





September 2021 – East Webster Elementary Breakfast Menu Pre-K & K4

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mini Waffles Syrup Assorted Fruit Juice Unflavored Milk	2 Sausage Patty & Biscuit Jelly Variety of Fruit Unflavored Milk	3 Breakfast Burrito Salsa Assorted Fruit Juice Unflavored Milk
6  LABOR DAY	7 Assorted Breakfast Breads Assorted Fruit Juice Unflavored Milk	8 Ham & Biscuit Variety of Fruit Unflavored Milk	9 Grilled Cheese Sandwich Assorted Fruit Juice Unflavored Milk	10 Biscuit String Cheese Variety of Fruit Unflavored Milk
13 Pancake on a Stick Syrup Assorted Fruit Juice Unflavored Milk	14 Chicken Patty & Biscuit Jelly Variety of Fruit Unflavored Milk	15 Scrambled Eggs & Biscuit Jelly Assorted Fruit Juice Unflavored Milk	16 Yogurt Dick & Jane Cookies Variety of Fruit Unflavored Milk	17 Assorted Breakfast Pastries Assorted Fruit Juice Unflavored Milk
20 Bacon & Biscuit Jelly Assorted Fruit Juice Unflavored Milk	21 Cinnamon Toast Crunch Cereal Variety of Fruit Unflavored Milk	22 Biscuit & Jelly String Cheese Variety of Fruit Unflavored Milk	23 Breakfast Pizza Assorted Fruit Juice Unflavored Milk	24 Assorted Breakfast Muffins/Muffin Loaves Assorted Fruit Juice Unflavored Milk
27 Mini Pancakes syrup Assorted Fruit Juice Unflavored Milk	28 Cheese Omelet & Biscuit Jelly Assorted Fruit Juice Unflavored Milk	29 Breakfast Burrito Salsa Variety of Fruit Unflavored Milk	30 Biscuit & Jelly String Cheese Variety of Fruit Unflavored Milk	*This institution is an equal opportunity provider


September 2021 – East Webster Elementary Breakfast Menu K thru 5th

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p style="text-align: center;">Mini Waffles</p> <p style="text-align: center;">Syrup</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>2</p> <p style="text-align: center;">Sausage Patty & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>3</p> <p style="text-align: center;">Breakfast Burrito</p> <p style="text-align: center;">Salsa</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>
<p>6</p> <div style="text-align: center;">  <p>LABOR DAY</p> </div>	<p>7</p> <p style="text-align: center;">Assorted Breakfast Breads</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>8</p> <p style="text-align: center;">Ham & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>9</p> <p style="text-align: center;">Grilled Cheese Sandwich</p> <p style="text-align: center;">Bacon Slices</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>10</p> <p style="text-align: center;">Sausage Patty & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>
<p>13</p> <p style="text-align: center;">Pancake on a Stick</p> <p style="text-align: center;">Syrup</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>14</p> <p style="text-align: center;">Chicken Patty & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>15</p> <p style="text-align: center;">Scrambled Eggs, Sausage Patty & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>16</p> <p style="text-align: center;">Yogurt (Parfait)</p> <p style="text-align: center;">Dick & Jane Cookies (Granola)</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>17</p> <p style="text-align: center;">Assorted Breakfast Pastries</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>
<p>20</p> <p style="text-align: center;">Bacon & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>21</p> <p style="text-align: center;">Cinnamon Toast Crunch Pastry</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>22</p> <p style="text-align: center;">Sausage Patty & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>23</p> <p style="text-align: center;">Breakfast Pizza</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>24</p> <p style="text-align: center;">Assorted Breakfast Muffins/Muffin Loaves</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>
<p>27</p> <p style="text-align: center;">Mini Pancakes</p> <p style="text-align: center;">syrup</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>28</p> <p style="text-align: center;">Cheese Omelet & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>29</p> <p style="text-align: center;">Breakfast Burrito</p> <p style="text-align: center;">Salsa</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p>30</p> <p style="text-align: center;">Sausage Patty & Biscuit</p> <p style="text-align: center;">Jelly</p> <p style="text-align: center;">Variety of Fruit/Juice</p> <p style="text-align: center;">Variety of Milk</p>	<p style="text-align: center;">*This institution is an equal opportunity provider</p>

***Sausage Biscuit is another choice most everyday**



***Dry Cereal/Cereal Bar/Toaster Pastry is also available as a choice everyday**

September 2021 – East Webster Elementary Lunch Menu – Pre-K & K4

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Ham & Cheese Sandwich Sweet Potato Fries Seasoned Green Beans Fresh Fruit Chilled Peaches Unflavored Milk	2 Chicken Spaghetti Roll Green Peas Tossed Salad w/Dressing Chilled Mandarin Oranges Fresh Fruit Unflavored Milk	3 Sloppy Joe French Fries Carrots & Dip Manager's Choice Fruit Manager's Choice Fruit Unflavored Milk
 LABOR DAY	7 Manager's Choice Pizza Tomatoes, Carrots & Dip Lima Beans Bagged Fruit Slush Chilled Mandarin Oranges Unflavored Milk	8 BBQ Nachos Coleslaw Whole Kernel Corn Chilled Pears Chilled Peaches Unflavored Milk	9 Hamburger Steak & Gravy Roll Mashed Potato & Gravy Green Peas Strawberry Cup Applesauce Unflavored Milk	10 Manager's Choice Sandwich Tater Tots Broccoli Salad Manager's Choice Fruit Manager's Choice Fruit Unflavored Milk
13 Pepperoni Pizza Crinkle Cut Fries Steamed Baby Carrots Rosey Applesauce Chilled Pineapple Tidbits Unflavored Milk	14 Scrambled Eggs Sausage Patty Bacon (2) Biscuit (2 oz) Country Gravy Hashbrowns (2) Assorted Veggie Juices Chilled Mixed Fruit Fresh Fruit Unflavored Milk	15 BBQ Chicken Roll Potato Salad Baked Beans Fresh Fruit Chilled Peaches Unflavored Milk	16 Italian Entree Garlic Toast Tossed Salad w/Dressing Seasoned Summer Squash Chilled Mandarin Oranges Fresh Fruit Unflavored Milk	17 Bacon Cheeseburger Quick Baked Potato Broccoli Florettes & Dip Manager's Choice Fruit Fruit Crisp Unflavored Milk
20 Ham, Turkey & Cheese Croissant Crinkle Cut Fries Glazed Carrots Fruit Cocktail Chilled Pineapple Tidbits Unflavored Milk	21 Loaded Chicken Fajita Baked Potato Salsa Baked Tostitos Whole Kernel Corn Chilled Applesauce Fresh Fruit Unflavored Milk	22 Chili Cheese Fries Assorted Veggie Juice Chilled Peaches Fresh Fruit Rice Krispie Treat Unflavored Milk	23 Chicken Nuggets Roll Mashed Potato & Gravy Seasoned Green Beans Chilled Pears Fresh Fruit Unflavored Milk	24 Country Fried Steak Sandwich Cheesy Broccoli Baby Carrots w/dip Manager's Choice Fruit Manager's Choice Fruit Unflavored Milk
27 Chicken Drumstick Roll Cheesy Diced Potatoes Green Peas Chilled Mandarin Oranges Bagged Fruit Slush Unflavored Milk	28 Stuffed Crust Pizza Quick Baked Potato Glazed Baby Carrots Fresh Fruit Chilled Peaches Unflavored Milk	29 Chicken Sandwich Seasoned Potato Wedges Broccoli Salad Applesauce Fresh Fruit Unflavored Milk	30 Southwest Dip & Chips Guacamole Refried Beans Tossed Salad & Dressing Fresh Fruit Chilled Blushing Pears Unflavored Milk	*This institution is an equal opportunity provider

*** Hamburger and French Fries/Chips are second choice everyday**

September 2021 – East Webster Elementary Lunch Menu – K thru 5th

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Ham & Cheese Sandwich Sweet Potato Fries Seasoned Green Beans Fresh Fruit Chilled Peaches Variety of Milk	2 Chicken Spaghetti Roll Green Peas Tossed Salad w/Dressing Chilled Mandarin Oranges Fresh Fruit Variety of Milk	3 Sloppy Joe French Fries Carrots & Dip Manager's Choice Fruit Manager's Choice Fruit Variety of Milk
6		7 Manager's Choice Pizza Tomatoes, Carrots & Dip Lima Beans Bagged Fruit Slush Chilled Mandarin Oranges Variety of Milk	8 BBQ Nachos Coleslaw Whole Kernel Corn Chilled Pears Chilled Peaches Variety of Milk	9 Hamburger Steak & Gravy Roll Mashed Potato & Gravy Green Peas Strawberry Cup Applesauce Variety of Milk
13	14 Scrambled Eggs Sausage Patty Bacon (2) Biscuit (2 oz) Country Gravy Hashbrowns (2) Assorted Veggie Juices Chilled Mixed Fruit Fresh Fruit Variety of Milk	15 BBQ Chicken Roll Potato Salad Baked Beans Fresh Fruit Chilled Peaches Variety of Milk	16 Italian Entree Garlic Toast Tossed Salad w/Dressing Seasoned Summer Squash Chilled Mandarin Oranges Fresh Fruit Variety of Milk	17 Bacon Cheeseburger Quick Baked Potato Broccoli Florettes & Dip Manager's Choice Fruit Fruit Crisp Variety of Milk
20	21 Loaded Chicken Fajita Baked Potato Salsa Baked Tostitos Whole Kernel Corn Chilled Applesauce Fresh Fruit Variety of Milk	22 Chili Cheese Fries Assorted Veggie Juice Chilled Peaches Fresh Fruit Rice Krispie Treat Variety of Milk	23 Chicken Nuggets Roll Mashed Potato & Gravy Seasoned Green Beans Chilled Pears Fresh Fruit Variety of Milk	24 Country Fried Steak Sandwich Cheesy Broccoli Baby Carrots w/dip Manager's Choice Fruit Manager's Choice Fruit Variety of Milk Chocolate Chip Cookie
27	28 Stuffed Crust Pizza Quick Baked Potato Glazed Baby Carrots Fresh Fruit Chilled Peaches Variety of Milk Low Fat Pudding	29 Chicken Sandwich Seasoned Potato Wedges Broccoli Salad Applesauce Fresh Fruit Variety of Milk	30 Southwest Dip & Chips Guacamole Refried Beans Tossed Salad & Dressing Fresh Fruit Chilled Blushing Pears Variety of Milk	<p>*This institution is an equal opportunity provider</p>

* **Hamburger and French Fries/Chips are second choice most everyday**
 * **An Entree Salad or Loaded Potato is another choice most everyday**



September 2021 – East Webster High School Breakfast Menu 6th thru 12th

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	2 Fruit & Yogurt Parfait Granola Variety of Fruit/Juice Variety of Milk	3 French Toast Sticks Syrup Variety of Fruit/Juice Variety of Milk
6  LABOR DAY	7 Assorted Breakfast Breads Variety of Fruit/Juice Variety of Milk	8 Ham & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	9 Grilled Cheese Sandwich Bacon Slices Variety of Fruit/Juice Variety of Milk	10 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk
13 Pancake on a Stick Syrup Variety of Fruit/Juice Variety of Milk	14 Chicken Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	15 Scrambled Eggs, Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	16 Yogurt (Parfait) Dick & Jane Cookies (Granola) Variety of Fruit/Juice Variety of Milk	17 Assorted Breakfast Pastries Variety of Fruit/Juice Variety of Milk
20 Bacon & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	21 Cinnamon Toast Crunch Pastry Variety of Fruit/Juice Variety of Milk	22 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	23 Breakfast Pizza Variety of Fruit/Juice Variety of Milk	24 Assorted Breakfast Muffins/Muffin Loaves Variety of Fruit/Juice Variety of Milk
27 Mini Pancakes syrup Variety of Fruit/Juice Variety of Milk	28 Cheese Omelet & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	29 Breakfast Burrito Salsa Variety of Fruit/Juice Variety of Milk	30 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	*This institution is an equal opportunity provider

*** Sausage Biscuit is another choice most everyday**

*** Dry Cereal/Cereal Bar/Toaster Pastry is also available as a choice everyday**

September 2021 – East Webster High School Lunch Menu – 6th thru 8th

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p style="text-align: center;">Chicken Strips Roll</p> <p>Mashed Potato & Gravy Lima Beans Fresh Fruit Applesauce Pouch Variety of Milk Gelatin w/Whipped Topping</p>	<p>2</p> <p style="text-align: center;">Ham & Cheese Croissant</p> <p style="text-align: center;">French Fries Seasoned Green Beans Manager's Choice Fruit Fresh Fruit Variety of Milk</p>	<p>3</p> <p style="text-align: center;">Chicken Spaghetti Roll</p> <p>Tossed Salad w/Dressing Green Peas Mandarin Oranges Chilled Pears Variety of Milk</p>
<p>6</p>  <p style="text-align: center;">LABOR DAY</p>	<p>7</p> <p style="text-align: center;">Manager's Choice Pizza</p> <p>Tomatoes, Carrots & Dip Lima Beans Bagged Fruit Slush Chilled Mandarin Oranges Variety of Milk</p>	<p>8</p> <p style="text-align: center;">BBQ Nachos</p> <p style="text-align: center;">Coleslaw Whole Kernel Corn Chilled Pears Chilled Peaches Variety of Milk</p>	<p>9</p> <p style="text-align: center;">Hamburger Steak & Gravy Roll</p> <p>Mashed Potato & Gravy Green Peas Strawberry Cup Applesauce Variety of Milk</p>	<p>10</p> <p style="text-align: center;">Sloppy Joe</p> <p style="text-align: center;">Tater Tots Broccoli Salad Manager's Choice Fruit Manager's Choice Fruit Variety of Milk</p>
<p>13</p> <p style="text-align: center;">Pepperoni Pizza</p> <p>Crinkle Cut Fries Steamed Baby Carrots Rosey Applesauce Chilled Pineapple Tidbits Variety of Milk</p>	<p>14</p> <p style="text-align: center;">Scrambled Eggs Sausage Patty Bacon (2) Biscuit (2 oz) Country Gravy Hashbrowns (2) Assorted Veggie Juices Chilled Mixed Fruit Fresh Fruit Variety of Milk</p>	<p>15</p> <p style="text-align: center;">BBQ Chicken Roll</p> <p>Potato Salad Baked Beans Fresh Fruit Chilled Peaches Variety of Milk</p>	<p>16</p> <p style="text-align: center;">Italian Entree Garlic Toast</p> <p>Tossed Salad w/Dressing Seasoned Summer Squash Chilled Mandarin Oranges Fresh Fruit Variety of Milk</p>	<p>17</p> <p style="text-align: center;">Bacon Cheeseburger</p> <p>Quick Baked Potato Broccoli Florettes & Dip Manager's Choice Fruit Fruit Crisp Variety of Milk</p>
<p>20</p> <p style="text-align: center;">Ham, Turkey & Cheese Croissant</p> <p>Crinkle Cut Fries Glazed Carrots Fruit Cocktail Chilled Pineapple Tidbits Variety of Milk</p>	<p>21</p> <p style="text-align: center;">Loaded Chicken Fajita Baked Potato Salsa Baked Tostitos Whole Kernel Corn Chilled Applesauce Fresh Fruit Variety of Milk</p>	<p>22</p> <p style="text-align: center;">Chili Cheese Fries</p> <p>Assorted Veggie Juice Chilled Peaches Fresh Fruit Rice Krispie Treat Variety of Milk</p>	<p>23</p> <p style="text-align: center;">Chicken Nuggets Roll</p> <p>Mashed Potato & Gravy Seasoned Green Beans Chilled Pears Fresh Fruit Variety of Milk</p>	<p>24</p> <p style="text-align: center;">Country Fried Steak Sandwich</p> <p>Cheesy Broccoli Baby Carrots w/dip Manager's Choice Fruit Manager's Choice Fruit Variety of Milk Chocolate Chip Cookie</p>
<p>27</p> <p style="text-align: center;">Chicken Drumstick Roll</p> <p>Cheesy Diced Potatoes Green Peas Chilled Mandarin Oranges Bagged Fruit Slush Variety of Milk</p>	<p>28</p> <p style="text-align: center;">Stuffed Crust Pizza</p> <p>Quick Baked Potato Glazed Baby Carrots Fresh Fruit Chilled Peaches Variety of Milk Low Fat Pudding</p>	<p>29</p> <p style="text-align: center;">Chicken Sandwich</p> <p>Seasoned Potato Wedges Broccoli Salad Applesauce Fresh Fruit Variety of Milk</p>	<p>30</p> <p style="text-align: center;">Southwest Dip & Chips Guacamole</p> <p>Refried Beans Tossed Salad & Dressing Fresh Fruit Chilled Blushing Pears Variety of Milk</p>	<p style="text-align: center;">*This institution is an equal opportunity provider</p>

*** Hamburger and French Fries/Chips are second choice most everyday**

*** An Entree Salad or Loaded Potato is another choice most everyday**



September 2021 – East Webster High School Lunch Menu – 9th thru 12th

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Strips Roll Mashed Potato & Gravy Lima Beans Fresh Fruit Applesauce Pouch Variety of Milk Gelatin w/Whipped Topping	2 Ham & Cheese Croissant French Fries Seasoned Green Beans Manager's Choice Fruit Fresh Fruit Variety of Milk	3 Chicken Spaghetti Roll Tossed Salad w/Dressing Green Peas Mandarin Oranges Chilled Pears Variety of Milk
6  LABOR DAY	7 Manager's Choice Pizza Tomatoes, Carrots & Dip Lima Beans Bagged Fruit Slush Chilled Mandarin Oranges Variety of Milk	8 BBQ Nachos Coleslaw Whole Kernel Corn Chilled Pears Chilled Peaches Variety of Milk	9 Hamburger Steak & Gravy Roll Mashed Potato & Gravy Green Peas Strawberry Cup Applesauce Variety of Milk	10 Sloppy Joe Tater Tots Broccoli Salad Manager's Choice Fruit Manager's Choice Fruit Variety of Milk
13 Pepperoni Pizza Crinkle Cut Fries Steamed Baby Carrots Rosey Applesauce Chilled Pineapple Tidbits Variety of Milk	14 Scrambled Eggs Sausage Patty Bacon (2) Biscuit (2 oz) Country Gravy Hashbrowns (2) Assorted Veggie Juices Chilled Mixed Fruit Fresh Fruit Variety of Milk	15 BBQ Chicken Roll Potato Salad Baked Beans Fresh Fruit Chilled Peaches Variety of Milk	16 Italian Entree Garlic Toast Tossed Salad w/Dressing Seasoned Summer Squash Chilled Mandarin Oranges Fresh Fruit Variety of Milk	17 Bacon Cheeseburger Quick Baked Potato Broccoli Florettes & Dip Manager's Choice Fruit Fruit Crisp Variety of Milk
20 Ham, Turkey & Cheese Croissant Crinkle Cut Fries Glazed Carrots Fruit Cocktail Chilled Pineapple Tidbits Variety of Milk	21 Loaded Chicken Fajita Baked Potato Salsa Baked Tostitos Whole Kernel Corn Chilled Applesauce Fresh Fruit Variety of Milk	22 Chili Cheese Fries Assorted Veggie Juice Chilled Peaches Fresh Fruit Rice Krispie Treat Variety of Milk	23 Chicken Nuggets Roll Mashed Potato & Gravy Seasoned Green Beans Chilled Pears Fresh Fruit Variety of Milk	24 Country Fried Steak Sandwich Cheesy Broccoli Baby Carrots w/dip Manager's Choice Fruit Manager's Choice Fruit Variety of Milk Chocolate Chip Cookie
27 Chicken Drumstick Roll Cheesy Diced Potatoes Green Peas Chilled Mandarin Oranges Bagged Fruit Slush Variety of Milk	28 Stuffed Crust Pizza Quick Baked Potato Glazed Baby Carrots Fresh Fruit Chilled Peaches Variety of Milk Low Fat Pudding	29 Chicken Sandwich Seasoned Potato Wedges Broccoli Salad Applesauce Fresh Fruit Variety of Milk	30 Southwest Dip & Chips Guacamole Refried Beans Tossed Salad & Dressing Fresh Fruit Chilled Blushing Pears Variety of Milk	*This institution is an equal opportunity provider

* Hamburger and French Fries/Chips are second choice most everyday

* An Entree Salad or Loaded Potato is another choice most everyday

September 2021 – Eupora Elementary Breakfast Menu Pre-K & K4


Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mini Waffles Syrup Assorted Fruit Juice Unflavored Milk	2 Sausage Patty & Biscuit Jelly Variety of Fruit Unflavored Milk	3 Breakfast Burrito Salsa Assorted Fruit Juice Unflavored Milk
6  LABOR DAY	7 Assorted Breakfast Breads Assorted Fruit Juice Unflavored Milk	8 Ham & Biscuit Variety of Fruit Unflavored Milk	9 Grilled Cheese Sandwich Assorted Fruit Juice Unflavored Milk	10 Biscuit String Cheese Variety of Fruit Unflavored Milk
13 Pancake on a Stick Syrup Assorted Fruit Juice Unflavored Milk	14 Chicken Patty & Biscuit Jelly Variety of Fruit Unflavored Milk	15 Scrambled Eggs & Biscuit Jelly Assorted Fruit Juice Unflavored Milk	16 Yogurt Dick & Jane Cookies Variety of Fruit Unflavored Milk	17 Assorted Breakfast Pastries Assorted Fruit Juice Unflavored Milk
20 Bacon & Biscuit Jelly Assorted Fruit Juice Unflavored Milk	21 Cinnamon Toast Crunch Cereal Variety of Fruit Unflavored Milk	22 Biscuit & Jelly String Cheese Assorted Fruit Unflavored Milk	23 Breakfast Pizza Assorted Fruit Juice Unflavored Milk	24 Assorted Breakfast Muffins/Muffin Loaves Assorted Fruit Juice Unflavored Milk
27 Mini Pancakes syrup Assorted Fruit Juice Unflavored Milk	28 Cheese Omelet & Biscuit Jelly Assorted Fruit Juice Unflavored Milk	29 Breakfast Burrito Salsa Variety of Fruit Unflavored Milk	30 Biscuit & Jelly String Cheese Variety of Fruit Unflavored Milk	*This institution is an equal opportunity provider

September 2021 – Eupora Elementary Breakfast Menu K thru 5th

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mini Waffles Syrup Variety of Fruit/Juice Variety of Milk	2 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	3 Breakfast Burrito Salsa Variety of Fruit/Juice Variety of Milk
6  LABOR DAY	7 Assorted Breakfast Breads Variety of Fruit/Juice Variety of Milk	8 Ham & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	9 Grilled Cheese Sandwich Bacon Slices Variety of Fruit/Juice Variety of Milk	10 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk
13 Pancake on a Stick Syrup Variety of Fruit/Juice Variety of Milk	14 Chicken Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	15 Scrambled Eggs, Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	16 Yogurt (Parfait) Dick & Jane Cookies (Granola) Variety of Fruit/Juice Variety of Milk	17 Assorted Breakfast Pastries Variety of Fruit/Juice Variety of Milk
20 Bacon & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	21 Cinnamon Toast Crunch Pastry Variety of Fruit/Juice Variety of Milk	22 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	23 Breakfast Pizza Variety of Fruit/Juice Variety of Milk	24 Assorted Breakfast Muffins/Muffin Loaves Variety of Fruit/Juice Variety of Milk
27 Mini Pancakes syrup Variety of Fruit/Juice Variety of Milk	28 Cheese Omelet & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	29 Breakfast Burrito Salsa Variety of Fruit/Juice Variety of Milk	30 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	*This institution is an equal opportunity provider



***Sausage Biscuit is another choice most everyday
*Dry Cereal/Cereal Bar/Toaster Pastry is also available as a choice everyday**

September 2021 – Eupora Elementary Lunch Menu – Pre-K & K4

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Cheesy French Bread Pizza Marinara Sauce</p> <p>Whole Kernel Corn Cheesy Broccoli Fresh Fruit Chilled Mandarin Oranges Unflavored Milk</p>	<p>2</p> <p>Chicken Spaghetti Roll</p> <p>Glazed Carrots Tossed Salad w/Dressing Assorted Fruit Freeze Fresh Fruit Unflavored Milk</p>	<p>3</p> <p>Ham & Cheese Sandwich</p> <p>Sweet Potato Fries Seasoned Green Beans Manager's Choice Fruit Manager's Choice Fruit Unflavored Milk</p>
<p>6</p>  <p>LABOR DAY</p>	<p>7</p> <p>Manager's Choice Pizza</p> <p>Tomatoes, Carrots & Dip Lima Beans Bagged Fruit Slush Chilled Mandarin Oranges Unflavored Milk</p>	<p>8</p> <p>BBQ Nachos</p> <p>Coleslaw Whole Kernel Corn Chilled Pears Chilled Peaches Unflavored Milk</p>	<p>9</p> <p>Hamburger Steak & Gravy Roll</p> <p>Mashed Potato & Gravy Green Peas Strawberry Cup Applesauce Unflavored Milk</p>	<p>10</p> <p>Sloppy Joe</p> <p>Tater Tots Broccoli Salad Manager's Choice Fruit Manager's Choice Fruit Unflavored Milk</p>
<p>13</p> <p>Pepperoni Pizza</p> <p>Crinkle Cut Fries Steamed Baby Carrots Rosey Applesauce Chilled Pineapple Tidbits Unflavored Milk</p>	<p>14</p> <p>Scrambled Eggs Sausage Patty Bacon (2) Biscuit (2 oz) Country Gravy Hashbrowns (2) Assorted Veggie Juices Chilled Mixed Fruit Fresh Fruit Unflavored Milk</p>	<p>15</p> <p>BBQ Chicken Roll</p> <p>Potato Salad Baked Beans Fresh Fruit Chilled Peaches Unflavored Milk</p>	<p>16</p> <p>Italian Entree Garlic Toast</p> <p>Tossed Salad w/Dressing Seasoned Summer Squash Chilled Mandarin Oranges Fresh Fruit Unflavored Milk</p>	<p>17</p> <p>Bacon Cheeseburger</p> <p>Quick Baked Potato Broccoli Florettes & Dip Manager's Choice Fruit Fruit Crisp Unflavored Milk</p>
<p>20</p> <p>Ham, Turkey & Cheese Croissant</p> <p>Crinkle Cut Fries Glazed Carrots Fruit Cocktail Chilled Pineapple Tidbits Unflavored Milk</p>	<p>21</p> <p>Loaded Chicken Fajita Baked Potato Salsa Baked Tostitos Whole Kernel Corn Chilled Applesauce Fresh Fruit Unflavored Milk</p>	<p>22</p> <p>Chili Cheese Fries</p> <p>Assorted Veggie Juice Chilled Peaches Fresh Fruit Rice Krispie Treat Unflavored Milk</p>	<p>23</p> <p>Chicken Nuggets Roll</p> <p>Mashed Potato & Gravy Seasoned Green Beans Chilled Pears Fresh Fruit Unflavored Milk</p>	<p>24</p> <p>Country Fried Steak Sandwich</p> <p>Cheesy Broccoli Baby Carrots w/dip Manager's Choice Fruit Manager's Choice Fruit Unflavored Milk</p>
<p>27</p> <p>Chicken Drumstick Roll</p> <p>Cheesy Diced Potatoes Green Peas Chilled Mandarin Oranges Bagged Fruit Slush Unflavored Milk</p>	<p>28</p> <p>Stuffed Crust Pizza</p> <p>Quick Baked Potato Glazed Baby Carrots Fresh Fruit Chilled Peaches Unflavored Milk</p>	<p>29</p> <p>Chicken Sandwich</p> <p>Seasoned Potato Wedges Broccoli Salad Applesauce Fresh Fruit Unflavored Milk</p>	<p>30</p> <p>Southwest Dip & Chips Guacamole</p> <p>Refried Beans Tossed Salad & Dressing Fresh Fruit Chilled Blushing Pears Unflavored Milk</p>	<p>*This institution is an equal opportunity provider</p>

*** Hamburger and French Fries/Chips are second choice everyday**



September 2021 – Eupora Elementary Lunch Menu – K thru 5th

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Cheesy French Bread Pizza Marinara Sauce</p> <p>Whole Kernel Corn Cheesy Broccoli Fresh Fruit Chilled Mandarin Oranges Variety of Milk</p>	<p>2</p> <p>Chicken Spaghetti Roll</p> <p>Glazed Carrots Tossed Salad w/Dressing Assorted Fruit Freeze Fresh Fruit Variety of Milk</p>	<p>3</p> <p>Ham & Cheese Sandwich</p> <p>Sweet Potato Fries Seasoned Green Beans Manager's Choice Fruit Manager's Choice Fruit Variety of Milk</p>
<p>6</p>  <p style="text-align: center;">LABOR DAY</p>	<p>7</p> <p>Manager's Choice Pizza</p> <p>Tomatoes, Carrots & Dip Lima Beans Bagged Fruit Slush Chilled Mandarin Oranges Variety of Milk</p>	<p>8</p> <p>BBQ Nachos</p> <p>Coleslaw Whole Kernel Corn Chilled Pears Chilled Peaches Variety of Milk</p>	<p>9</p> <p>Hamburger Steak & Gravy Roll</p> <p>Mashed Potato & Gravy Green Peas Strawberry Cup Applesauce Variety of Milk</p>	<p>10</p> <p>Sloppy Joe</p> <p>Tater Tots Broccoli Salad Manager's Choice Fruit Manager's Choice Fruit Variety of Milk</p>
<p>13</p> <p>Pepperoni Pizza</p> <p>Crinkle Cut Fries Steamed Baby Carrots Rosey Applesauce Chilled Pineapple Tidbits Variety of Milk</p>	<p>14</p> <p>Scrambled Eggs Sausage Patty Bacon (2) Biscuit (2 oz) Country Gravy Hashbrowns (2) Assorted Veggie Juices Chilled Mixed Fruit Fresh Fruit Variety of Milk</p>	<p>15</p> <p>BBQ Chicken Roll</p> <p>Potato Salad Baked Beans Fresh Fruit Chilled Peaches Variety of Milk</p>	<p>16</p> <p>Italian Entree Garlic Toast</p> <p>Tossed Salad w/Dressing Seasoned Summer Squash Chilled Mandarin Oranges Fresh Fruit Variety of Milk</p>	<p>17</p> <p>Bacon Cheeseburger</p> <p>Quick Baked Potato Broccoli Florettes & Dip Manager's Choice Fruit Fruit Crisp Variety of Milk</p>
<p>20</p> <p>Ham, Turkey & Cheese Croissant</p> <p>Crinkle Cut Fries Glazed Carrots Fruit Cocktail Chilled Pineapple Tidbits Variety of Milk</p>	<p>21</p> <p>Loaded Chicken Fajita Baked Potato Salsa Baked Tostitos Whole Kernel Corn Chilled Applesauce Fresh Fruit Variety of Milk</p>	<p>22</p> <p>Chili Cheese Fries</p> <p>Assorted Veggie Juice Chilled Peaches Fresh Fruit Rice Krispie Treat Variety of Milk</p>	<p>23</p> <p>Chicken Nuggets Roll</p> <p>Mashed Potato & Gravy Seasoned Green Beans Chilled Pears Fresh Fruit Variety of Milk</p>	<p>24</p> <p>Country Fried Steak Sandwich</p> <p>Cheesy Broccoli Baby Carrots w/dip Manager's Choice Fruit Manager's Choice Fruit Variety of Milk Chocolate Chip Cookie</p>
<p>27</p> <p>Chicken Drumstick Roll</p> <p>Cheesy Diced Potatoes Green Peas Chilled Mandarin Oranges Bagged Fruit Slush Variety of Milk</p>	<p>28</p> <p>Stuffed Crust Pizza</p> <p>Quick Baked Potato Glazed Baby Carrots Fresh Fruit Chilled Peaches Variety of Milk Low Fat Pudding</p>	<p>29</p> <p>Chicken Sandwich</p> <p>Seasoned Potato Wedges Broccoli Salad Applesauce Fresh Fruit Variety of Milk</p>	<p>30</p> <p>Southwest Dip & Chips Guacamole</p> <p>Refried Beans Tossed Salad & Dressing Fresh Fruit Chilled Blushing Pears Variety of Milk</p>	<p>*This institution is an equal opportunity provider</p>

*** Hamburger and French Fries/Chips are second choice most everyday**

*** An Entree Salad or Loaded Potato is another choice most everyday**



September 2021 – Eupora High School Breakfast Menu 6th thru 12th

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	2 Fruit Frudel Variety of Fruit/Juice Variety of Milk	3 Chicken Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk
6  LABOR DAY	7 Assorted Breakfast Breads Variety of Fruit/Juice Variety of Milk	8 Ham & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	9 Grilled Cheese Sandwich Bacon Slices Variety of Fruit/Juice Variety of Milk	10 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk
13 Pancake on a Stick Syrup Variety of Fruit/Juice Variety of Milk	14 Chicken Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	15 Scrambled Eggs, Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	16 Yogurt (Parfait) Dick & Jane Cookies (Granola) Variety of Fruit/Juice Variety of Milk	17 Assorted Breakfast Pastries Variety of Fruit/Juice Variety of Milk
20 Bacon & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	21 Cinnamon Toast Crunch Pastry Variety of Fruit/Juice Variety of Milk	22 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	23 Breakfast Pizza Variety of Fruit/Juice Variety of Milk	24 Assorted Breakfast Muffins/Muffin Loaves Variety of Fruit/Juice Variety of Milk
27 Mini Pancakes syrup Variety of Fruit/Juice Variety of Milk	28 Cheese Omelet & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	29 Breakfast Burrito Salsa Variety of Fruit/Juice Variety of Milk	30 Sausage Patty & Biscuit Jelly Variety of Fruit/Juice Variety of Milk	*This institution is an equal opportunity provider

*** Sausage Biscuit is another choice most everyday**


***Dry Cereal/Cereal Bar/Toaster Pastry is also available as a choice everyday**

September 2021 – Eupora High School Lunch Menu – 6th thru 8th

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Ham & Cheese Croissant Sweet Potato Fries Seasoned Green Beans Chilled Peaches Fresh Fruit Variety of Milk	2 Chicken Spaghetti Roll Tossed Salad w/Dressing Green Peas Mandarin Oranges Chilled Pears Variety of Milk	3 Chili Cheese Fries Baby Carrots & Dip Chilled Pineapple Fruit Juice Variety of Milk
6  LABOR DAY	7 Manager's Choice Pizza Tomatoes, Carrots & Dip Lima Beans Bagged Fruit Slush Chilled Mandarin Oranges Variety of Milk	8 BBQ Nachos Coleslaw Whole Kernel Corn Chilled Pears Chilled Peaches Variety of Milk	9 Hamburger Steak & Gravy Roll Mashed Potato & Gravy Green Peas Strawberry Cup Applesauce Variety of Milk	10 Manager's Choice Sandwich Tater Tots Broccoli Salad Manager's Choice Fruit Manager's Choice Fruit Variety of Milk
13 Pepperoni Pizza Crinkle Cut Fries Steamed Baby Carrots Rosey Applesauce Chilled Pineapple Tidbits Variety of Milk	14 Scrambled Eggs Sausage Patty Bacon (2) Biscuit (2 oz) Country Gravy Hashbrowns (2) Assorted Veggie Juices Chilled Mixed Fruit Fresh Fruit Variety of Milk	15 BBQ Chicken Roll Potato Salad Baked Beans Fresh Fruit Chilled Peaches Variety of Milk	16 Italian Entree Garlic Toast Tossed Salad w/Dressing Seasoned Summer Squash Chilled Mandarin Oranges Fresh Fruit Variety of Milk	17 Bacon Cheeseburger Quick Baked Potato Broccoli Florettes & Dip Manager's Choice Fruit Fruit Crisp Variety of Milk
20 Ham, Turkey & Cheese Croissant Crinkle Cut Fries Glazed Carrots Fruit Cocktail Chilled Pineapple Tidbits Variety of Milk	21 Loaded Chicken Fajita Baked Potato Salsa Baked Tostitos Whole Kernel Corn Chilled Applesauce Fresh Fruit Variety of Milk	22 Chili Cheese Chips Assorted Veggie Juice Cucumber Sticks & Dip Chilled Peaches Fresh Fruit Variety of Milk	23 Chicken Nuggets Roll Mashed Potato & Gravy Seasoned Green Beans Chilled Pears Fresh Fruit Variety of Milk	24 Country Fried Steak Sandwich Cheesy Broccoli Baby Carrots w/dip Manager's Choice Fruit Manager's Choice Fruit Variety of Milk Chocolate Chip Cookie
27 Chicken Drumstick Roll Cheesy Diced Potatoes Green Peas Chilled Mandarin Oranges Bagged Fruit Slush Variety of Milk	28 Stuffed Crust Pizza Quick Baked Potato Glazed Baby Carrots Fresh Fruit Chilled Peaches Variety of Milk Low Fat Pudding	29 Chicken Sandwich Seasoned Potato Wedges Broccoli Salad Applesauce Fresh Fruit Variety of Milk	30 Southwest Dip & Chips Guacamole Refried Beans Tossed Salad & Dressing Fresh Fruit Chilled Blushing Pears Variety of Milk	*This institution is an equal opportunity provider

*** Hamburger and French Fries/Chips are second choice most everyday**
*** An Entree Salad or Loaded Potato is another choice most everyday**

September 2021 – East Webster High School Lunch Menu – 9th thru 12th

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Ham & Cheese Croissant Sweet Potato Fries Seasoned Green Beans Chilled Peaches Fresh Fruit Variety of Milk	2 Chicken Spaghetti Roll Tossed Salad w/Dressing Green Peas Mandarin Oranges Chilled Pears Variety of Milk	3 Chili Cheese Fries Baby Carrots & Dip Chilled Pineapple Fruit Juice Variety of Milk
6  LABOR DAY	7 Manager's Choice Pizza Tomatoes, Carrots & Dip Lima Beans Bagged Fruit Slush Chilled Mandarin Oranges Variety of Milk	8 BBQ Nachos Coleslaw Whole Kernel Corn Chilled Pears Chilled Peaches Variety of Milk	9 Hamburger Steak & Gravy Roll Mashed Potato & Gravy Green Peas Strawberry Cup Applesauce Variety of Milk	10 Manager's Choice Sandwich Tater Tots Broccoli Salad Manager's Choice Fruit Manager's Choice Fruit Variety of Milk
13 Pepperoni Pizza Crinkle Cut Fries Steamed Baby Carrots Rosey Applesauce Chilled Pineapple Tidbits Variety of Milk	14 Scrambled Eggs Sausage Patty Bacon (2) Biscuit (2 oz) Country Gravy Hashbrowns (2) Assorted Veggie Juices Chilled Mixed Fruit Fresh Fruit Variety of Milk	15 BBQ Chicken Roll Potato Salad Baked Beans Fresh Fruit Chilled Peaches Variety of Milk	16 Italian Entree Garlic Toast Tossed Salad w/Dressing Seasoned Summer Squash Chilled Mandarin Oranges Fresh Fruit Variety of Milk	17 Bacon Cheeseburger Quick Baked Potato Broccoli Florettes & Dip Manager's Choice Fruit Fruit Crisp Variety of Milk
20 Ham, Turkey & Cheese Croissant Crinkle Cut Fries Glazed Carrots Fruit Cocktail Chilled Pineapple Tidbits Variety of Milk	21 Loaded Chicken Fajita Baked Potato Salsa Baked Tostitos Whole Kernel Corn Chilled Applesauce Fresh Fruit Variety of Milk	22 Chili Cheese Chips Assorted Veggie Juice Cucumber Sticks & Dip Chilled Peaches Fresh Fruit Variety of Milk	23 Chicken Nuggets Roll Mashed Potato & Gravy Seasoned Green Beans Chilled Pears Fresh Fruit Variety of Milk	24 Country Fried Steak Sandwich Cheesy Broccoli Baby Carrots w/dip Manager's Choice Fruit Manager's Choice Fruit Variety of Milk Chocolate Chip Cookie
27 Chicken Drumstick Roll Cheesy Diced Potatoes Green Peas Chilled Mandarin Oranges Bagged Fruit Slush Variety of Milk	28 Stuffed Crust Pizza Quick Baked Potato Glazed Baby Carrots Fresh Fruit Chilled Peaches Variety of Milk Low Fat Pudding	29 Chicken Sandwich Seasoned Potato Wedges Broccoli Salad Applesauce Fresh Fruit Variety of Milk	30 Southwest Dip & Chips Guacamole Refried Beans Tossed Salad & Dressing Fresh Fruit Chilled Blushing Pears Variety of Milk	*This institution is an equal opportunity provider

*** Hamburger and French Fries/Chips are second choice most everyday**

***An Entree Salad or Loaded Potato is another choice most everyday**