




Menu is subject to change due to market conditions, availability of food, and special school activities.

Monday		Tuesday		Wednesday		Thursday		Friday	
29	Cinnamon Roll ----- Chicken Patty/Wheat Bun Lettuce, Tomato French Fries Peas Pears Milk - Variety	30	Super Donut ----- Fish Nuggets Baked Beans Carrots Fruit Smoothie Cookie Milk - Variety	31	Pancakes/Syrup ----- Baked Chicken Sweet Potatoes Broccoli Wheat Roll Fresh Fruit Milk - Variety	1	Sausage Biscuit ----- Sloppy Joe/Bun Cheez It Crackers Veggie Sticks/Dip Grapes Milk - Variety	2	Breakfast Bar ----- Calzone Tossed Salad Corn Peaches Milk - Variety
5	 <b>Labor Day No School</b>	6	Breakfast Pizza ----- Chicken Nuggets Macaroni & Cheese Salad Fresh Fruit Milk - Variety	7	Cereal Bar ----- Salisbury Steak Mashed Potatoes Green Beans Wheat Roll Applesauce Milk - Variety	8	French Toast ----- Taco Salad Meat, Cheese Lettuce, Tomato, Chips Beans Fruit Cocktail Milk - Variety	9	Sausage Flap Stick ----- BBQ Pork Sandwich Sweet Potato Bites Fresh Vegetable Sticks with Dip Apple Milk - Variety
12	Waffle/Syrup ----- Pepperoni Roll Tossed Salad Lima Beans Peaches Yogurt Milk - Variety	13	Apple or Cherry Frudel ----- Creamed Turkey Mashed Potatoes Mixed Vegetables Biscuit Applesauce Milk - Variety	14	Sausage, Egg, Croissant ----- Chicken Patty/Wheat Bun Au Gratin Potatoes Carrot Sticks Pear Milk - Variety	15	Churro ----- Spaghetti Bread Stick Garden Salad Pineapple Milk - Variety	16	Banana Bread ----- Corn Dog Tator Tots Peas Orange Milk - Variety <b>EARLY DISMISSAL</b>
19	Sausage Gravy, Biscuit ----- Chicken Fajita Strips Tortilla Lettuce/Tomato Corn Fruit Cocktail Milk - Variety	20	Bagel/Cream Cheese ----- Hamburger on a Bun w/ Cheese Crinkle Cut French Fries Baked Beans Apple Milk - Variety	21	Oatmeal, Fresh Fruit ----- Rotini Green Beans Pineapple Chunks Roll Milk - Variety	22	Pancakes ----- Turkey and Cheese Sub Baked Lays Carrot Sticks Grapes Milk - Variety	23	Muffin ----- Pizza Tossed Salad Fresh Fruit Frozen Fruit Smoothie Milk - Variety
26	Eggs and Toast ----- Hot Dog/Bun Tator Tots Peas Apple Milk - Variety	27	French Toast ----- Taco Salad/Tortilla Chips Meat, Cheese, Lettuce, Tomato Beans Fresh Fruit Milk - Variety	28	Cinni Minis ----- Meatloaf/ Roll Mashed Potatoes Greenbeans Mandarin Oranges Milk - Variety	29	Breakfast Pizza ----- Chicken Sandwich Au Gratin Potatoes Peas Plum Milk - Variety	30	Muffin ----- Peperoni Roll Cheese Stick Tossed Salad Carrot Sticks Pear Milk - Variety

This institution is an equal opportunity provider. Breakfasts are served daily with assorted cereal, juice, fresh fruit & milk!

TCHS: Online Meal Applications For Free/Reduced Meals go to [www.wvschoolmeals.net](http://www.wvschoolmeals.net)