







Washburn Middle & High School Nutrition Program

December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Walking Taco Refried Beans Fresh Salsa Fruit	2 Mac n Cheese Green Beans #2 Stuffed Squash	3
	5 Tomato Soup Grill Cheese Tortilleni Fruit	6 Pasta Bar Marinara, Alfredo Garlic Bread Fruit	7 Hamburger Soup Fruit	8 Sub Sandwich Pasta Salad Pretzels Fruit	9 Baked Potato Bar Ham, Broccoli, Cheddar Cheese Fruit	10 
	12 California Burger Baked Beans Fruit Fruit	13 Rice Bowl Broccoli, Chicken Beef, Black Beans Fruit	14 Tater Tot Hotdish Fruit	15 Holiday Dinner Roasted Turkey, Ham Mashed Potato Fruit	16 Meatball Sub #2 Brunch for Lunch	17 
	19 Bagel Pizza Melon Wedges #2 Tater Tot Hotdish	20 Brats, Cheddarwurst, Hot Dogs Potato wedges Fruit	21 Sack lunch HS Movie Day ELM/MMS Concert			
25 	26	27	28			
						
<p style="text-align: center; color: red; font-size: 1.2em;">Harvest of the Month: CABBAGE</p>						
All Meals Include: Salad Bar: assortment of fresh fruits and vegetables, canned fruits and school made salads w/ wg Bread 1% White and Skim Chocolate Milk (we serve hormone free milk) "This Institution is an Equal Opportunity Provider"			Middle & High Student Lunch Prices: Full: \$2.95 Reduced: \$.40 Elementary Lunch Prices: \$2.40 Adult: \$4.25 ALL MENUS SUBJECT TO CHANGE:		High School: 373-6188 ext 118 Lori Fibert, Dan Gunderson Middle & Elementary School: 373-6199 ext 217 Rena Arseneau, Jim Schaitberger & Diane Schil	