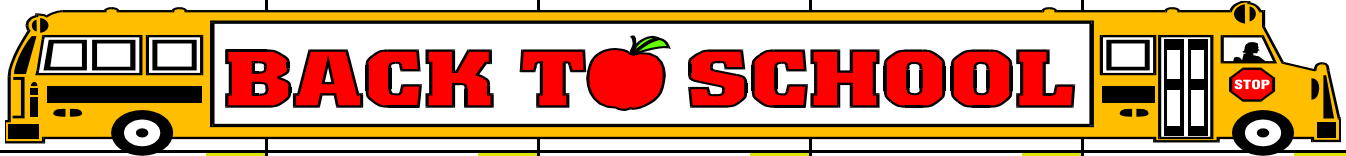


# Washburn Middle & High School Nutrition Program

## September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
							
<b>Labor Day No School on Monday</b>	<b>no school</b> Labor Day			31	1	2	
				6TH,7TH,8TH, & 9TH Grade Pizza	Hot dogs/Brats Baked Beans Grapes		
		5	6	7	8	9	
	Labor Day	California Burger Potato Wedges Peaches	Quesadilla Chicken/Cheese Mexican Rice,salsa tropical fruit #2 Chicken Tenders	Rice Bowl Oriental Chicken w/Veggies Pineapple #2 Hamburger	Sack Lunch  K-8		
10	11	12	13	14	15	16	
	Sloppy Jo Peas & Carrots Blueberries & Cream #2 Ciabatta Deli Sand	Walking Taco Refried Beans Corn/Black Bean Salad Fruit Cocktail	Flatbread Pizza Banana #2 Chicken Tenders	Scalloped Potatoes w/wo Ham Green Beans,breadstick Strawberries #2 Hamburger	Tater Tot Hotdish Grapes		
17	18	19	20	21	22	23	
	Tomato Soup w/Grill Cheese Cottage Cheese Peaches #2 Ciabatta Deli Sand	Teriyaki Chicken on a Stick Roasted Garden Vegetables Blueberries & Cream	Sub Sandwich Cole Slaw Grapes #2 Chicken Tenders	Meatball Sub  #2 pancakes & sausage	Mac n Cheese Green Beans Mandarin Oranges		
24	25	26	27	28	29	30	
	Bbq Riblet Baked beans Pears #2 Ciabatta Deli Sand	Pasta Bar Garlic Bread Honey Dew Melon	Ham n Cheese Bagel Montecarlo Veggies Oranges #2 Chicken Tenders	Chicken Tenders Rice Pilaf,corn Kiwi #2 Hamburger	Baked Potato Bar Ham,Bacon,Broccoli Alfredo,Cheese Sauce Applesauce		
<b>fall cycle</b>			<b>All Meals Include:</b> Salad Bar: assortment of fresh fruits and vegetables,canned fruits and school made salads w/wg bread Skim White and Skim Chocolate Milk (we serve hormone free milk) <b>Cooks Choice to include Garden items Depends on Availability</b> <b>"This Institution is an Equal Opportunity Provider"</b>		<b>Middle &amp; High Student Lunch Prices:</b> <b>Full: \$3.05          Reduced: \$.40</b> <b>Elementary Lunch Prices: \$2.50</b> <b>Adult: \$4.35</b> <b>ALL MENUS SUBJECT TO CHANGE:</b>		<b>High School: 373-6188 ext 118</b> Lori Fibert, Dan Gunderson  <b>Middle &amp; Elementary School:</b> <b>373-6199 ext 217</b> Rena Arenseau,Diane Schillinger