

Vernonia School District Lunch Menu

April 2017

USDA AND THE STATE OF OREGON
ARE EQUAL OPPORTUNITY
PROVIDERS AND EMPLOYERS

Monday	Tuesday	Wednesday	Thursday	Friday	
Special Notice!! Please Read: Menu Items Are Subject To Change Due To Cooks Day!! IF ENTREE IS MARKED WITH * IT WILL ONLY BE SERVED TO GRADES 3rd THRU 12th					
					Every Day Lunch Menu Items: ••Mixed Green Salad ••Fresh and Canned Fruit ••Raw and or Cooked Veggies ••Crackers or Croutons
3	4	5	6	7	••K-5 Peanut Butter & Jelly Sandwich and Cheese Stick ••Vegetarian Choice - Pre-Arranged ••Fat Free Chocolate Milk ••Low Fat Milk
Cheese Pull Aparts Oat Bar & Yogurt Chicken Nuggets	BBQ Pulled Pork on a Bun Mini Corndogs Pizza Pocket (4th-12th Only)PK	Mac & Cheese & Bread Stix Popcorn Chicken Ham Cheese Pocket PK (4th-12th only)	Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger	NO SCHOOL	Entree Marked with PK stands for Pork
Potato Soup (PK)	Smillie-Tot's k- 5 / JoJo's	Baked Beans	Cookie		Pre-Order - Guaranties product on pre-packaged meals. Order in the morning, in the kitchen.
10	11	12	13	14	Monday-Thursday 8th-12th Grade Pre-Packed Entree's for a full Lunch Only Turkey & Cheese or Ham & Cheese Sandwich, Grapes and Milk Pre-Packaged Salad - Hummus Platter and Milk
Teriyaki Chicken over Rice Popcorn Chicken Pizza Pocket (4th-12th Only)PK	Taco Bar Bean & Cheese Burrito K-5 Beef & Bean Burrito 6th-12th Popcorn Chicken Mexi Rice & Beans	Grilled Cheese Sandwich Popcorn Chicken *BBQ Rib Sub (4th-12th Only)PK Tomato Soup	Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger Cookie	NO SCHOOL	Staff may request Pre-Packaged Entrees for Friday
17	18	19	20	21	Blue is offered with all meals
Nacho Bar Bean & Cheese Burrito K-5 Beef & Bean Burrito 6th-12th Popcorn Chicken Baked Beans	Philly Steak with Cheesesauce on a Bun Mini Corndogs Pizza Pocket (4th-12th Only)PK Smillie-Tot's k- 5 / JoJo's	Turkey Alfredo & Garlic Bread Popcorn Chicken * Ham and Cheese Pocket (3rd-12th only) Green Beans	K-5 Orange Chicken over Rice 6th-12th General Tso Chicken over Rice Chicken Nuggets K-5 Fish Grahams,Yogurt & Cheese Stix	Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger Cookie	Breakfast Served Daily 7:30 am •Assorted Cereal & Milk •Canned Fruit and Assorted Juice •Toast (T-W-F) Muffin (M & TH) or Goldfish Grahams. A choice of one with cereal.
24	25	26	27	28	Monday - Breakfast Bar and Hashbrown or Breakfast Burrito & Hashbrown Tuesday - Breakfast Pizza Wednesday - Egg, Cheese & Ham on a English Muffin or Sausage & Cheese on a English Muffin Thursday - French Toast Sticks & Sausage Friday - Bagel and Yogurt - Boiled Egg and English Muffin or Oat Bar & Yogurt
Chicken Quesadilla Popcorn Chicken Bean & Cheese Burrito K-5 Beef & Bean Burrito 6th-12th *BBQ Rib Sub (4th-12th Only)PK Chilli	Sweet Sour Chicken over Rice Popcorn Chicken K-5 Fish Grahams,Yogurt & Cheese Stix Ravioli & Bread Stick	Penna & Meat Sauce and Garlic Bread Popcorn Chicken Pizza Pocket (4th-12th Only)PK Green Beans	Turkey Gravy, Whipped Potato & Roll Chicken Nuggets Ham Cheese Pocket PK (4th-12th only) Corn	Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger Cookie	