

Vernonia School District Lunch Menu

November 2018

Monday				Tuesday				Wednesday				Thursday				Friday				USDA AND THE STATE OF OREGON ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS
												1				2				Every Day Lunch Menu Items: ••Mixed Green Salad ••Fresh and Canned Fruit ••Raw and or Cooked Veggies ••Crackers or Croutons ••Cheeseburger ••K-5 PBJ and Cheese Stick ••Vegetarian Choice - Pre-Arranged ••Fat Free Chocolate Milk ••Low Fat Milk
												Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger Cookie				No School				
5				6				7				8				9				
Nacho Bar K-5 Bean & Cheese Burrito 6th-12th Beef & Bean Burrito Popcorn Chicken Baked Beans				Meatloaf, Mashed Potato's Gravy and Roll Popcorn Chicken K-5 Oat Bar & Yogurt *Pizza Pocket (3rd-12th only) PK Corn				Grilled Cheese Sandwich Chicken Nuggets *Ham Cheese Pocket (4th-12th only) PK Tomato Soup				Mac & Cheese & Bread Stix Chicken Nuggets *Pizza Pocket (4th-12th Only)PK Green Beans				Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger Cookie				Entree Marked with PK stands for Pork Pre-Order - Guaranties product on pre-packaged meals. Order in the morning, in the kitchen. Monday-Thursday 8th-12th Grade Pre-Packed Entree's for a full Lunch Only Turkey & Cheese or Ham & Cheese Sandwich, Grapes and Milk Pre-Packaged Salad - Hummus Platter and Milk Staff may request Pre-Packaged Entrees for Friday
12				13				14				15				16				
No School				Chicken Quesadilla Popcorn Chicken K-5 Bean & Cheese Burrito 6th-12th Beef & Bean Burrito *BBQ Rib Sub (4th-12th Only)PK Mexi Rice & Beans				Turkey Alfredo & Garlic Bread Popcorn Chicken *Ham Cheese Pocket (3rd-12th only) PK Green Beans				Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger Cookie				No School				
19				20				21				22				23				Blue is offered with all meals
No School				No School				No School				Be Thankful No School				No School				Breakfast Served Daily 7:30 am •Assorted Cereal & Milk •Canned Fruit and Assorted Juice •Toast (T-W-F) Muffin (M & TH) or Goldfish Grahams. A choice of one with cereal. Monday - Breakfast Bar and Hashbrown or Breakfast Burrito and Hashbrown Tuesday - Breakfast Pizza Wednesday - Egg, Cheese & Ham on a English Muffin or Sausage & Cheese on a English Muffin Thursday - French Toast Sticks & Sausage Friday - Bagel and Yogurt - Boiled Egg and English Muffin or Oat Bar & Yogurt
26				27				28				29				30				
Teriyaki Chicken over Rice Popcorn Chicken *BBQ Rib Sub (4th-12th Only)PK K-5 Fish Grahams, Yogurt & Cheese Stix Baked Beans				Taco Bar Chicken Nuggets K-5 Bean & Cheese Burrito 6th-12th Beef & Bean Burrito Mexi Rice & Beans				Penna & Meat Sauce and Garlic Bread Popcorn Chicken *Pizza Pocket (4th-12th Only)PK Green Beans				K-5 Orange Chicken over Rice 6th-12th General Tso Chicken over Rice Chicken Nuggets K-5 Oat Bar & Yogurt				Cheese Pizza & (Pepperoni PK) Tuna Sandwich Chicken Burger Cookie				