
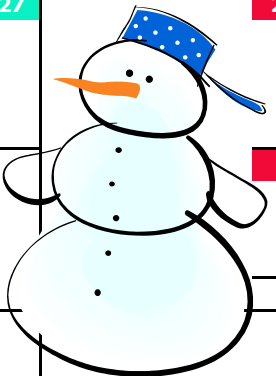




Washburn Middle & High School Nutrition Program

January 2017

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	2 Tomato Soup Grill Cheese popcorn Fruit	3 California Burger Potato Wedges Fruit	4 Chicken Dinner Mashed Potatoes w/gravy, Peas & corn Fruit	5 Hamburger Stew Dinner Roll Fruit	6 Walking Taco Refried Beans Fresh Salsa Fruit	7	
8	9 Chicken Wild Rice Soup Muffin Fruit	10 Chicken or Cheese Quesadilla Mexican Rice Fruit	11 Chicken Stroganoff w/noodles Green Beans Fruit	12 Baked Potato Bar Ham, Broccoli, Alfredo bacon Fruit	13 Chili or White Chicken Chili Cheese, Fritos Fruit	14	
15	16 Pasta Bar Marinara, Alfredo Garlic Bread Fruit	17 Chicken Gyro Rice, Hummus #2 Brunch for Lunch	18 Soup Bar Fruit Finals	19 Brats, Dogs, Cheddarwurst Baked Beans Fruit Finals	20 No School	28	
22	23 Scallop Potatoes w/wo Ham, Green Beans Bread stick Fruit	24 Rice bowl Chicken, Veggies Fruit	25 Hot Dog Roll Ups Au Gratin Potato Fruit	26 BBQ Pulled Pork Sandwich Cole Slaw Fruit	27 Chicken on a Bun Roasted Veggies Fruit		
29	30 Chicken Tenders Rice Pilaf Mixed Veggies Fruit	31 Pita Pizza Fruit					
	Harvest of the Month: Tangerines WE FEATURE HARVEST OF THE MONTH ITEMS THROUGHOUT THE MONTH						

All Meals Include: Salad Bar: assortment of fresh fruits and vegetables, canned fruits and school made salads w/wg Bread
 1% White and Skim Chocolate Milk (we serve hormone free milk)

Middle & High Student Lunch Prices:
Full: \$2.95 Reduced: \$.40
Elementary Lunch Prices: \$2.40
Adult: \$4.25
ALL MENUS SUBJECT TO CHANGE:

High School: 373-6188 ext 118
 Lori Fibert, Dan Gunderson
Middle & Elementary School:
373-6199 ext 217
 Rena Arseneau, Diane Schillinger, Jim Schaitbe

"This Institution is an Equal Opportunity Provider"