



Monday	Tuesday	Wednesday	Thursday	Friday
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On the Menu for Breakfast:

WG Bagel w/ Cream Cheese Fresh Apple 1% Milk	WG Apple Cinnamon Muffin 100% Apple Juice 1% Milk	WG Kix 1/2 Banana 1% Milk	WG Corn Muffin Fresh Orange Slices 1% Milk	Reduced Sugar Cocoa Puffs 100% Apple Juice 1% Milk
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On the Menu for Lunch:

VEGETARIAN .. Available Daily: Grilled Cheese, Yogurt w/1/2 Cheese Sandwich, WOW Butter & Jelly Sandwich

2	3	4	5	6
Cheese Pizza 1/2 oz. Cheese Fresh Broccoli Chilled Pears 1% Milk	Chicken Fries WG Macaroni & Cheese Sweet Peas Chilled Mixed Fruit 1% Milk	Hamburger WG Hamburger Roll Tater Tots Chilled Peaches 1% Milk	Chicken Tenders WG Dinner Roll Cooked Carrots Chilled Applesauce 1% Milk	Mozzarella Sticks w Marinara Dip Green Beans Apple Slices 1% Milk
9	10	11	12	13
Cheese Pizza 1/2 oz. Cheese Garden Salad Chilled Pears 1% Milk	Popcorn Chicken WG Dinner Roll Mashed Potatoes Chilled Applesauce 1% Milk	Cheese Steak on WG Hot Dog Roll Baked Fries Chilled Pears 1% Milk	NO SCHOOL Teacher In-Service	Fish Sticks WG Dinner Roll Veggie Rice Chilled Strawberries 1% Milk
16	17	18	19	20
Chicken Nuggets WG Dinner Roll Fresh Broccoli Chilled Applesauce 1% Milk	Beef Chili & WG Biscuit Tater Tots  Chilled Fruit Mix 1% Milk	Turkey & Cheese on WG Hot Dog Roll Cucumber/Tomato Salad Chilled Pineapple 1% Milk	Chicken Patty Parm. WG Dinner Roll Buttered Noodles & Green Beans Chilled Mandarin Oranges 1% Milk	French Toast Sticks Turkey Sausage Patty Hash Brown Chilled Blueberries 1% Milk
23	24	25	26	27
Cheese Pizza 1/2 oz Cheese Broccoli Slaw w/ Ranch Dressing Chilled Peaches 1% Milk	Baked Chicken WG Dinner Roll Sweet Potato w/ Apples Chilled Pineapple 1% Milk	Penne Pasta w/Meat Sauce WG Bread Stick Garden Salad Chilled Mandarin Oranges 1% Milk	Egg & Cheese WG Bagel Hash Brown Chilled Peaches 1% Milk	Grilled Cheese Tomato Soup Tater Tots Apple Slices 1% Milk
30	31			
Cheese Pizza 1/2 oz Cheese Garden Salad Chilled Pears 1% Milk	Cheeseburger WG Hamburger Roll Baked Fries Chilled Mixed Fruit 1% Milk			

Fluid Milk .. 3/4 cup
Vegetables / Fruits .. 1/2 cup
Grains / Breads .. 1/2 serving
Lean Meat, Poultry, Fish .. 1-1/2 oz
Menu subject to change.

This Institution is an equal opportunity provider and employer

Any Cafeteria questions or concerns, please call Patricia at 609-487-7900 x 5070.