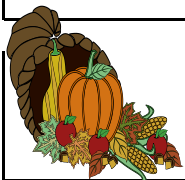


Washburn Middle & High School Nutrition Program

November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1 Chicken on a Bun	2 Monte Carlo Veggies Grapes Pineapple	3 NO SCHOOL	4
5	6 Chicken Wild Rice Soup Muffin Pears	7 <i>Enchilada</i> Chicken or Bean & Cheese Mexican Rice, Salsa Mango	8 <i>Thanksgiving Dinner</i> Turkey, Mashed Potatoes, w/ Gravy, Stuffing Pumpkin Pie, Fruit Salad	9 Flatbread Pizza Fruit Cocktail	10 Chicken Dinner Mashed Potatoes w/Gravy, Corn Apple sauce		
12	13 California Burger Bake Beans Apple	14 Rice Bowl Oriental Chicken w/ veggies Chow Mein Noodles Pineapple	15 Hamburger Gravy <i>over Egg Noodles</i> Peas & Carrots Pear	16 Teriyaki Chicken Roasted Veggies, Rice Pilaf Blueberries & Cream	17 Turkey Vegetable Soup Muffin Peaches	18	
19	20 Sloppy Jo Corn Fruit Cocktail	21 *Ravioli Bread stick Mandarin Oranges					
26	27 *Quesadilla Chicken or Cheese Mexican Rice, salsa Mango	28 Pasta Bar Alfredo w/ Chicken Marinara w/ Meat Garlic Bread, Pears	29 Reuben Biscuits & Gravy & Sausage	30 Tater Tot Hotdish Fruit Cocktail			



Harvest of the Month: November we will be featuring



fall cycle

All Meals Include:

Salad Bar: assortment of fresh fruits and vegetables, canned fruits and school made salads w/wg bread
1% White and Skim Chocolate Milk (we serve hormone free milk)

"This Institution is an Equal Opportunity Provider"

Middle & High Student Lunch Prices:

Full: \$3.05 Reduced: \$.40
Elementary Lunch Prices: \$2.50
Adult: \$4.35

ALL MENUS SUBJECT TO CHANGE:

High School: 373-6188 ext 118

Lori Fibert, Dan Gunderson

Middle & Elementary School:

373-6199 ext 217

Rena Arseneau & Diane Schillinger