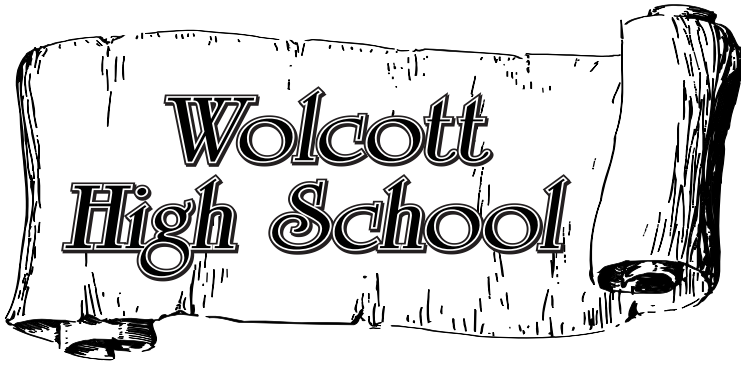



WOLCOTT ADULT EDUCATION

- Spring 2019 -

ADVANCED REGISTRATION
BY MAIL REQUESTED



CLASSES BEGIN ON MONDAY, MARCH 4, 2019



ADULT EDUCATION INFORMATION

- NO CLASSES – April 15-19 and May 27th
- ****Classes that have low enrollment will be cancelled 5 days prior to start****
Please register in advance to assure classes will run!
- Adult Education is cancelled when the Wolcott Public Day School is not in session or when closed for early dismissal. -Unscheduled emergency closings will be announced over WATR, WWCO, and Channel 8 when possible.
- Registration will take place by mail.
- Full refunds will be made only for classes that do not attain sufficient enrollment.
- The Wolcott Adult Education Program reserves the right to discontinue, cancel, postpone or change class times, places, dates and instructors when conditions warrant. The program cannot, however guarantee that everyone will be notified prior to the beginning of classes. Books and materials for a class may not be included in the course fee. Please check with your instructor.
- Adult Education instructors are selected for their expertise in specific areas. However, the Wolcott Adult Education Program, the Board of Education, and The Town of Wolcott do not promote the private services of the instructors nor the companies with whom they are associated. The Director, Board of Education, and the Town of Wolcott disclaim any and all responsibility for any services participants may pursue based upon information offered or discussions conducted in an adult education class. Courses are provided to expand the knowledge and skills of the participants, and, as such, the participants are solely responsible for the use thereof.
- An American – Citizenship Class, High School Equivalency, English as a Second Language and courses in Elementary School completion are held by special arrangement with the city of Waterbury or Naugatuck. They are tuition-free to Wolcott residents.
- All activities offered by Wolcott Adult Education are in accessible locations. Accommodations for individuals with a disability are available upon request.
- For further information on any adult course, an issue regarding discrimination, accessibility and accommodation, or if you have a course suggestion, contact, Director of Adult Education currently at dcalabro@wolcottps.org or call 203-879-8423.

457 Bound Line Road, Wolcott, CT 06716
An Equal Opportunity Employer

REGISTRATION FORM - SPRING 2019
ADVANCED MAIL-IN REGISTRATION - FEBRUARY 1ST TO FEBRUARY 21TH

NAME: _____
 ADDRESS: _____
 Home Phone: _____ Work Phone: _____
 Email: _____

<i>Courses:</i>	<i>Day</i>	<i>Fee</i>
1.		
2.		
3.		
4.		
TOTAL:		

Future Course Suggestions / Comments: _____

Method of Payment:
 CHECK OR MONEY ORDER made payable to:
Wolcott Board of Ed. - Adult Education Account

Mail to: **Wolcott Adult Education**
Wakelee School
12 Hempel Drive
Wolcott, CT 06716
Attention: Donna Calabro



ARTS & CRAFTS:

***NEW* JEWELRY MAKING:** Clorinda Mirto is an award winning, published jewelry artist. In this jewelry class she will instruct students on various jewelry making techniques. These will include wire wrapping, crochet wire weave, various stringing techniques and use of findings. Materials list will be supplied at the first class or students may also purchase pre-made kits with all materials needed to complete the project for a cost of \$10.00 payable to Clorinda at the start of class. All materials for the first class is included in the class fee. Instructions for all class projects will be handed out at each class. Most projects will be completed in 1 or 2 lessons. No prior jewelry experience is required. Max 10 students

Instructor: Clorinda Mirto
 Registration Fee: \$60
 Non Resident Fee: \$65

Tuesdays 6:00-9:00; Room 120

April 22nd, 29th, May 6th, 13th, and 20th
 – Five sessions

***NEW* FLOWER DESIGN:** Join Becky from Sweet Hydrangea Floral Design to learn the basics of floral design, and create three beautiful pieces! We will begin with a fresh garden-inspired arrangement with a whimsical, rustic feel. Our second class, we will create a faux floral grapevine wreath to brighten your home all spring and summer. Finally, in our last class, we will design a planter box centerpiece with gorgeous fresh flowers! Let your creativity flow, all while having fun, and designing spectacular pieces you'll be proud of!

Instructor: Becky Coppola
 Registration Fee: \$165*
 Non Resident Fee: \$170*

Mondays: 6:00-8:00; Room 120

April 29th, May 6th, and May 13th –
 Three sessions

**Price includes all materials needed to complete the projects*

MUSIC & PHOTOGRAPHY:

INTRO TO PHOTOGRAPHY: This three session photography class is designed to cover the basics of photography. Do you have a camera and would like to learn how to use it to its greatest potential? Then this is the course for you. You will explore the settings on your camera to produce more professional looking pictures in all settings. Lastly, you will learn photography techniques for low-light conditions, how to use the flash, and fun tricks.

Instructor: Michael Chiarella
 Registration Fee: \$50

Non Resident Fee: \$55

May 8th, 15th, and 22nd – Three sessions
 Wednesdays 6:00-7:30; Room B116

May 8th, 15th, and 22nd – Three sessions

PIANO FOR BUSY PEOPLE: Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this class. Topics include:

- How chords work in a song
- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid "counting"
- How to simplify over 12,000 complex chords

Instructor: Dan Fontana

Registration Fee: \$60 which includes an online book and online instructional videos.

Monday, May 6th 6:30 - 9:30; Room B121

GUITAR FOR BUSY PEOPLE: Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. For ages 13+.

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)

Instructor: Dan Fontana

Registration Fee: \$60 which includes an online book and online instructional videos.

Wednesday, May 8th, 6:30 - 9:00; Room B121

FOOD:

***NEW* INTRO TO UNIQUE CAKE POPS/COOKIES/CAKE DECORATING WORKSHOP:** In this 3 session class, you will learn the basics needed to decorate cakes, cake pops, and cookies like a pro! This class is recommended for beginners or those with little to no cake decorating experience.

In the first session, you will be decorating delicious sugar cookies using fondant. You will learn how to add special details to create stunning, customized cookies, and making them suitable for different celebrations.

In the second session, you will learn how to create beautiful cake pops with an elegant finish and suitable for every special occasion!

For the final class, you will learn how to decorate a multi-color dripping birthday cake from start to finish. This is one of the latest trends in cake decorating. We'll go over how to prepare and color the butter cream frosting, level and fill the layers of the cake, and use the latest techniques to give your cake a professional touch.

The fee includes the lessons, print-outs, ad-on detail items as needed for each class, and all the materials needed to make the icings, cake pops, cookies and cake for all three sessions. Decorating tools will be provided for use, while in the classroom. Students do not need to purchase anything.

A list of the items used in the classroom will be provided to the students, and the places where they can be purchased, if they wish.

Instructor: Lillian Sanderson, from Lillian's Cake Creations

Registration Fee: \$165

Non-Resident Fee: \$170

Wednesdays 6:30-8:00 Rm. 120

March 27th, April 3rd, and 10th

FINANCE:

HOW TO START A BUSINESS WITH LITTLE MONEY DOWN: From this lively and informative seminar, you will learn behind the scenes practical information on how to start a successful home-based second-income business which can then become full time. With little money down, you will learn how to decide on a business or product to sell with minimal problems. You will also learn how to avoid psychological wear and tear and discuss franchising. An optional material fee of \$20.00 will be collected in class.

Instructor: Beverly Nathan

Registration Fee: \$45

Non-Resident Fee: \$50

April 1st - One session

Monday 7:45-9:30; Rm. 113

GETTING GREAT REAL ESTATE DEALS WHEN BUYING OR SELLING IN DIFFICULT TIMES: The instructor Rick Nathan is a consumer advocate and not a real estate agent. He has been buying and selling real estate for fourteen years. He will show you step by step various techniques to save money and how not to get ripped off in real estate. You will be taught how to buy and sell your home, timeshare, foreclosure property, raw land, condominium, co-op, multi-family, vacation home, or retirement home with or without a realtor for the best possible price. Also, you will be taught how to buy investment properties. The instructor will show you various ways to protect your most valuable asset, your real estate. The following topics will be discussed: mortgage sources, rent with option to buy, screening potential buyers, buying for no money down, buying foreclosures, and how to sell your own home without a realtor. An optional material fee of \$20.00 will be collected in class.

Instructor: Rick Nathan

Registration Fee: \$45

Non-Resident Fee: \$50

April 1st - One session

Monday 7:45-9:30; Rm. 112

HOW TO DRASTICALLY CUT COSTS IN DIFFICULT FINANCIAL TIMES:

If you are trying to drastically cut costs because your retirement plan or your savings plan has lost a lot of money, or you could lose your job and want to learn how to save thousands of dollars, this course will greatly help you. Bev Nathan, who is strictly a consumer advocate, will explain how to save thousands of dollars. To be discussed are ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving much money when getting a car, home and life insurance, and methods to reduce your school and county taxes on your home. There are many other ways to save a considerable amount of money and these will be discussed in detail. Also hundreds of money saving websites will be discussed. An optional material fee of \$20.00 will be collected in class.

Instructor: Beverly Nathan

Registration Fee: \$45

Non-Resident Fee: \$50

April 1st - One session

Monday 6:00-7:45; Room 113

SECRETS THAT WALL STREET DOES NOT WANT YOU TO KNOW WHEN INVESTING YOUR MONEY:

Have you just come into some money or have some money to invest? This lively, fact packed seminar is a must for those who want to learn from strictly a consumer advocate, Richard Nathan. Since he is not a salesman and has nothing to sell you, he will be blunt and straightforward about things that you are not supposed to know and were never taught in high school or college. You will be taught how not to be ripped off when buying or leasing cars, buying insurance, investigating long term care insurance, investing with or without financial planners and when investing in mutual funds on your own. After taking this course, you will have the confidence to invest on your own or be able to interview financial planners so you can find those who are truly working for you. You will learn how to stretch and save your hard earned money. **IT IS TIME TO TAKE CHARGE OF YOUR MONEY!!** Optional Material fee of \$20.00

Instructor: Rick Nathan

Registration Fee: \$45

Non-Resident Fee: \$50

April 1st - One session

Monday 6:00 - 7:45; Room 112

DANCE:

BEGINNING SWING & DISCO HUSTLE DANCING!! In only 2 nights, have fun learning two very closely related Ballroom dances – SWING & HUSTLE !! Just four steps over six beats (Swing) and 3.5 steps over 3.5 beats (Hustle) will get even “never-ever” dancers moving to some of the greatest up-tempo Big Band, classic Rock & Roll, Disco, Blues and Pop music of all times. We'll take out the mystery and create the FUN in many “moves” like Open and Closed positions, Underarm Turns, Inside Turns and a lot more. ALL AGES welcome (adults & teens, singles or couples) and NO previous dance experience is necessary. We'll develop a complete & easy routine for each style that you can dance to a variety of songs ! Dance notes and Song lists included.

Instructor: Jim Zaccaria

Registration Fee: \$40

Non-Resident Fee: \$45

Mondays 6:30-8:30; CafeEast

April 1st and 8th

BEGINNING SALSA & MERENGUE!

Enjoy your favorite Latin tunes even more by learning two of the easiest of the Ballroom dances – SALSA & MERENGUE !! Just four steps over four beats (Salsa or Merengue) will get you moving to some of the greatest Latin music from around the world and looking like you grew up doing it. It's a fun way to exercise and socialize. ALL AGES welcome (adults & teens, singles or couples) and NO previous dance experience is necessary. We'll develop a complete & easy routine for each dance that will get you attention at your next party ! Dance notes and Song lists included.

Instructor: Jim Zaccaria

Registration Fee: \$40

Non-Resident Fee: \$45

Mondays 6:30-8:30; CafeEast

April 22nd and 29th

FITNESS:

POUND AND BOOT CAMP WITH SHARON: Using lightly weighted drumsticks you become the music in this exhilarating full body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements. Designed for all fitness levels, Pound provides the perfect atmosphere for letting loose, getting energized, toning up and rocking out. In addition, you will have an exhilarating boot camp workout to get you in shape for the summer! Please bring 5lb weights, sticks, and a mat to each class. ***PARTICIPANTS MUST PURCHASE THEIR OWN FITNESS DRUMSTICKS BEFORE THE FIRST CLASS.** You can purchase Fitness Rockstar Drumsticks on Amazon for \$15.99.

Instructor: Sharon Morell

Registration Fee: \$90

Non-Resident Fee: \$95

Mon & Wed 5:30-6:30; Café

Begins March 4th for 16 sessions

ZUMBA: Ditch the workout and dance your worries away while burning tons of calories with ZUMBA! Zumba is a Fusion of Latin & International music and dance themes. It is a mixture of body sculpting movements combined with easy to follow dance steps. Come join this “feel happy” workout! Each session will end with an abdominal workout!

Instructor: Shannon Tiso
Registration Fee: \$90
Non-Resident Fee: \$95
Mon & Wed 6:45-7:45; Café
Begins March 4th for 16 sessions

YOGA: A unique way to integrate mind, body, and spirit, without force or competitiveness. This class will guide all levels of students through a flowing asana practice that includes Sun Salutations, and a wide range of standing and seated poses. Your yoga class may incorporate a variety of yoga styles and practices including (but not limited to) Vinyasa and Hatha. Attention is given to breath and proper alignment to promote a healthier lifestyle, relieve stress and increase strength and flexibility. PLEASE BRING A MAT TO CLASS.

Instructor: Bonnie Blethen
Registration Fee: \$100
Non-Resident Fee: \$105
Tues & Thurs. 6:30 – 7:30; Resource Room
Begins March 5th for 20 sessions

REDUCE YOUR STRESS BY LEARNING EFT: Do you suffer from Anxiety? Do you find yourself holding back from who you really are for fear of an attack? EFT has been proven to help with Anxiety from panic attacks to PTSD. With each episode of Anxiety you are creating a pattern of triggers that increases your Anxiety and the number of episodes. This is a very simple tool that can relieve you of any anxiety at the moment it starts. Lowering the severity and time you are anxious. Please do this for yourself, your teen or child or friend. If you suffer from Anxiety this can help you get back to who you really are and have fun.

Instructor: Stacy Altomari
Registration Fee: \$40
Non-Resident Fee: \$45
Tuesdays 6:00-7:30; Rm 121
March 19th, 26th and April, 2nd and 9th
– Four Sessions

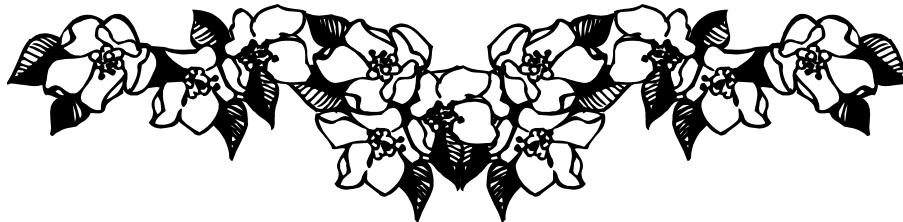
LANGUAGE:

*** NEW * NONVERBAL COMMUNICATION:** Have you ever wondered others' perceptions of you? In this class, you will learn about nonverbal behavior and the messages you send as a result. Physical appearance, gesture and movement, facial expressions, eye contact, touch, use of time, smell and voice are examined. You will develop a subjective awareness of your own and others' nonverbal messages along with the importance, pervasiveness and effect of nonverbal behavior.

Instructor: Michelle Ciampi
Registration Fee: \$35
Non-Resident Fee: \$40
Monday 6:00-8:00; Rm 115
May 6th and 13th - Two Sessions

CONVERSATIONAL SPANISH: If you studied Spanish in high school and want a refresher or if you plan to travel to a Spanish speaking country, this is the class for you! If you want to learn Spanish so that you can use it in your place of employment, this class will provide you with basic conversational phrases. We'll focus on “everyday Spanish” that you can use right away. This class will teach you how to communicate and help you sustain a conversation with a native Spanish speaker. Each session will include extra material so you can practice and expand your vocabulary at home.

Instructor: Bianca Daniels
Registration Fee: \$70
Non-Resident Fee: \$75
Wednesdays 6:00-8:00; Rm 115
April 24th, May 1st, 8th, 15th, and 22nd -
Five Sessions



CALLING ALL TALENTED PEOPLE

Do you have a talent that you would like to share with others? Are you an artist or creator that would like to share your creative genius? Do you have a technology background? We are looking for computer class instructors. Do you want to earn a little extra money doing something you enjoy?

Then teaching an adult education class is for you. Come join our team. Wolcott Adult Education is recruiting new instructors. Tell us what you can do and we will help turn your talent into a class.

Name _____

Address _____

Phone _____

Email _____

I would like to teach a class about _____