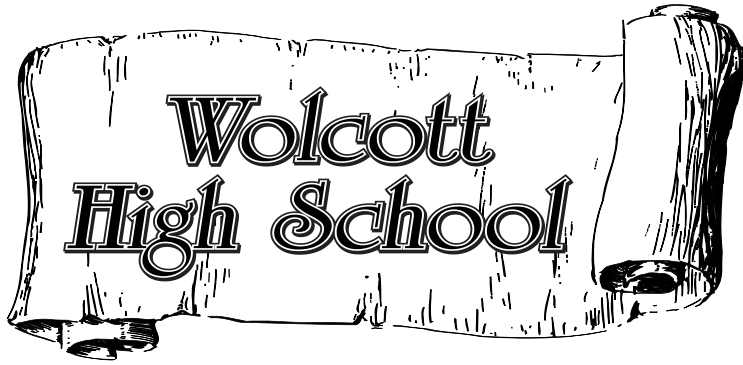


WOLCOTT ADULT EDUCATION



FALL 2016

ADVANCED REGISTRATION
BY MAIL REQUESTED

REGISTRATION BEGINS SEPT. 1ST

CLASSES BEGIN ON MONDAY, SEPTEMBER 19, 2016



ADULT EDUCATION INFORMATION



- **NO CLASSES – October 10th, November 8th and November 11th**
- Adult Education is cancelled when the Wolcott Public Day School is not in session. -
Unscheduled emergency closings will be announced over WATR, WWCO, and Channel 8 when possible.
- Registration will take place by mail.
- Make Checks payable to Wolcott Board of Education, Adult Education Account
- Mail to Wolcott Adult Education, Wakelee School, 12 Hempel Drive, Wolcott, CT 06716
- Full refunds will be made only for classes that do not attain sufficient enrollment.
- The Wolcott Adult Education Program reserves the right to discontinue, cancel, postpone or change class times, places, dates and instructors when conditions warrant. The program cannot, however guarantee that everyone will be notified prior to the beginning of classes. Books and materials for a class may not be included in the course fee. Please check with your instructor.
- Adult Education instructors are selected for their expertise in specific areas. However, the Wolcott Adult Education Program, the Board of Education, and The Town of Wolcott do not promote the private services of the instructors nor the companies with whom they are associated. The Director, Board of Education, and the Town of Wolcott disclaim any and all responsibility for any services participants may pursue based upon information offered or discussions conducted in an adult education class. Courses are provided to expand the knowledge and skills of the participants, and, as such, the participants are solely responsible for the use thereof.
- An American – Citizenship Class, High School Equivalency, English as a Second Language and courses in Elementary School completion are held by special arrangement with the city of Waterbury or Naugatuck. They are tuition-free to Wolcott residents.
- All activities offered by Wolcott Adult Education are in accessible locations. Accommodations for individuals with a disability are available upon request.
- For further information on any adult course, an issue regarding discrimination, accessibility and accommodation, or if you have a course suggestion, contact Kim Murtaugh, Director of Adult Education currently at 203-879-8423 at Wolcott High School or by email at kmurtaugh@wolcottps.org. 457 Bound Line Road, Wolcott, CT 06716

457 Bound Line Road, Wolcott, CT 06716
An Equal Opportunity Employer

REGISTRATION FORM - FALL 2016
ADVANCED MAIL-IN REGISTRATION - REGISTRATION BEGINS SEPTEMBER 1ST

NAME: _____
 ADDRESS: _____
 Home Phone: _____ Work Phone: _____
 Email: _____

<i>Courses:</i>	<i>Day</i>	<i>Fee</i>
1.		
2.		
3.		
4.		
		TOTAL:

Method of Payment:
 CHECK OR MONEY ORDER made payable to:

Wolcott Board of Ed. - Adult Education Account

Mail to: **Wolcott Adult Education
 Wakelee School
 12 Hempel Drive
 Wolcott, CT 06716**

Future Course Suggestions / Comments: _____



ARTS & CRAFTS:

INTRO TO PHOTOGRAPHY: This three session photography class is designed to cover the basics of photography. Do you have a camera and would like to learn how to use it to its greatest potential? Then this is the course for you. You will explore the settings on your camera to produce more professional looking pictures in all settings. Lastly, you will learn photography techniques for low-light conditions, how to use the flash, and fun tricks.

Instructor: Michael Chiarella
 Registration Fee: \$50
 Non Resident Fee: \$55
 Thursdays 6:00-7:30; Room B116
 Sept. 29th, Oct. 6th, and Oct. 13th –
 Three sessions

INTERMEDIATE ONE STROKE PAINTING: This course offers a decorative painting technique that concentrates on loading the brush instead of traditional theories of light and dark. It is a fast and easy method of painting designed to teach anyone how to paint. One stroke painting is versatile enough to be used with almost any medium from acrylic paint and lacquer to crackle paint and glaze. Come create five projects with us. Materials for the first class can be purchased at local art stores: Folk Art value pack brushes #1059. A materials list will be provided at the first class for the other projects.

Instructor: Donna Ginger
 Registration Fee: \$80
 Non-Resident Fee: \$85
 Wednesdays, 6:30-8:30; Rm. 116
 September 28th, Oct. 5th, 12th, 19th
 and 26th – Five Sessions

COOKING:

FLAN FANTASTICO: Flan, or crème caramel is a soft custard dessert seen in many cuisines, most notably Spain and France. It is a soft custard dessert served with a layer of caramel on top. Simple, yet sublimely delicious. In this class, students will prepare a flan to bring home to enjoy. A non-refundable supply fee of \$5 is due at registration.

Instructor: Paula Moscato
 Registration Fee: \$35
 Non-Resident Fee: \$40
 Tuesday 6:30-8:30 Rm. 120
 October 25th – One Session

PERFECTLY POT STICKERS: Integral to Chinese cuisine is dumplings, filled with various ingredients, aka “pot stickers”. Although preparing, filling and cooking them is different from that of Western cuisine, results are delicious. In this class each student will prepare a batch of pork or shrimp filled pot stickers to bring home to enjoy! Non- refundable supplies fee of \$8 payable at time of registration which includes all ingredients (at registration, choose between pork or shrimp).

Instructor: Paula Moscato
 Registration Fee: \$35
 Non-Resident Fee: \$40
 Thursday 6:30-8:30 Rm. 120
 November 3rd – One Session

THEME BASED COOKING: This course is geared for special needs adults who would like to learn cooking vocabulary and nutrition tips. You will also learn how to plan and budget simple meals. Then you will prepare these meals

and get to taste test your dishes. A \$5 material fee will be collected each night.

Instructor: Bobbi Thompson
 Registration Fee: \$50
 Non-Resident Fee: \$55
 Wednesday 6:00-8:00 Rm. 120
 Sept. 28th, Oct. 5th, Oct. 12th, Oct.
 19th, and Oct. 26th

FINANCE:

ENTREPRENEURSHIP: STARTING A BUSINESS WITH LITTLE MONEY DOWN: From this lively and informative seminar, you will learn behind the scenes practical information on how to start a successful home-based second-income business which can then become full time. With little money down, you will learn how to decide on a business or product to sell with minimal problems. You will also learn how to avoid psychological wear and tear and discuss franchising. An optional material fee of \$20.00 will be collected in class.

Instructor: Beverly Nathan
 Registration Fee: \$45
 Non-Resident Fee: \$50
 Thursday 7:30-9:30; Rm. 113
 October 13th – One session

GETTING GREAT REAL ESTATE DEALS WHEN BUYING OR SELLING IN DIFFICULT TIMES: The instructor Rick Nathan is a consumer advocate and not a real estate agent. He has been buying and selling real estate for fourteen years. He will show you step by step various techniques to save money and how not to get ripped off in real estate. You will be taught how to buy and sell your home, timeshare, foreclosure property, raw land, condominium, co-op, multi-family, vacation

home, or retirement home with or without a realtor for the best possible price. Also, you will be taught how to buy investment properties. The instructor will show you various ways to protect your most valuable asset, your real estate. The following topics will be discussed: mortgage sources, rent with option to buy, screening potential buyers, buying for no money down, buying foreclosures, and how to sell your own home without a realtor. An optional material fee of \$20.00 will be collected in class.

Instructor: Rick Nathan
Registration Fee: \$45
Non-Resident Fee: \$50
Thursday 7:30-9:30; Rm. 112
October 13th - One session

HOW TO DRASTICALLY CUT COSTS IN DIFFICULT FINANCIAL TIMES:

If you are trying to drastically cut costs because your retirement plan or your savings plan has lost a lot of money, or you could lose your job and want to learn how to save thousands of dollars, this course will greatly help you. Bev Nathan, who is strictly a consumer advocate, will explain how to save thousands of dollars. To be discussed are ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving much money when getting a car, home and life insurance, and methods to reduce your school and county taxes on your home. There are many other ways to save a considerable amount of money and these will be discussed in detail. Also hundreds of money saving web sites will be discussed. An optional material fee of \$20.00 will be collected in class.

Instructor: Beverly Nathan
Registration Fee: \$45
Non-Resident Fee: \$50
Thursday 5:30-7:30; Room 113
October 13th - One session

MEDICARE PLANNING: This class explains how Medicaid works as well as the steps you can take to help protect yourself while your well and when you are in need.

Instructor: Tina LoCasto
Registration Fee: \$10
Monday 7:00-9:00; Room 115
October 24th - One session

SECRETS THAT WALL STREET DOES NOT WANT YOU TO KNOW WHEN INVESTING YOUR MONEY:

Have you just come into some money or have some money to invest? This lively, fact packed seminar is a must for those who want to learn from strictly a consumer advocate, Richard Nathan. Since he is not a salesman and has nothing to sell you, he

will be blunt and straightforward about things that you are not supposed to know and were never taught in high school or college. You will be taught how not to be ripped off when buying or leasing cars, buying insurance, investigating long term care insurance, investing with or without financial planners and when investing in mutual funds on your own. After taking this course, you will have the confidence to invest on your own or be able to interview financial planners so you can find those who are truly working for you. You will learn how to stretch and save your hard earned money, **IT IS TIME TO TAKE CHARGE OF YOUR MONEY!!** Optional Material fee of \$20.00

Instructor: Rick Nathan
Registration Fee: \$45
Non-Resident Fee: \$50
Thursday 5:30 - 7:30; Room 112
October 13th - One session

WILLS AND TRUSTS: What everyone should know: This class teaches everyone the basics of estate planning including Wills and Trusts.

Tina LoCasto
Registration Fee: \$10
Thursday 7:00-9:00; Room 115
Nov. 3rd - One session

FITNESS:

INTERVAL TRAINING: This fat blasting class will increase muscular strength and cardiovascular endurance. No fancy choreography to follow; just moves designed to challenge you, make you sweat, and burn body fat. No two classes will be the same! Please bring a mat and a pair of 5 lb. weights to each class.

Instructor: Sharon Morell
Mon & Wed 5:30-6:30; Aux. Gym
Registration Fee: \$80.00
Non-Resident Fee: \$85.00
Begins September 19th - Sixteen sessions

NON-IMPACT AEROBICS- NIA: This is an exciting combination of movements to keep you fit, balanced and laughing. Nia uses great music and tips for a healthy lifestyle. Since you participate at your own fitness level this class is for everyone. Call Black Belt Instructor Kathy Cosgrove for information at 203-308-1649

Instructor: Kathy Cosgrove
Tues & Thurs. 6:00-7:00; Aux. Gym
Registration Fee: \$80.00
Non-Resident Fee: \$85.00
Begins September 20th - Sixteen sessions

WALTZ AND SWING FOR

BEGINNERS: Learn the basic steps of two of the most popular Ballroom Dance styles QUICKLY so that even you "never, ever" dancers will enjoy yourself right away! Jim Zaccaria will lead all the fun as we learn one of the most flowing and beautiful dances (WALTZ) and one of the most exciting and easy-to-learn (SWING) ! We'll have instruction sheets to help you remember what you learn and a possible "field trip" to get some real world experience. ALL AGES welcome (adults & teens, singles or couples) and NO partner or previous dance experience necessary.

Instructor: Jim Zaccaria has taught dance since 1985 and helped found the Philadelphia Swing Dance Society.

Instructor: Jim Zaccaria
Registration Fee: \$40.00
Non-Resident Fee: \$45.00
Mondays 6:30-8:30; West Commons
October 17th and 24th - Two sessions

ZUMBA: Ditch the work out and dance your worries away while burning tons of calories with ZUMBA! Zumba is a Fusion of Latin & International music and dance themes. It is a mixture of body sculpting movements combined with easy to follow dance steps. Come join this "feel happy" workout! Each session will end with an abdominal workout!

Sharon Morrell
Registration Fee: \$80.00
Non-Resident Fee: \$85.00
Mon & Wed 6:45-7:45 Aux. Gym
Begins September 19th - Sixteen Sessions

HEALTH & SAFETY:

AARP Driver Safety Course: This AARP Safety Program is the first and largest classroom refresher designed for drivers age 50 and over. Students learn defensive driving techniques, new traffic laws and rules of the road. Most students who complete the 5 hour course are entitled to a reduction in insurance premiums.

AARP Certified Instructor
Registration Fee: \$12
Non-AARP Members: \$14
Check must be made payable to AARP, but sent to Wolcott Adult Education, 12 Hempel Drive, Wolcott, CT 06716
Monday and Wednesday, 6:00-8:30; Rm. B121
October 17th and 19th - Two Sessions

SPECIAL INTERESTS:

LADIES DAY AT WOLCOTT LANDOWNERS SHOOTING CLUB:

Wolcott Landowners will be hosting a "Ladies Only" fun filled day where women ages 12 and older can try their hand at target shooting. No experience is needed to try out a variety of firearms including rifles, handguns and shotguns. All equipment will be provided and there will be plenty of NRA certified firearms instructors available to get you started correctly with basic safety skills. So ladies, if you have ever been interested in the sport of target shooting here is your opportunity to do so safely. Bring your friends, sisters, daughters, nieces and have a great time while learning a new skill. Attendees will also enjoy lunch provided by the club.

Fee: \$10

Pre-register for this event by September 9th at tacomatr@com

Saturday, September 17th from 9:00am -2:00 pm at 920 Woodtick Rd

The club also conducts Pistol Certification Classes each month.

Contact Greg Gubitosi (203-465-8442) if you need further information.

JUST ONCE GUITAR FOR BUSY

PEOPLE: Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This

crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students, for ages 13+ Fee includes a workbook and practice DVD.

Drew Amendola

Registration Fee: \$60

Non-Resident Fee: \$65

September 29th 6:30-9:00; Rm. B123

JUST ONCE PIANO FOR HOPELESSLY BUSY PEOPLE:

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song, style, and any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Fee includes a workbook and practice DVD.

Drew Amendola

Registration Fee: \$60

Non-Resident Fee: \$65

September 27th 6:30-9:00; Rm. B123

PSAT PRIMER CLASS: This seminar is designed for sophomores, juniors and seniors who plan to take either the PSAT or the SAT. The seminar runs three hours long and will provide students with basic strategies to use when taking either the

PSAT or SAT. Due to seat availability, the course is limited to high school students only. Instructor is Adam Leiser from Your Ticket to College, who has many years of experience specifically in this field. There is a book fee of \$20.00. This really is a must for students considering college.

Instructor: Adam Leiser

Registration Fee: \$100

Tuesday and Wednesday 6:00-9:00;

Lecture Hall

September 27th and 28th

Math – This math seminar will help students learn some of the math tricks to expect on the test and how to turn those tricks into easy point scoring possibilities. We will also discuss which questions to skip in order for a student to maximize his or her score.

Reading – This reading seminar will help students read boring SAT stories and turn them into major point scoring opportunities. We will also discuss sentence completion strategies.

Writing – This seminar will be divided between the essay and also multiple choice questions. Students will learn how to include tidbits in their essay that the graders are looking to see in a god essay. Students will also review some grammar rules that the creators like to use on the test.



CALLING ALL TALENTED PEOPLE

Do you have a talent that you would like to share with others? Are you an artist or creator that would like to share your creative genius? Do you have a technology background? We are looking for computer class instructors. Do you want to earn a little extra money doing something you enjoy?

Then teaching an adult education class is for you. Come join our team. Wolcott Adult Education is recruiting new instructors. Tell us what you can do and we will help turn your talent into a class.

Name _____

Address _____

Phone _____

Email _____

I would like to teach a class about _____