

## Procedure for Middle School Return to Play Protocol

### Steps

1. Once the coach or school personnel identifies a student with symptoms of a concussion.  
(The student is no longer allowed to participate in any athletic activity i.e. PE or Sports)
2. The parent(s) or legal guardian should be contacted and a meeting with the parent(s) should be scheduled.
3. School Personnel will meet with the parent(s) and review the Return-to-Play protocol.
4. The parent(s) will be notified that the student will need to be seen by a doctor.  
(If the doctor's diagnosis is the student did suffer a concussion then the following procedure will be followed)
5. School personnel (Principal or Coach) should then contact Jimmy Tillman
6. Jimmy Tillman will contact one of the retired school nurses
7. The nurse will sign a contract to complete the Return-to-Play protocol for that student.
8. School Nurse will go to the school to meet with the student and coach to review the Return-to-Play Plan.  
(Parent(s) should be invited to attend this meeting)
9. The nurse will schedule with the student, coach and school the times that she will observe the student.
10. The nurse will observe and document the six stages of the Return-to-Play protocol.  
(Parent(s) will be encouraged to consult with the student's doctor before allowing contact in practices)
11. Once the student has successfully completed the six stages they must return to his/her doctor to be released to play.
12. The doctor's note releasing the student to Return-to-Play will be sent to the contract nurse.
13. The nurses will provide an invoice showing the dates and times of the observations.
14. All copies of the documentation will then be sent to Jimmy Tillman to be kept on file.

