




Monday	Tuesday	Wednesday	Thursday	Friday
<b>On the Menu for Breakfast:</b> <i>Cost: \$2.00 Full or \$.30 Reduced (If you get a free lunch, you get a free breakfast.)</i>				
Apple Frudel <b>OR</b> Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit	Mini Cinnamon Cheese Filled Bagels <b>OR</b> Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit	Mini Chocolate Chip French Toast <b>OR</b> Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit	Cinnamon Burst Slice <b>OR</b> Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit	Chocolate Muffin & String Cheese <b>OR</b> Cereal Bowl & Grahams Fruit Juice AND Fresh Fruit
<b>On the Menu for Lunch:</b> <i>Cost: \$3.00 Full or \$.40 Reduced</i>				
<p>This menu meets all Child Nutrition Regulations, but is subject to change due to delivery difficulties.  <b>FRESH FRUIT BASKET AND VEGGIE DIPPERS</b> are available daily.                      Students are required to have a Fruit or Vegetable on their tray.</p> <p>This institution is an equal opportunity provider and employer.</p>		<b>MIDDLE SCHOOL MENU</b>		
<p><b>Happy Birthday Dr. Seuss</b>  <b>2</b> <b>3</b></p>		<p><b>4</b> <b>5</b> <b>6</b></p>		<p><b>ALTERNATES .. Available Daily:</b>  <b>Tuna Fish OR Cheese Sandwich</b>  <b>Yogurt &amp; 1/2 Cheese SW w/grahams</b>  <b>WOW BUTTER &amp; Jelly Sandwich</b>  <b>Salad with Fruit and Roll</b></p>
<p>Turkey Pepperoni French Bread Pizza  <b>OR</b> Chicken Nuggets w/Roll                      Fresh Broccoli <b>AND</b> Veggie Stix w/Dip                      Fresh Fruit <b>AND</b> 100% Fruit Juice Cup  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p>Chicken Fries w/ Roll  <b>OR</b> All-Beef Hot Dog on Roll                      Macaroni &amp; Cheese &amp; Sweet Peas                      Fresh Fruit <b>AND</b> Chilled Applesauce Cup  <b>OR</b> Chicken Caesar Salad, Fruit &amp; Roll</p>	<p>Italian Shorty .. <i>Uses Pork Products</i>  <b>OR</b> Chicken Nuggets w/Roll                      Tater Tots <b>AND</b> Veggie Stix w/ Dip                      Fresh Fruit <b>AND</b> Chilled Peach Cup  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p>Spicy Chicken Tenders-Blue Ch.Dressing&amp; Roll  <b>OR</b>All Beef Hot Dog on Roll w/WG Cheez-It                      Baked Fries <b>AND</b> Veggie Stix w/ Dip                      Fresh Fruit <b>AND</b> Chilled Mixed Fruit  <b>OR</b> Chicken Caesar Salad, Fruit &amp; Roll</p>	<p>Mozzarella Sticks w/ Marinara Dip  <b>OR</b> Chicken Nuggets w/Roll                      Green Beans <b>AND</b> Cooked Carrots                      Fresh Fruit <b>AND</b> 100% Fruit Juice Cup  <b>OR</b> Buffalo Chicken Salad, Fruit &amp; Roll</p>
<p><b>9</b></p> <p>Cheese Pizza  <b>OR</b> Chicken Nuggets w/Roll                      Garden Salad <b>AND</b> Veggie Stix w/ Dip                      Fresh Fruit <b>AND</b> 100% Fruit Juice Cup  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p><b>10</b></p> <p>PopCorn Chicken w/ Roll <b>OR</b>                      All Beef Hot Dog on Roll w/WG Cheez-It                      Mashed Potatoes <b>AND</b> Green Beans                      Fresh Fruit <b>AND</b> Chilled Applesauce Cup  <b>OR</b> Chicken Caesar Salad, Fruit &amp; Roll</p>	<p><b>11</b></p> <p>Cheese Steak Quesadilla  <b>OR</b> Chicken Nuggets w/Roll                      Waffle Fries <b>AND</b> Sweet Corn                      Fresh Fruit <b>AND</b> Chilled Pear Cup  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p><b>12</b></p> <p style="text-align: center;"><b>NO SCHOOL</b>  <i>Teacher In-Service</i></p>	<p><b>13</b></p> <p>Fish Sticks w/ Roll  <b>OR</b> Chicken Nuggets w/Roll                      Veggie Rice <b>AND</b> Sweet Peas                      Fresh Fruit <b>AND</b> 100% Fruit Juice Cup  <b>OR</b> Buffalo Chicken Salad, Fruit &amp; Roll</p>
<p><b>16</b></p> <p>Cheese Calzone  <b>OR</b> Chicken Nuggets w/Roll                      Fresh Broccoli <b>AND</b> Veggie Stix w/Dip                      Fresh Fruit <b>AND</b> 100% Fruit Juice Cup  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p> <b>17</b></p> <p>Beef Chili w/ Corn Muffin <b>OR</b>                      All Beef Hot Dog on Roll w/WG Cheez-It                      Tater Tots <b>AND</b> Sweet Corn                      Fresh Fruit <b>AND</b> Chilled Peach Cup  <b>OR</b> Chicken Caesar Salad, Fruit &amp; Roll</p>	<p><b>18</b></p> <p>Turkey &amp; Cheese Melt on Pretzel Bun  <b>OR</b> Chicken Nuggets w/Roll                      Baked Fries <b>AND</b> Cucumber/Tomato Salad                      Fresh Fruit <b>AND</b> Chilled Applesauce Cup  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p><b>19</b></p> <p>Chicken Patty Parm on Kaiser Roll <b>OR</b>                      All Beef Hot Dog on Roll                      Buttered Noodles <b>AND</b> Green Beans                      Fresh Fruit <b>AND</b> Chilled Mandarin Oranges  <b>OR</b> Chicken Caesar Salad, Fruit &amp; Roll</p>	<p><b>20</b></p> <p>French Toast w/ Turkey Sausage Patty  <b>OR</b> Chicken Nuggets w/Roll                      Hash Brown <b>AND</b> Veggie Stix w/ Dip                      Fresh Fruit <b>AND</b> 100% Fruit Juice Cup  <b>OR</b> Buffalo Chicken Salad, Fruit &amp; Roll</p>
<p><b>23</b></p> <p>Personal Pan Pizza  <b>OR</b> Chicken Nuggets w/Roll                      Broccoli Slaw w/Ranch <b>AND</b> Veggie Stix w/ Dip                      Fresh Fruit <b>AND</b> 100% Fruit Juice Cup  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p><b>24</b></p> <p>Baked Chicken w/ Roll <b>OR</b>                      All Beef Hot Dog on Roll w/WG Cheez-It                      Sweet Potatoes w/Apples <b>AND</b> Sweet Corn                      Fresh Fruit <b>AND</b> Chilled Pineapple Cup  <b>OR</b> Chicken Caesar Salad, Fruit &amp; Roll</p>	<p><b>25</b></p> <p>Penne Pasta w/ Meat Sauce &amp; Garlic Knot  <b>OR</b> Chicken Nuggets w/Roll                      Garden Salad <b>AND</b> Veggie Stix w/ Dip                      Fresh Fruit <b>AND</b> Chilled Mandarin Oranges  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p><b>26</b></p> <p>Turkey Sausage, Egg &amp; Cheese Bagel <b>OR</b>                      All Beef Hot Dog on Roll w/WG Cheez-It                      Hash Brown <b>AND</b> Veggie Stix w/ Dip                      Fresh Fruit <b>AND</b> Chilled Strawberries  <b>OR</b> Chicken Caesar Salad, Fruit &amp; Roll</p>	<p><b>27</b></p> <p>Grilled Cheese  <b>OR</b> Chicken Nuggets w/Roll                      Tater Tots <b>AND</b> Tomato Soup                      Fresh Fruit <b>AND</b> Chilled Pear Cup  <b>OR</b> Buffalo Chicken Salad, Fruit &amp; Roll</p>
<p><b>30</b></p> <p>Cheese Quesadilla w/ Salsa  <b>OR</b> Chicken Nuggets w/Roll                      Refried Beans <b>AND</b> Veggie Stix w/ Dip                      Fresh Fruit <b>AND</b> 100% Fruit Juice Cup  <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll</p>	<p><b>31</b></p> <p>Cheeseburger on Roll <b>OR</b>                      All Beef Hot Dog on Roll w/WG Cheez-It                      Baked Fries <b>AND</b> Veggie Beans                      Fresh Fruit <b>AND</b> Mixed Fruit Cup  <b>OR</b> Chicken Caesar Salad, Fruit &amp; Roll</p>			<p><b>Any Cafeteria questions or concerns, please call Patricia at 609-487-7900 x 5070.</b></p>