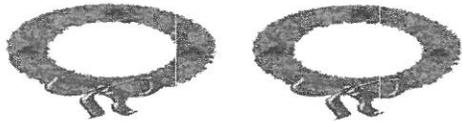


December Breakfast
 2018 Verndale Public School
 #818



Pre-K- 12th grade

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 B-Egg wrap or stuffed bagel, assorted fruit, Milk	4 B- Omelet/toast or benefit bar, assorted fruit, Milk	5 2 HOUR LATE START Cooks Choice, assorted fruit, Milk	6 B-Long John or French toast bites, assorted fruit, Milk	7 B-Choice Cereal, cheese stick, assorted fruit, Milk
10 B-Waffles or donut assorted fruit, Milk	11B- choice of Ham/cheese or sausage/cheese on a English muffin, hash browns, fruit, Milk	12 B- Breakfast pizza or 4 oz. snack bread assorted fruit, Milk	13 B -Pancakes or cinnis, assorted fruit, Milk	14 B- Choice cereal, Cheese stick, assorted fruit, milk
17B- Omelet/toast or FRED bar, assorted fruit, Milk	18B -yogurt/graham cracker or poptart/cheese stick, assorted fruit, Milk	19Cooks choice, assorted fruit, Milk	20B-Strudel or Mini doughnuts, assorted fruit, milk	21B- Choice cereal, cheese stick, assorted fruit, milk
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28NO SCHOOL
31 NO SCHOOL				

Menu Subject to Change

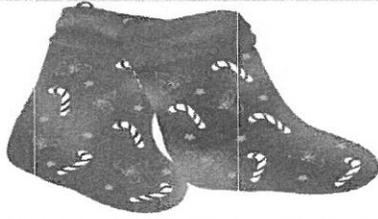
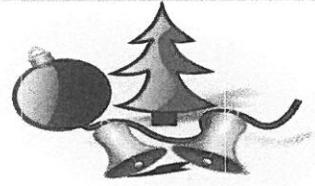
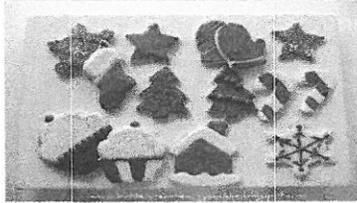
This Institution is an Equal Opportunity Provider

Lactose-Reduced Milk is Available Upon Parent Request

December Lunch

2018 Verndale Public School #818

Pre-K- 12th grade

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>3 Crunchy Chicken popper /Wrap Shredded Cheese, Shredded lettuce, tomatoes, corn, Assorted fruit, Milk OPT. Fish/wrap Grade 7-12 Chef Salad</p>	<p>4 Turkey/gravy, Mashed potatoes, squash, Assorted fruit, bread, milk OPT. Pizza Grade 7-12 Chef Salad</p>	<p>5 Burrito, refried beans, lettuce, Green beans, assorted fruit, Bread, Milk OPT. Egg salad sandwich Grade 7-12 Chef Salad</p>	<p>6 BBQ Pork/bun, Cole Slaw, cooked carrots, Assorted Fruit, Milk OPT. chicken fillet/Bun Grade 7-12 Chef Salad</p>	<p>7 Creamed chicken/biscuit, Lettuce, peas, Assorted Fruit, Milk OPT. Homemade chili/biscuit Grade 7-12 Chef Salad</p>
<p>10 Build your own Big Mack Cheeseburger/Bun, Baked Beans, Lettuce, sliced tomato, Onion, Assorted Fruit, Milk OPT. Breaded Chicken Patty/bun Grade 7-12 Chef Salad</p>	<p>11 Alfredo Chicken Fillet, Rice Pilaf, corn, Mixed vegetables, Assorted Fruit, bread, Milk OPT. Pizza Grade 7-12 Chef Salad</p>	<p>12 Crispito/cheese, black bean salsa, broccoli/cheese sauce, cauliflower, Assorted Fruit, bread, milk OPT. baked potato/cheese Grade 7-12 Chef Salad</p>	<p>13 Chicken spaghetti, Cole Slaw, fresh carrots, spinach, Assorted Fruit, bread, Milk OPT. Pork Rib Patty/bun Grade 7-12 Chef Salad</p>	<p>14 Shrimp popper/ wrap, Shredded Cheese, Lettuce, tomato, baked beans, Assorted Fruit, Milk OPT. Beef Taco/wrap Grade 7-12 Chef Salad</p>
<p>17 Ham Stir Fry/Rice, lettuce, Green beans, Assorted Fruit, bread, Milk OPT. Cheeseburger/bun Grade 7-12 Chef Salad</p>	<p>18 Beef Nacho/cheese, Tortilla Chips, lettuce, Corn, Assorted fruit, bread, Milk OPT. Pizza Grade 7-12 Chef Salad</p>	<p>19 Cooks Choice, Assorted vegetables, Assorted Fruit, bread, Milk Grade 7-12 Chef Salad</p>	<p>20 Chicken Drumstick, Mashed Potato, Corn, Assorted Fruit, Bread, Milk OPT. Pork Rib Patty Grade 7-12 Chef Salad</p>	<p>21 Sub Sandwich, (turkey-Ham) cheese, Tortilla chips, Lettuce, tomato, onion, fresh carrots, Assorted Fruit, Milk Grade 7-12 School out @ 12:30</p>
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 NO SCHOOL				

Menu Subject to Change

This Institution is an Equal Opportunity Provider

Lactose-Reduced Milk is Available Upon Parent Request