



This institution is an equal opportunity provider  
Lunch is no cost to students  
Adult prices are \$ 3.75

Menus are subject to change



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods.  
Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.  
Students have the choice of White skim milk, Choc skim milk, Strawberry skim milk, 1% White milk



### Monday

Calzone 2  
Garden Fresh Salad, Peas, Apple sauce  
Choice of milk

Ripper 9  
Garden Fresh Salad, Green Beans, Mixed Fruit  
Choice of milk

Chicken Sandwich 16  
Garden Fresh Salad, California Blend Veggie  
Orange slices, Choice of milk

Calzone 23  
Garden Fresh Salad, Peas, Applesauce  
Choice of milk

Ripper 30  
Garden Fresh Salad, Green Beans, Mixed Fruit  
Choice of milk

### Tuesday

Hamburger 3  
Fajita Chicken Salad  
Garden Fresh Salad, Potato wedges, sliced oranges  
Choice of milk

Chicken Nuggets, Roll 10  
Fajita Chicken Salad  
Garden Fresh Salad, Baked Beans, Apple slices,  
Choice of milk

Taco Tuesday 17  
Fajita Chicken Salad  
Garden Fresh Salad, Refried Beans, Pears  
Choice of milk

Hamburger 24  
Fajita Chicken Salad  
Garden Fresh Salad, Potato wedges, sliced oranges  
Choice of milk



### Wednesday

P B & J Crustable, Cheese Stick 4  
Pasta Chicken Salad  
Garden Fresh salad, hummus/celery sticks, Banana  
Choice of milk

Ham and Cheese Sandwich 11  
Pasta Chicken Salad  
Garden Fresh Salad, Carrot sticks, Banana  
Choice of milk

Meatloaf, Mashed potatoes 18  
Pasta Chicken Salad  
Garden Fresh Salad, steamed carrots, Banana  
Choice of milk

P B & J Crustable, Cheese Stick 25  
Pasta Chicken Salad  
Garden Fresh Salad, hummus/celery sticks, Banana  
Choice of milk



### Thursday

Dorito's Loco's 5  
Garden Fresh Salad, Corn, Peaches  
Choice of milk

Hot Dog 12  
Garden Fresh Salad, Potato wedges, Pears  
Choice of milk

Pizza 19  
Garden Fresh Salad, Broccoli, Pineapple  
Choice of milk

Dorito's Loco's 26  
Garden Fresh Salad, Corn, Peaches  
Choice of milk



### Friday

