



Monday	Tuesday	Wednesday	Thursday	Friday
<b>On the Menu for Breakfast:</b>				
WG Multigrain Cheerios Fresh Apple 1% Milk	WG Apple Cinnamon Muffin 100% Apple Juice 1% Milk	Yogurt / Graham 1/2 Banana 1% Milk	WG Bagel w/ Cream Cheese Fresh Orange Slices 1% Milk	Reduced Sugar Cocoa Puffs 100% Apple Juice 1% Milk
<b>On the Menu for Lunch:</b> <i>VEGETARIAN .. Available Daily: Grilled Cheese, Yogurt w/1/2 Cheese Sandwich, WOW Butter &amp; Jelly Sandwich</i>				
Fluid Milk .. 3/4 cup  Vegetables / Fruits .. 1/2 cup Grains / Breads .. 1/2 serving Lean Meat, Poultry, Fish .. 1-1/2 oz Menu subject to change.	<p><b>Happy Valentine's Day</b> </p>			
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Cheese Pizza 1/2 oz. Cheese Garden Salad Chilled Pears 1% Milk	Chicken Fries WG Dinner Roll Baked Fries Sweet Peas 1% Milk	Egg Salad on WG Hot Dog Roll Hash Brown Chilled Blueberry Cup 1% Milk	Spaghetti w/ Meatballs WG Breadstick Green Beans Chilled Fruit Mix 1% Milk	Cheeseburger on WG Hamburger Roll Sweet Potato Tots Apple Slices 1% Milk
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Cheese Pizza 1/2 oz Cheese Fresh Broccoli Chilled Peaches 1% Milk	Beef Meatloaf Patty WG Biscuit Carrots & Peas Chilled Applesauce 1% Milk	Chicken Tenders & WG Dinner Roll Mashed Sweet Potatoes Chilled Pears 1% Milk	Turkey Taco Boat w/ L&T, Cheese & Salsa Veggie Rice Chilled Pineapple 1% Milk	<p><b>NO SCHOOL</b>   <i>Presidents Weekend</i></p>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<p><b>NO SCHOOL</b>  <i>Presidents Weekend</i></p>	Beefy Macaroni & Cheese WG Breadstick Green Beans Chilled Fruit Mix 1% Milk	Chicken Patty WG Hamburger Roll Sweet Potato Fries Chilled Mandarin Oranges 1% Milk	Tuna Salad on WG Hot Dog Roll Tater Tots Chilled Peaches 1% Milk	Popcorn Chicken WG Dinner Roll Emoji Fries Apple Slices 1% Milk
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Cheese Pizza 1/2 oz Cheese Broccoli Slaw w/ Ranch Dressing Chilled Pears 1% Milk	Turkey & Cheese on WG Hot Dog Roll Tater Tots Chilled Pineapple 1% Milk	French Toast Sticks WG Dinner Roll Hash Brown Chilled Strawberry Cup 1% Milk	Chicken Nuggets WG Dinner Roll Cooked Carrots Chilled Applesauce 1% Milk	Lasagna Roll w/ Meat Sauce WG Bread Stick Garden Salad Chilled Mandarin Oranges 1% Milk
<i>This Institution is an equal opportunity provider and employer</i>				
				Any Cafeteria questions or concerns, please call Patricia at 609-487-7900 x 5070.