



Washburn Elementary School Nutrition Program

October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Hot Dogs Potato Wedges Kiwi	Pizza Lasagna Garlic Bread Stick Fruit Cocktail	Baked Chicken Dinner Mashed Potatoes & Gravy Corn Cantaloupe	Quesadilla/Chicken or Cheese Black Bean/Corn Salad Refried Bean, Fresh Salsa Mexican Rice, Pears	Chicken on a Bun Chateau Veggies Mandarin Oranges	
2	9	10	11	12	13	14
	Chicken Wild Rice Soup Muffin Apples	Walking Taco Refried Beans, Fresh Salsa Melon Wedges	Sub Sandwich Monte Carlo Veggies Grapes	Bagel Pizza National Sausage Pizza Day Pears	Baked Potato Bar Ham, Bacon, Broccoli Alfredo Fruit Cocktail	
15	16	National Pasta Day 17	18	19	20	21
	Tomato Soup Grill Cheese Cottage Cheese Peaches	Pasta Bar Marinara, Alfredo, Pesto Garlic Bread, Grapes	Teriyaki Chicken on a Stick Rice Pilaf, Green Beans Pears	Chicken/Cheese Enchilada Refried Bean, Fresh Salsa Mexican Rice Fruit Cocktail	Sack Lunch	
22	23	24	25	26	27	28
National Chili Month	Sloppy Jo Au Gratin Potatoes Banana	Rice Bowl Chicken, Black Beans Oriental Veggies Pineapple	Scalloped Potatoes w/wo Ham Green Beans & Breadstick Pears	Chili Bar Fritos, Pasta Grapes	Chicken Gravy over Mashed Potatoes Corn Mandarin Oranges	
29	30	31	<p style="text-align: center;">Harvest of the Month: In October we will be featuring: fall cycle</p>			
	Calzones w/marinara Banana	Worms & Eyeballs Ghost Toast Spooky Fruit Salad				
All Meals Include: Salad Bar: assortment of fresh fruits and vegetables, canned fruits and school made salads w/wg bread 1% White and Skim Chocolate Milk (we serve hormone free milk)			Middle & High Student Lunch Prices: Full: \$3.05 Reduced: \$.40 Elementary Lunch Prices: \$2.50 Adult: \$4.35 ALL MENUS SUBJECT TO CHANGE:		High School: 373-6188 ext 118 Lori Fibert, Dan Gunderson Middle & Elementary School: 373-6199 ext 217 Rena Arseneau, Diane Schillinger	
"This Institution is an Equal Opportunity Provider"						