Washburn Middle & High School Nutrition Program

December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Mac n Cheese Green Beans Kiwi	**2**
3	**4** Pita Pizza Melon Wedges	**5** Rice Bowl Broccoli,Chicken Black Beans,pineapple #2 Hamburgers	**6** Hamburger Soup Banana #2 chicken tenders	**7** Sub Sandwich Peas & Carrots grapes #3 Deli Sandwich	**8** Baked Potato Bar Ham, Broccoli Alfredo Mandarin Oranges	**9**
10	**11** Brats,Cheddarwurst,Dogs w/bun Potato wedges Peaches #2 Deli Sandwich	**12** Chicken Wild Rice Soup Muffin Applesauce #2 Hamburgers	**13** Walking Taco Refried Beans Fresh Salsa,mango #2 chicken tenders	**14** Holiday Dinner Roasted Turkey,Ham Mashed Potato,Green beans Dinner roll,Fruit Salad	**15** Meatball Sub #2 Cakes & Sausage	**16**
17	**18** Tomato Soup Grill Cheese Cottage Cheese Peaches	**19** Pasta Bar Marinara, Alfredo Garlic Bread, pesto,grapes #2 Hamburgers	**20** Chicken Noodle Soup Muffin Kiwi #2 chicken tenders	**21** California Burger Baked Beans applesauce #2 Deli sandwich	**22** Sack lunch HS Movie Day ELM/MS Concert	**23**
24	**25**	**26**	**27**	**28**	**29**	**30**
31						

winter cycle

Harvest of the Month:

All Meals Include: Salad Bar: assortment of fresh fruits and vegetables, canned fruits and school made salads w/ wg Bread

1% White and Skim Chocolate Milk (we serve hormone free milk)

"This Institution is an Equal Opportunity Provider"

Middle & High Student Lunch Prices:
Full: $3.05 Reduced: $.40
Elementary Lunch Prices: $2.50
Adult: $4.35
ALL MENUS SUBJECT TO CHANGE:

High School: 373-6188 ext 118
Lori Fibert, Dan Gunderson

Middle & Elementary School:
373-6199 ext 217
Rena Arseneau & Diane Schillinger