


VENTNOR EDUCATIONAL COMMUNITY COMPLEX

September, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
On the Menu for Breakfast:				
Breakfast Kit Fresh Fruit		Donut Balls OR Cereal Bowl N Grahams Fruit Juice AND Fresh Fruit	Fruit Frudel OR Cereal Bowl N Grahams Fruit Juice AND Fresh Fruit	Mini Cinis OR Cereal Bowl N Grahams Fruit Juice AND Fresh Fruit
Muffin N String Cheese OR Cereal Bowl N Grahams Fruit Juice AND Fresh Fruit				
Cost: \$1.80 Full or \$.30 Reduced (If you get a free lunch, you get a free breakfast.)				
On the Menu for Lunch:				
This menu meets all Child Nutrition Regulations, but is subject to change due to delivery difficulties. Fresh Fruit Basket and Veggie Dippers are available daily. Students are required to have a Fruit or Vegetable on their tray. This institution is an equal opportunity provider and employer.				<u>PARENTS / GUARDIANS:</u> Please have MEAL APPLICATION completed and returned to cafeteria by SEPTEMBER 14th. Thank you .. Theresa
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<u>MILK CHOICES .. Available Daily:</u> SKIM 1% WHITE FAT-FREE CHOCOLATE FAT-FREE STRAWBERRY	<u>ALTERNATES .. Available Daily:</u> Turkey <u>OR</u> Cheese Sandwich Yogurt & 1/2 Turkey SW w/grahams Yogurt & 1/2 Cheese SW w/grahams	Any Cafeteria questions or concerns, please call Theresa at 609-487-7900 x 5070.	PLEASE NOTE OUR NEW DAILY STUDENT SALAD CHOICES ! ENJOY !	NO SCHOOL
4	5	6	7	8
NO SCHOOL LABOR DAY	NO SCHOOL TEACHER IN-SERVICE	NO SCHOOL TEACHER IN-SERVICE	Chicken Patty Sandwich OR All-Beef Hot Dog on Roll Confetti Tots AND Corn Cupped Fruit AND Apple Slices OR Buffalo Chicken Salad, Fruit & Roll	Mozzarella Stix w/Marinara Dip OR Chicken Nuggets w/BBQ Sauce & Roll Steamed Broccoli AND Veggie Stix w/Dip Fresh Fruit AND Fruit Juice OR Chef w/Egg & Tuna Salad, Fruit & Roll
11	12	13	14	15
Beef Ranchero Pizza OR Chicken Nuggets w/BBQ Sauce & Roll Small Garden Salad AND Carrot Stix Fresh Fruit AND Fruit Juice OR Chef w/Egg & Tuna Salad, Fruit & Roll	Cheeseburger on Roll OR All-Beef Hot Dog on Roll Baked Fries AND Veggie Beans Cupped Fruit AND Fresh Fruit OR Taco Salad, Fruit & Roll	French Toast w/American Cheese OR Chicken Nuggets w/BBQ Sauce & Roll Hash Brown AND Carrot Stix Sliced Strawberries OR Chicken Caesar Salad, Fruit & Roll	Teriyaki Chicken w/Veggie Egg Roll OR All-Beef Hot Dog on Roll Rice AND Sweet Peas Cupped Fruit AND Apple Slices OR Buffalo Chicken Salad, Fruit & Roll	Mozzarella Stix w/Marinara Dip OR Chicken Nuggets w/BBQ Sauce & Roll Steamed Broccoli AND Veggie Stix w/Dip Fresh Fruit AND Fruit Juice OR Chef w/Egg & Tuna Salad, Fruit & Roll
18	19	20	21	22
Cheese Calzone OR Chicken Nuggets w/BBQ Sauce & Roll Small Garden Salad AND Carrot Stix Fresh Fruit AND Fruit Juice OR Chef w/Egg & Tuna Salad, Fruit & Roll	Scoops w/Turkey Taco Meat & Salsa OR All-Beef Hot Dog on Roll Sweet Peas AND Corn Cupped Fruit AND Fresh Fruit OR Taco Salad, Fruit & Roll	Spaghetti w/Chicken Tenders & Roll OR Chicken Nuggets w/BBQ Sauce & Roll Green Beans AND Cucumber Salad Cupped Fruit AND Fresh Fruit OR Chicken Caesar Salad, Fruit & Roll	NO SCHOOL ROSH HASHANAH	Mozzarella Stix w/Marinara Dip OR Chicken Nuggets w/BBQ Sauce & Roll Steamed Broccoli AND Veggie Stix w/Dip Fresh Fruit AND Fruit Juice OR Chef w/Egg & Tuna Salad, Fruit & Roll
25	26	27	28	29
Turkey Pepperoni Pizza OR Chicken Nuggets w/BBQ Sauce & Roll Small Garden Salad AND Carrot Stix Fresh Fruit AND Fruit Juice OR Chef w/Egg & Tuna Salad, Fruit & Roll	Hamburger on Roll OR All-Beef Hot Dog on Roll Baked Fries AND Veggie Beans Cupped Fruit AND Fresh Fruit OR Taco Salad, Fruit & Roll	Roasted Chicken & Roll OR Chicken Nuggets w/BBQ Sauce & Roll Mashed Potatoes AND Green Beans Cupped Fruit AND Fresh Fruit OR Chicken Caesar Salad, Fruit & Roll	Chicken Tender Parm on Kaiser Roll OR All-Beef Hot Dog on Roll Tater Tots AND Corn Cupped Fruit AND Apple Slices OR Buffalo Chicken Salad, Fruit & Roll	Mozzarella Stix w/Marinara Dip OR Chicken Nuggets w/BBQ Sauce & Roll Steamed Broccoli AND Veggie Stix w/Dip Fresh Fruit AND Fruit Juice OR Chef w/Egg & Tuna Salad, Fruit & Roll