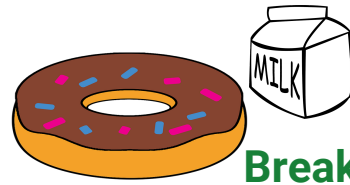




APRIL 2019

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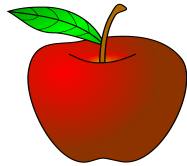
Breakfast

Breakfast: \$0.75 Lunch (K-6) \$2.05 (7-12) \$2.15 Milk: \$0.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast Pizza or Cinnis, assorted fruit, milk	2 Mini donut or 4 oz bread snack, assorted fruit, milk	3 2 hour late start cooks choice, assorted fruit, milk	4 Homemade cinnamon roll or cereal bar, assorted fruit, milk	5 Poptart or cereal, cheese stick, assorted fruit, milk
8 Waffles or strudel, assorted fruit, milk	9 Breakfast egg & cheese bosco stick or Fred Bar, assorted fruit, milk	10 2 oz bread snack or cereal bar, cheese stick, assorted fruit, milk	11 Egg wrap or P&J uncrustable, assorted fruit, milk	12 Funnel cake or poptart/cheese stick, assorted fruit, milk
15 Sausage pattie/cheese slice/biscuit or Benefit bar, hashbrowns, fruit, milk	16 4 oz bread snack or strudel, assorted fruit, milk	17 Egg Pattie/biscuit or stuffed bagel, assorted fruit, milk	18 Ham/cheese slice/english muffin or blueberry stix, assorted fruit, milk	19 NO SCHOOL
22 Apple strudel or P&J uncrustable*, assorted fruit, milk	23 Breakfast pizza or cereal bar, assorted fruit, milk	K- Teddy Bear Day 24 Breakfast Cheese & egg bosco stick or stuffed bagel, assorted fruit, milk	25 Pancakes or fred bar, assorted fruit, milk	K-6 Spring Program 26 Choice cereal, cheese stick, assorted fruit, milk
29 4 oz snack bread or yogurt bar includes (strawberry, cereal, blueberry, granola) assorted fruit, milk	30 Sausage/cheese slice/biscuit or Benefit bar, assorted fruit, milk	PROM APRIL 27th		

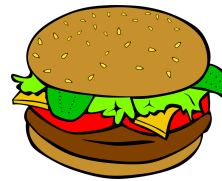
All students are required by USDA to take a minimum of 3 components of meals offered, with one of the components being a fruit, juice, or vegetable. Please direct any questions to vtompson@vps.verndale.k12.mn.us

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Lunch

Breakfast: \$0.75 Lunch (K-6) \$2.05 (7-12) \$2.15 Milk: \$0.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cream chicken/biscuit or chili/biscuit, green beans, lettuce, assorted fruit, milk	2 Beef Spaghetti/shredded cheese/ or BBQ pork/bun, Cole Slaw, lettuce, assorted fruit, Milk Grade 7-12 Chef Salad or parfait	3 Macaroni & Cheese or hot dog/bun, cooked carrots, lettuce, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait	4 Breaded chicken tender or Pork rib pattie, french fries, fresh carrots, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait	5 Three cheese Calzone or Cheeseburger/bun lettuce, baked beans, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait
8 BBQ chicken/bun or Cheeseburger/bun, lettuce, cauliflower cheddar crackers, assorted fruit, milk Grade 7-12 Chef Salad or parfait	9 Chicken Enchilada/tortilla chips or mini corn dogs, cooked broccoli corn, milk Grade 7-12 Chef Salad or parfait	10 French toast/scrambled eggs or beef taco wrap, shredded cheese, shredded lettuce, fresh carrots, assorted fruit, milk Grade 7-12 Chef Salad or parfait	11 Meatballs/gravy, or Tuscan chicken, mashed potato, cole slaw, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait	12 Ham/cheese sub or Fish nuggets, lettuce, Tomato, dill pickle, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait
15 Sweet & sour chicken, or Cheesy french bread, rice, fresh carrots, cauliflower, assorted fruit, milk Grade 7-12 Chef Salad or parfait	16 Crispito/cheese sauce, or baked potato/cheese sauce, shredded lettuce, broccoli, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait	17 Breaded Pork Chop or Chicken Drum stick, mashed potatoes, fresh broccoli, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait	18 Ham or Turkey Sub, tomato, lettuce, Onion, Dill pickle, Tostitos, assorted fruit, milk Grade 7-12 Chef Salad or parfait	19 SPRING VACATION NO SCHOOL
22 Tater tot Hotdish or BBQ Pork/bun, cole slaw, fresh carrots, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait	23 Beef or Chicken Nachos, chips, refried beans, tomato, lettuce, assorted fruit, milk Grade 7-12 Chef Salad or parfait	K- Teddy Bear Day 24 Mexicana Meatballs or mini corn dogs, mashed potato, lettuce, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait	25 Tangerine chicken or sloppy joe/bun, rice, corn, cooked spinach, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait	K-6 Spring Program 26 Hamburger chili dog/bun or chicken chomper, shredded cheese, lettuce, Fresh carrots, assorted fruit, bread, milk Grade 7-12 Chef Salad or parfait
30 Chicken Kabob or Cheeseburger/bun, Shredded cheese, Rice Pilaf, lettuce, cooked carrots, milk Grade 7-12 Chef Salad or parfait	30 Taco Joe/bun or Buffalo Chicken/bun, corn, baked beans, Assorted fruit, milk, Grade 7-12 Chef Salad or parfait			

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