

February 2018

Elementary

BREAKFAST



This institution is an equal opportunity provider and employer
Breakfast is free to students only
Adult cost is \$ 2.75



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Apple Cinn. French Toast **1**
Cereal Bar
Juice, Fruit, Choice of milk



Mini Cinni **5**
Muffin
Juice, Fruit, Choice of milk

Breakfast Burrito **6**
Pop tart
Juice, Fruit, Choice of milk

Mini Waffle **7**
Ultimate Breakfast Round
Juice, Fruit, Choice of milk

Fruit Frudel **8**
Granola Round
Juice, Fruit, Choice of milk



Oatmeal Choc Chip bar **12**
Cheese Stick
Juice, Fruit, Choice of milk

Mini Bagel **13**
Fruit bar
Juice, Fruit, Choice of milk

Mini Pancake **14**
Mini Waffle
Juice, Fruit, Choice of milk

Apple Cinn. French Toast **15**
Cereal Bar
Juice, Fruit, Choice of milk



Mini Cinni **19**
Muffin
Juice, Fruit, Choice of milk

Breakfast Burrito **20**
Pop tart
Juice, Fruit, Choice of milk

Mini Waffle **21**
Ultimate Breakfast Round
Juice, Fruit, Choice of milk

Fruit Frudel **22**
Granola Round
Juice, Fruit, Choice of milk



Oatmeal Choc Chip bar **26**
Cheese Stick
Juice, Fruit, Choice of milk

Mini Bagel **27**
Fruit bar
Juice, Fruit, Choice of milk

Mini Pancake **28**
Mini Pancake
Juice, Fruit, Choice of milk

