

WOLCOTT ADULT EDUCATION

Fall 2015

WOLCOTT HIGH SCHOOL

Registration Begins September 1st

**CLASSES BEGIN ON MONDAY
SEPTEMBER 21ST**

REGISTRATION FORM –Fall 2015

ADVANCED MAIL-IN REGISTRATION –Begins September 1st

NAME: _____

ADDRESS: _____

Home phone: _____ Work phone: _____

Email _____

COURSES:	DAY	FEE
1. _____		
2. _____		
3. _____		
4. _____		

TOTAL: _____

Future Course Suggestions/Comments: _____

Method of payment:

CHECK OR MONEY ORDER made payable to:

Wolcott Board of Ed. – Adult Education Account

Mail to: Wolcott Adult Education, Wakelee School

12 Hempel Drive, Wolcott, CT 06716

Bonny Hartigan
Tuesdays 6:30-8:30; Rm B116
September 22nd and 29th – Two Sessions

Registration Fee: \$15.00
Non-Resident Fee: \$20.00

COOKING:

APPETIZING APPETIZERS: Students will prepare various quick, delicious and innovative appetizers which tease the palate and stimulate the appetite. Prior to class, students will receive a packet of information and ideas from which to choose one, even two preparations, to prepare in class. We'll share morsels at the end of class. A supply fee of \$5 should be included in your registration and made out to Paula.

Paula Biondino
Thursday 6:15-8:45; Room B116
November 5th – One session

Registration Fee: \$30.00
Non-resident Fee: \$35.00

GREAT MUSICALS FROM THE LAST FIVE DECADES:

Following the musical, the instructor will facilitate a student-based post-film discussion of the themes, character interactions, etc. There are no prerequisites for the courses below.

Instructor: Paul Marino

Part I: 2010s & 90s - Les Mis; and Beauty and the Beast.

Mondays 6:30-8:30; Rm B116
September 21st, 28th, and October 5th

Registration Fee: \$30.00
Non-Resident Fee: \$35.00

Part II: 2000's & 70's - Moulin Rouge!; and Jesus Christ Superstar

Mondays 6:30-8:30; Rm. B116
October 19th, 26th, and November 2nd

Registration Fee: \$30.00
Non-Resident Fee: \$35.00

Part II: 80's & 70's - A Chorus Line; and Hair

Mondays 6:30-8:30; Rm. B116
November 9th, 16th, and 23rd

Registration Fee: \$30.00
Non-Resident Fee: \$35.00

HARVEST BRIOCHE PULL APARTS: Brioche is a sweet dough enriched with a good dose of butter and eggs, which creates a soft, silk enriched dough which is delightful to serve and enjoy. Students will prepare their own rolls with prepared dough, then mix with their own batter to bring home to use in the next three days. These rolls will be scented with pumpkin and are sure to be a hit. A supply fee of \$8 should be mailed in with the registration made out to Paula.

Paula Biondino
Tuesday 6:15-8:45; Room B116
October 13th

Registration Fee: \$30.00
Non-Resident Fee: \$35.00

FINANCE:

ENTREPRENEURSHIP: STARTING A BUSINESS WITH LITTLE MONEY DOWN:

From this lively and informative seminar, you will learn behind the scenes practical information on how to start a successful home-based second-income business which can then become full time. With little money down, you will learn how to decide on a business or product to sell with minimal problems. You will also learn how to avoid psychological wear and tear and discuss franchising. An optional material fee of \$20.00 will be collected in class.

Beverly Nathan

Wednesday 7:30-9:30; Rm. B113

October 14th – One session

Registration Fee: \$45.00

Non-Resident Fee: \$50.00

GETTING GREAT REAL ESTATE DEALS WHEN BUYING OR SELLING IN DIFFICULT TIMES:

The instructor Rick Nathan is a consumer advocate and not a real estate agent. He has been buying and selling real estate for fourteen years. He will show you step by step various techniques to save money and how not to get ripped off in real estate. You will be taught how to buy and sell your home, timeshare, foreclosure property, raw land, condominium, co-op, multi-family, vacation home, or retirement home with or without a realtor for the best possible price. Also, you will be taught how to buy investment properties. The instructor will show you various ways to protect your most valuable asset, your real estate. The following topics will be discussed: mortgage sources, rent with option to buy, screening potential buyers, buying for no money down, buying foreclosures, and how to sell your own home without a realtor. An optional material fee of \$20.00 will be collected in class.

Rick Nathan

Wednesday 7:30-9:30; Rm. B112

October 14th - One session

Registration Fee: \$45.00

Non-Resident Fee: \$50.00

HOW TO DRASTICALLY CUT COSTS IN DIFFICULT FINANCIAL TIMES:

If you are trying to drastically cut costs because your retirement plan or your savings plan has lost a lot of money, or you could lose your job and want to learn how to save thousands of dollars, this course will greatly help you. Bev Nathan, who is strictly a consumer advocate, will explain how to save thousands of dollars. To be discussed are ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving much money when getting a car, home and life insurance, and methods to reduce your school and county taxes on your home. There are many other ways to save a considerable amount of money and these will be discussed in detail. Also hundreds of money saving web sites will be discussed. An optional material fee of \$20.00 will be collected in class.

Beverly Nathan

Wednesday 5:30-7:30; Room B113

October 14th - One session

Registration Fee: \$45.00

Non-Resident Fee: \$50.00

MEDICARE PLANNING: This class explains how Medicaid works as well as the steps you can take to help protect yourself while your well and when you are in need.

Tina LoCasto

Thursday 7:00-9:00; Room B115

October 15th – One session

Registration Fee: \$10.00

SECRETS THAT WALL STREET DOES NOT WANT YOU TO KNOW WHEN INVESTING YOUR MONEY:

Have you just come into some money or have some money to invest? This lively, fact packed seminar is a must for those who want to learn from strictly a consumer advocate, Richard Nathan. Since he is not a salesman and has nothing to sell you, he will be blunt and straightforward about things that you are not supposed to know and were never taught in high school or college. You will be taught how not to be ripped off when buying or leasing cars, buying insurance, investigating long term care insurance, investing with or without financial planners and when investing in mutual funds on your own. After taking this course, you will have the confidence to invest on your own or be able to interview financial planners so you can find those who are truly working for you. You will learn how to stretch and save your hard earned money, **IT IS TIME TO TAKE CHARGE OF YOUR MONEY!!** Optional Material fee of \$20.00

Rick Nathan
Wednesday 5:30 – 7:30; Room B112
October 14th - One session

Registration Fee: \$45.00
Non-Resident Fee: \$50.00

WILLS AND TRUSTS: What everyone should know: This class teaches everyone the basics of estate planning including Wills and Trusts.

Tina LoCasto
Thursday 7:00-9:00; Room B115
October 1st – One session

Registration Fee: \$10.00

FITNESS:

CARDIO BLAST: This group class is ideal for men and women at all fitness levels looking for a challenging and fun workout! The class is set to music, and incorporates strength, balance, endurance and flexibility training. This sixty minute class includes a complete upper and lower body workout using basic martial arts moves and kickboxing moves to improve overall endurance.

Kyrell Clemons
Mon & Wed 5:30-6:30; Aux. Gym
September 21st - Sixteen sessions

Registration Fee: \$80.00
Non-Resident Fee: \$5.00

NON-IMPACT AEROBICS - NIA: This is an exciting combination of movements to keep you fit, balanced and laughing. Nia uses great music and tips for a healthy lifestyle. Since you participate at your own fitness level this class is for everyone. Call Black Belt Instructor Kathy Cosgrove for information at 203-308-1649
Kathy Cosgrove

Tues & Thurs. 6:00-7:00; Aux. Gym
Begins September 22nd – Sixteen sessions

Registration Fee: \$80.00
Non-Resident Fee: 85.00

SOCIAL BALLROOM DANCING #101- THE TEN SECRETS:

If you have never danced before (or had a “bad reaction” to a previous dance class), this is the dance class for you! We will learn the Ten Secrets to successful partner dancing that anyone can learn, even **YOU**. The goal – your enjoyment and painless exercise! We will learn beginning ballroom dance fundamentals that will help you move smoothly with any partner to the biggest hits from the 40’s to today. Using Swing, Salsa, Waltz and Merengue, we will cover the

basic step of each, open and closed positions and the underarm turn. We will have song lists to help you continue your learning at home. **ALL AGES** welcome (adults & teens, singles or couples) and **NO** partner or previous dance experience necessary. A great way to turbocharge the social life of all party animals!

Jim Zaccaria
Mondays 6:30-8:30; West Commons
October 5th and 19th - Two sessions

Registration Fee: \$40.00
Non-Resident Fee: \$45.00

ZUMBA: Ditch the work out and dance your worries away while burning tons of calories with ZUMBA! Zumba is a Fusion of Latin & International music and dance themes. It is a mixture of body sculpting movements combined with easy to follow dance steps. Come join this “feel happy” workout! Each session will end with an abdominal workout!

Aerobic Instructor
Mon & Wed 6:45-7:45 Aux. Gym
Begins September 21st – Sixteen Sessions

Registration Fee: \$80.00
Non-Resident Fee: \$85.00

HEALTH & SAFETY:

AARP Driver Safety Course: This AARP Safety Program is the first and largest classroom refresher designed for drivers age 50 and over. Students learn defensive driving techniques, new traffic laws and rules of the road. Most students who complete the 5 hour course are entitled to a reduction in insurance premiums.

AARP Certified Instructor
Registration Fee: \$12.00
Non-AARP Members: \$14.00

Check must be made payable to AARP, but sent to Wolcott Adult Education, 12 Hempel Drive, Wolcott, CT 06716

Monday and Wednesday, 6:00-8:40; Rm. B121
October 5th and 7th - Two Sessions

GIRLS NIGHT OUT: What girl does not want to be pampered. Come learn proper skin care and makeup techniques for a glamour makeover that will make you shine for any special occasion. Get ready to have fun with before and after pictures using a Glow and Tell Selfie!!! A supply fee of \$10 will be collected at the course

Teresa Williford
Thursday 7:00-9:00; Room 116
October 15th – One session

Registration Fee: \$10.00

SPECIAL INTERESTS:

LADIES DAY AT WOLCOTT LANDOWNERS

SHOOTING CLUB: Wolcott Landowners will be hosting a “Ladies Only” fun filled day where women ages 12 and older can try their hand at target shooting. No experience is needed to try out a variety of firearms including rifles, handguns and shotguns. All equipment will be provided and there will be plenty of NRA certified firearms instructors available to get you started correctly with basic safety skills. So ladies, if you have ever been interested in the sport of

target shooting here is your opportunity to do so safely. Bring your friends, sisters, daughters, nieces and have a great time while learning a new skill. The Club will also be conducting a Pistol Certification class on September 19th. Attendees will also enjoy lunch provided by the Club. Pre-register for this event by September 9th at tacomatr@com.

Saturday, September 12th from 9:00am -2:00 pm at 920 Woodtick Rd
Contact Greg Gubitosi (203-465-8442) if you need further information.

JUST ONCE GUITAR FOR BUSY PEOPLE: Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students, for ages 13+. Fee includes a workbook and practice DVD.

Drew Registration Fee: \$60.00
Tuesday 6:30-9:00; Rm. B123
November 10th – One session

JUST ONCE PIANO FOR HOPELESSLY BUSY PEOPLE: Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song, style, and any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Fee includes a workbook and practice DVD.

Drew Registration Fee: \$60.00
Thursday 6:30-9:00; Rm. B123
November 12th – One session

PSAT PRIMER CLASS: This seminar is designed for sophomores, juniors and seniors who plan to take either the PSAT (third week in October) or the SAT (first Saturday in October, November and December). The seminar runs two hours long and will provide students with basic strategies to use when taking either the PSAT or SAT. Due to seat availability, the course is limited to high school students only. Instructor is Adam Leiser from Your Ticket to College, who has many years of experience specifically in this field. There is a book fee of \$20.00. This really is a must for students considering college.

Adam Leiser Registration Fee: \$100.00
Monday, Tuesday 6:00-9:00; Lecture Hall
September 28th and 29th

Math – This math seminar will help students learn some of the math tricks to expect on the test and how to turn those tricks into easy point scoring possibilities. We will also discuss which questions to skip in order for a student to maximize his or her score.

Reading – This reading seminar will help students read boring SAT stories and turn them into major point scoring opportunities. We will also discuss sentence completion strategies.

Writing – This seminar will be divided between the essay and also multiple choice questions. Students will learn how to include tidbits in their essay that the graders are looking to see in a good essay. Students will also review some grammar rules that the creators like to use on the test.

ADULT EDUCATION INFORMATION

-NO CLASSES – October 12th, November 3rd, and November 11th

Adult Education is cancelled when the Wolcott Public Day School is not in session. -Unscheduled emergency closings will be announced over WATR, WWCO, and Channel 8 when possible.

-Registration will take place by mail.

Make Checks payable to Wolcott Board of Education, Adult Education Account

-Mail to Wolcott Adult Education, Wakelee School, 12 Hempel Drive, Wolcott, CT 06716

-Full refunds will be made only for classes that do not attain sufficient enrollment.

-The Wolcott Adult Education Program reserves the right to discontinue, cancel, postpone or change class times, places, dates and instructors when conditions warrant. The program cannot, however guarantee that everyone will be notified prior to the beginning of classes. Books and materials for a class may not be included in the course fee. Please check with your instructor.

Adult Education instructors are selected for their expertise in specific areas. However, the Wolcott Adult Education Program, the Board of Education, and The Town of Wolcott do not promote the private services of the instructors nor the companies with whom they are associated. The Director, Board of Education, and the Town of Wolcott disclaim any and all responsibility for any services participants may pursue based upon information offered or discussions conducted in an adult education class. Courses are provided to expand the knowledge and skills of the participants, and, as such, the participants are solely responsible for the use thereof.

-An American – Citizenship Class, High School Equivalency, English as a Second Language and courses in Elementary School completion are held by special arrangement with the city of Waterbury or Naugatuck. They are tuition-free to Wolcott residents.

All activities offered by Wolcott Adult Education are in accessible locations. Accommodations for individuals with a disability are available upon request.

-For further information on any adult course, an issue regarding discrimination, accessibility and accommodation, or if you have a course suggestion, contact Kim Murtaugh, Director of Adult Education currently at 203-879-8423 at Wolcott High School or by email at kmurtaugh@wolcottps.org. 457 Bound Line Road, Wolcott, CT 06716

An Equal Opportunity Employer