25	Muffin ----- Homemade Pizza Tossed Salad Fresh Fruit Frozen Fruit Smoothie Milk - Variety
28	Cherry Frudel ----- Hot Dog/Bun Tator Tots Cheez It Crackers Peas Apple Milk - Variety	29	French Toast ----- Taco Salad/Tortilla Chips Meat, Cheese, Lettuce, Tomato Refried Beans Fresh Fruit Milk - Variety	30	Cinni Minis ----- Rotini Green Beans Pineapple Chunks Roll Milk - Variety	 Breakfasts are served daily with assorted cereal, juice, fresh fruit & milk!		TCHS/MS: Online Meal Applications For Free/Reduced Meals go to www.wvschoolmeals.net	