

# May 2018

## Elementary

### BREAKFAST



This institution is an equal opportunity provider  
Breakfast is free to students only  
Adult breakfast cost is \$ 2.75  
Menus are subject to change



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. Students have the choice of White skim milk, Choc skim milk, 1% White milk



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Oatmeal Choc Chip Bar  
Breakfast Croissant  
Juice, Fruit, Choice of milk

7

Breakfast Burrito  
Pop Tart  
Juice, Fruit, Choice of milk

1

Mini Waffle  
Ultimate Breakfast Round  
Juice, Fruit, Choice of milk

2

Fruit Frudel  
Granola Round  
Juice, Fruit, Choice of milk

3

4

Mini Cinni  
Muffin  
Juice, Fruit, Choice of milk

14

Mini Bagel  
Fruit Bar  
Juice, Fruit, Choice of milk

8

Mini Pancake  
Ultimate Breakfast Round  
Juice, Fruit, Choice of milk

9

Apple Cinnamon French Toast  
Cereal Bar  
Juice, Fruit, Choice of milk

10

11

Oatmeal Choc Chip Bar  
Breakfast Croissant  
Juice, Fruit, Choice of milk

21

Breakfast Burrito  
Pop Tart  
Juice, Fruit, Choice of milk

15

Mini Waffle  
Ultimate Breakfast Round  
Juice, Fruit, Choice of milk

16

Fruit Frudel  
Granola Round  
Juice, Fruit, Choice of milk

17

18

28

Mini Bagel  
Fruit Bar  
Juice, Fruit, Choice of milk

22

Mini Pancake  
Ultimate Breakfast Round  
Juice, Fruit, Choice of milk

23

24

24

25

29

30

31

31

