

April 2018

Elementary

BREAKFAST



This institution is an equal opportunity provider
Breakfast is free to students only
Adult breakfast cost is \$ 2.75
Menus are subject to change



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. Students have the choice of White skim milk, Choc skim milk. 1% White milk



Monday

Mini Cinni **2**
Muffin
Juice, Fruit, Choice of milk

Oatmeal Choc Chip Bar **9**
Breakfast Croissant
Juice, Fruit, Choice of milk

Mini Cinni **16**
Muffin
Juice, Fruit, Choice of milk

Oatmeal Choc Chip Bar **23**
Breakfast Croissant
Juice, Fruit, Choice of milk

Mini Cinni **30**
Muffin
Juice, Fruit, Choice of milk

Tuesday

Breakfast Burrito **3**
Pop Tart
Juice, Fruit, Choice of milk

Mini Bagel **10**
Fruit Bar
Juice, Fruit, Choice of milk

Breakfast Burrito **17**
Pop Tart
Juice, Fruit, Choice of milk

Mini Bagel **24**
Fruit Bar
Juice, Fruit, Choice of milk

Wednesday

Mini Waffle **4**
Ultimate Breakfast Round
Juice, Fruit, Choice of milk

Mini Pancake **11**
Ultimate Breakfast Round
Juice, Fruit, Choice of milk

Mini Waffle **18**
Ultimate Breakfast Round
Juice, Fruit, Choice of milk

Mini Pancake **25**
Ultimate Breakfast Round
Juice, Fruit, Choice of milk

Thursday

Fruit Frudel **5**
Granola Round
Juice, Fruit, Choice of milk

Apple Cinn. French Toast **12**
Cereal Bar
Juice, Fruit, Choice of milk

Fruit Frudel **19**
Granola Round
Juice, Fruit, Choice of milk

Apple Cinn. French Toast **26**
Cereal Bar
Juice, Fruit, Choice of milk

Friday

6

13

20

27

