





# Washburn Middle & High School Nutrition Program

## February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			<b>1</b> Chicken Dinner Mashed Potatoes w/gravy, corn Fruit	<b>2</b> Ham n Cheese Bagel Au Gratin Potatoes Peas & Carrots Fruit	<b>3</b> Pizza Lasagna Breadstick Fruit	<b>4</b>	
	<b>5</b>	<b>6</b> Flatbread Pizza Fruit	<b>7</b> Sub Sandwich Pasta Salad Pretzels Fruit	<b>8</b> Walking Taco Refried Beans Fruit	<b>9</b> Ravioli Brunch for Lunch	<b>10</b> Chicken on a Bun Roasted Veggies Fruit	<b>11</b> 
	<b>12</b>	<b>13</b> Chicken Gravy w/Mashed potatoes Green Beans Fruit	<b>14</b> Tater Tot Hotdish Fruit	<b>15</b> Sloppy Jo Crunchy Snack Tortellini Salad <i>National Tortellini Day</i>	<b>16</b> Rice Bowl Chicken, Veggies Fruit	<b>17</b> California Burger Baked Beans Fruit	<b>18</b>
<b>19</b> <i>National Pancake Week</i>	<b>20</b> Chili or White Chicken Chili Cheese, Fritos Cornbread Fruit	<b>21</b> Baked Potato Bar Ham, Broccoli, Alfredo Bacon, Cheese Fruit	<b>22</b> Chicken or Cheese Quesadilla Mexican Rice Fruit	<b>23</b> Turkey Deli Sandwich Sweet Potato Wedges Fruit	<b>24</b> Chicken Noodle Soup Muffin Fruit	<b>25</b>	
	<b>26</b>	<b>27</b> Garlic Parmesan Chicken Rice Pilaf Mixed Veggies Fruit	<b>28</b> Pasta Bar Alfredo, Marinara Garlic Bread, Pesto Fruit, <b>Only Juniors</b>				
<b>Harvest of the Month: Potatoes &amp; Sweet Potatoes</b> 							

**All Meals Include:** Salad Bar: assortment of fresh fruits and vegetables, canned fruits and school made salads w/wg bread

1% White and Skim Chocolate Milk ( we serve hormone free milk)

**"This Institution is an Equal Opportunity Provider"**

**Middle & High Student Lunch Prices:**  
**Full: \$2.95    Reduced: \$.40**  
**Elementary Lunch Prices: \$2.40**  
**Adult: \$4.25**

**ALL MENUS SUBJECT TO CHANGE:**

**High School: 373-6188 ext 118**  
 Lori Fibert, Dan Gunderson

**Middle & Elementary School:**  
**373-6199 ext 217**

Rena Arseneau, Diane Schillinger, Jim Schaiterger