

NOVEMBER 2018 Lunch

Menu Subject to Change

Lactose Reduced Milk Available Upon Parent Request-

White and Chocolate Skim Milk available

VERNDALE PUBLIC SCHOOL MENU

818 PRE - K -12TH

This institution is an Equal Opportunity Provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 NO SCHOOL TEACHER WORKSHOP Conferences 3:30-7:00PM Dinner at 5:00-6:00 Monday & Thursday -BBQ Pork, Cole Slaw, Baked beans, Chips, Apple, Juice</p>	<p>6 Sloppy Joe/Bun, lettuce, Fresh carrots, celery, Baked beans, Assorted Fruit, Milk OPT. Breaded chicken patty/bun Grade 7-12 Salad Bar or Parfait K-2 bookfair parent invite</p>	<p>7 Chicken Drumstick, scalloped potatoes, Butternut squash, Assorted Fruit, Bread, Milk OPT. Pizza Grade 7-12 Salad Bar or Parfait 3rd-4th bookfair parent invite</p>	<p>1 Breaded Pork Chop, scalloped potato, Corn, Lettuce, Assorted Fruit, Bread, Milk Grade 7-12 Salad Bar or Parfait OPT. Bosco Stick/sauce</p>	<p>2 Burrito, cooked carrots, green beans, Assorted Fruit, chips, Milk OPT. Cheeseburger /bun Grade 7-12 Salad Bar or Parfait</p>
<p>12 Grilled Cheese/Tomato Soup, Lettuce, Corn, Green Pepper, Assorted Fruit, Milk OPT. Pork Rib Pattie/bun Grade 7-12 Salad Bar or Parfait</p>	<p>13 Orange Chicken, Brown Rice, stir fry veggies, Corn, Assorted Fruit, Milk OPT Cheeseburger/bun Grade 7-12 Salad Bar or Parfait</p>	<p>14 Turkey Gravy, Mashed Potatoes, Coleslaw, Assorted Fruit, dinner roll, Milk OPT. Pizza Grade 7-12 Salad Bar or Parfait Pumpkin bar</p>	<p>8 Tater tot Hot dish, Cottage cheese, Coleslaw, corn, Assorted fruit, Bread, Milk OPT. Cheeseburger/bun Grade 7-12 Salad Bar or Parfait 5th-6 parent invite</p>	<p>9 NO SCHOOL TEACHER COMP DAY</p>
<p>19 Fajita Chicken, Shredded Cheese, Tortilla Chips, Shredded lettuce, Corn, Assorted Fruit, Milk OPT. Macaroni & cheese Grade 7-12 Salad Bar or Parfait</p>	<p>20 Cooks choice, choice vegetables, Assorted Fruit, bread Milk OPT. Cooks choice Grade 7-12 Salad Bar or Parfait</p>	<p>21 Ham or Turkey Sub sandwich, cheese, Lettuce, Tomato, Onion, Assorted Fruit, Milk Grade 7-12 Salad Bar or Parfait</p>	<p>15 Spaghetti, Red sauce, Shredded Cheese, Lettuce, Green beans, Assorted Fruit, Bread, Milk OPT. Mini corndogs Grade 7-12 Salad Bar or Parfait</p>	<p>16 Breaded chicken fillet, seasoned rice, Baked Beans, lettuce, tomato, Assorted Fruit, Milk OPT. Fish nuggets Grade 7-12 Salad Bar or Parfait</p>
<p>26 Cheesy Beef steak, Rice, Carrots, Corn, Assorted Fruit, Milk OPT. BBQ Pork/bun Grade 7-12 Salad Bar or Parfait</p>	<p>27 Lime Chicken/Bun, Baked Beans, Tomato, coleslaw, Assorted Fruit, Milk OPT. Cheeseburger/bun Grade 7-12 Salad Bar or Parfait</p>	<p>28 Lasagna, shredded cheese, Lettuce, Corn, Assorted Fruit, Bread, Milk OPT. Pizza Grade 7-12 Salad Bar or Parfait</p>	<p>22 NO SCHOOL</p>	<p>23 NO SCHOOL</p>
<p>29 Sweet & Sour Chicken, Brown Rice, Green beans, Fresh Carrots, Assorted Fruit, Milk OPT. Shrimp Grade 7-12 Salad Bar or Parfait</p>	<p>30 Meatloaf, Mashed Potato, lettuce, Assorted Fruit, Bread, Milk OPT. Hot dog/bun Grade 7-12 Salad Bar or Parfait</p>			

NOVEMBER 2018 Breakfast

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Monday	Tuesday	Wednesday	Thursday	Friday
5 NO SCHOOL STAFF WORKSHOP	6 Breakfast bites or FRED Bar, assorted fruit, Milk	7 2 hour late start Cooks choice assorted fruit, Milk	1 scrambled egg, snack bread or Poptart/cheese stick, hash brown, fruit, Milk	2 Choice cereal, cheese stick Assorted Fruit, Milk
12 Pancake sausage wrap or strudel, assorted fruit, Milk	13 Egg Pattie w cheese slice/biscuit, or Benefit bar, hash browns, fruit, Milk	14 Omelet/toast or Pancakes , fruit, Milk	8 scrambled egg/toast or Pancake, assorted fruit, milk	9 NO SCHOOL TEACHER COMP DAY
19 Pancakes or FRED bar assorted fruit, Milk	20 Breakfast pizza or Poptart & cheese stick Assorted fruit, Milk	21 Choice cereal, toast Assorted fruit, Milk	15 Ham or sausage patty, cheese slice, on a biscuit potato cubes, fruit, Milk	16 Choice Cereal, cheese stick Assorted fruit, Milk
26 Omelet/snack bread or funnel cake Assorted fruit, Milk	27 Breakfast pizza or Cinnis, Assorted Fruit, Milk	28 Sausage/cheese/biscuit or Benefit bar, assorted fruit, milk	22 NO SCHOOL THANKSGIVING BREAK	23 NO SCHOOL THANKSGIVING BREAK
		29 pancake or snack Bread, potato cubes, fruit, milk		30 Choice cereal, cheese stick Assorted Fruit, Milk

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Veteran Day Breakfast-November 8th

Menu-Scrambled eggs, sausage, hash browns, toast

Milk, orange juice, coffee

Starts 9:00am



THANK A VETERAN!!