

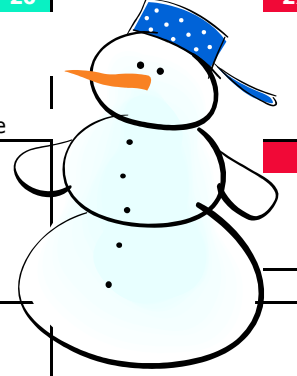


# Washburn Middle & High School Nutrition Program

January 2018

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 California Burger Potato Wedges Grapes	2 Tomato Soup Grill Cheese Cottage Cheese Peaches	3 Scallop Potatoes w/wo Ham, Green Beans Bread stick Kiwi	4 Walking Taco Refried Beans Fresh Salsa mango	5
7	8 Chicken Wild Rice Soup Muffin cantaloupe	9 Baked Potato Bar Ham, Broccoli, Alfredo bacon oranges	10 Sloppy Jo corn Strawberries	11 Chicken or Cheese <b>Quesadilla</b> Mexican Rice, salsa Pears	12 Hamburger Stew Dinner Roll Fruit Cocktail	13
14	15 Pasta Bar Marinara, Alfredo Garlic Bread, pesto Fruit Cocktail	16 Chicken Gyro Rice, Hummus, Greek Salad oranges	17 Chicken Tenders Rice Pilaf Chateau Veggies, Pears <b>Finals</b>	18 Brats, Dogs, Cheddarwurst Baked Beans Apple <b>Finals</b>	19 <b>No School</b>	
21	22 Chili or White Chicken Chili Pasta, Fritos Pears	23 Rice bowl Chicken, Veggies pineapple	24 Hot Dog Roll Ups Au Gratin Potato grapes	25 Turkey Gravy Mashed Potatoes Corn Fruit Cocktail	26 Meatball sub French Toast & Sausage	27
28	29 Chicken Dumpling Soup Muffin Peaches	30 Flatbread Pizza Grapes	31 Chicken Dinner Mashed Potatoes & gravy Monte Carlo Veggies Mandarin Oranges			

*Harvest of the Month:*  
WE FEATURE HARVEST OF THE MONTH ITEMS THROUGHOUT THE MONTH

winter cycle

**All Meals Include:** Salad Bar: assortment of fresh fruits and vegetables, canned fruits and school made salads w/wg Bread  
1% White and Skim Chocolate Milk (we serve hormone free milk)

**Middle & High Student Lunch Prices:**  
Full: \$3.05    Reduced: \$4.40  
**Elementary Lunch Prices: \$2.50**  
Adult: \$4.35  
**ALL MENUS SUBJECT TO CHANGE:**

**High School: 373-6188 ext 118**  
Lori Fibert, Dan Gunderson  
**Middle & Elementary School:**  
**373-6199 ext 217**  
Rena Arseneau, Diane Schillinger

"This Institution is an Equal Opportunity Provider"