

# Vernonia School District Lunch Menu

## December 2018

Monday		Tuesday		Wednesday		Thursday		Friday		USDA AND THE STATE OF OREGON ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS
3		4		5		6		7		<b>Every Day Lunch Menu Items:</b> ••Mixed Green Salad ••Fresh and Canned Fruit ••Raw and or Cooked Veggies ••Crackers or Croutons ••Cheeseburger ••K-5 PBJ and Cheese Stick ••Vegetarian Choice - Pre-Arranged ••Fat Free Chocolate Milk ••Low Fat Milk
Cheese Pull Aparts Popcorn Chicken *BBQ Rib Sub (3rd-12th Only)PK		BBQ Pulled Pork on a Bun Mini Corndogs *Ham Cheese Pocket (3rd-12th only) PK		Mac & Cheese & Bread Stix Chicken Nuggets *Pizza Pocket (4th-12th Only)PK		Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger		No School		
Potato Soup (PK)		K-5 Smillie-Tot's 6th-12th JoJo's		Green Beans		Cookie				Entree Marked with PK stands for <b>Pork</b> Pre-Order - Guaranties product on pre-packaged meals. Order in the morning, in the kitchen. Monday-Thursday 8th-12th Grade Pre-Packed Entree's for a full Lunch Only Turkey & Cheese or Ham & Cheese Sandwich, Grapes and Milk Pre-Packaged Salad - Hummus Platter and Milk Staff may request Pre-Packaged Entrees for Friday
10		11		12		13		14		
Nacho Bar K-5 Bean & Cheese Burrito 6th-12th Beef & Bean Burrito		Meatloaf, Mashed Potato's Gravy and Roll Popcorn Chicken K-5 Oat Bar & Yogurt		Grilled Cheese Sandwich Chicken Nuggets *Ham Cheese Pocket (4th-12th only) PK		Turkey Alfredo & Garlic Bread Popcorn Chicken *Ham Cheese Pocket (3rd-12th only) PK		Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger		
Popcorn Chicken Baked Beans		*Pizza Pocket (3rd-12th only) PK Corn		Tomato Soup		Green Beans		Cookie		
17		18		19		20		21		Blue is offered with all meals Breakfast Served Daily 7:30 am •Assorted Cereal & Milk •Canned Fruit and Assorted Juice •Toast (T-W-F) Muffin (M & TH) or Goldfish Grahams. A choice of one with cereal. Monday - Breakfast Bar and Hashbrown or Breakfast Burrito & Hashbrown Tuesday - Breakfast Pizza Wednesday - Egg, Cheese & Ham on a English Muffin or Sausage & Cheese on a English Muffin Thursday - French Toast Sticks & Sausage Friday - Bagel and Yogurt - Boiled Egg and English Muffin or Oat Bar & Yogurt
Chicken Quesadilla Popcorn Chicken K-5 Bean & Cheese Burrito 6th-12th Beef & Bean Burrito *BBQ Rib Sub (4th-12th Only)PK Mexi Rice & Beans		Teriyaki Chicken over Rice Chicken Nuggets *Ham Cheese Pocket (3rd-12th only) PK K-5 Fish Grahams,Yogurt & Cheese Stix Baked Beans		Penna & Meat Sauce and Garlic Bread Popcorn Chicken *Pizza Pocket (4th-12th Only)PK *BBQ Rib Sub (3rd-12th Only)PK Green Beans		Turkey Gravy, Whipped Potatos & Roll Chicken Nuggets K-5 Oat Bar & Yogurt Corn		Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger Cookie		
24		25		26		27		28		
No School		No School		No School		No School		No School		
31		Jan 1		Jan 2		Jan 3		Jan 4		
No School		No School		No School		No School		No School		