



In School September Breakfast

Verndale School District #818
www.verndaleschool.org

Due to Covid-19 all meals
 will be packaged with all
 menu items

Breakfast

Menu Subject to change

Breakfast: \$0.75 Lunch (K-6) \$2.15 (7-12) \$2.25 Milk: \$0.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8	9	10	11
NO SCHOOL				
14 Corn Bread, Cheese stick, juice, milk	15 Cereal bar/cheese stick, juice, milk	16 Snack Bread, blueberries, milk	17 Poptart/graham crackers, applesauce, milk	18 Cinnabun/cheese stick, craisins, milk
21 Scooby do crackers/yogurt, Peaches, milk	22 1 oz cereal/cheese stick, craisins, milk	23 Oatmeal bar, French toast crackers, juice, milk	24 Fred Bar, mandarian oranges, milk	25 Waffles, strawberries, milk
28 Benefit bar, cheese stick, pears, milk	29 Snackbread, applesauce, milk	30 Yogurt, Graham Cracker, juice, milk		

This institution is an equal opportunity provider



In School September Lunch Menu 2020

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Lunch

Menu Subject to Change

Breakfast: \$0.75 Lunch (K-6) \$2.25 (7-12) \$2.35 Milk: \$0.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	8	9	10	11
14 School meal-Shredded pork/bun, swiss cheese, BBQ sauce, Baked beans, Craisins, milk	15 School meal-Grilled ham & cheese sandwich, Lettuce, Ranch Dressing, apple slices, milk	16 School Meal- Teriyaki Chicken, Brown rice, Peas, Applesauce, milk	17 School meal- Quesidilla, sour cream, fresh carrots, Kiwi, milk	18 PK-4 Lunchable, Celery, Ranch dressing, Pineapple, milk 5 -12th grade-Hot Dog/bun & Baked beans, Chips, Pineapple, milk
21 School Meal- Cheeseburger/Bun, ketchup, French fries, peaches , milk	22 School meal-Chicken Alfredo with a twist, dinner roll, sliced red peppers, ranch Dressing, applesauce, milk	23 School Meal-Beef Taco/shredded cheese/wrap, Sour Cream, diced tomato, Romaine Lettuce, craisis, Ranch Dressing, milk	24 School meal-French toast/sausage, syrup, Fresh carrot sticks, Applesauce, milk	25 School meal-Chcken Fillet/Bun, Mayo, chips, baked Beans, kiwi, milk
28 School Meal-Baked potato bar, Taco meat, shredded cheddar cheese, corn bread, sour cream, fresh carrots, milk	29 School Meal-Mac & Cheese, Dinner roll, Peas, Applesauce, milk	30 School Meal-Breaded Pork Chop/bun, BBQ sauce, Baked beans, Peaches, milk		

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