# **Elderly Support**

## New Opportunities, Inc.

http://www.newoppinc.org/ 232 North Elm Street Waterbury, CT 06702 (203) 575-9799

Elderly Services, Administrative Offices, Aids Assistance, Aids/Hiv Assistance, Child Care, Chore, Doc Residential, Elder Services, Elderly Services, Emergency Response System, Energy Assistance, Eviction Prevention

Currently sponsors a variety of social programs in the general areas of: Energy Assistance/Weatherization, Youth Development and Training, Drug/Alcohol Prevention, Teenage Pregnancy Prevention, AIDS/HIV Prevention, Education and Support Services, Child Welfare and Family Services, Early Childhood Education Programs, Neighborhood Councils and Committees, Elderly Services, Homeless Shelter/Housing, New Opportunities of Greater Meriden, and Ex-offender Programs/Alternative Incarceration Center.

## Western Connecticut Area Agency on Aging Inc, WCAAA

http://www.wcaaa.org/index.php/contact-us 84 Progress Lane Waterbury, CT 06705 203-757-5449

800-994-9422

The Western Connecticut Area Agency on Aging (WCAAA) offers funding for the following types of services for caregivers through two programs: the federal **National Family Caregiver Support Program and the Connecticut Statewide Respite Care Program.** The term 'caregiver' means an adult relative or non- relative, or another individual who is an informal provider of in-home and community care. Only caregivers who provide care to the applicant that meets the eligibility requirements may receive services under these programs.

**Respite Care**: Respite care is a short term option designed to provide a break from the physical and emotional stress from caregiving. Respite care services include, but are not limited to: adult day care, home health aides, homemaker, companion, skilled nursing care, or short term assisted living or nursing home care. Funds may be used for day or night respite. A mandatory assessment must be completed before respite services are provided.

**Supplemental Services**: Supplemental services are one time health-related items or service options designed to help "fill the gap" when there is a need or there are no other ways to obtain the service or item. Supplemental services help improve the quality of life for the care recipient

and help to alleviate the strain on caregivers who care for older individuals. Supplemental services include, but are not limited to, home safety modifications and medical related equipment. These services are available through the federal National Family Caregivers Support Program funding only.

#### National Family Caregiver Support Program (NFCSP)

The National Family Caregiver Support Program is funded by the Administration on Aging, and is operated in partnership with the State of Connecticut Department of Social Services and the Connecticut Area Agencies on Aging. The NFCSP helps families sustain their efforts to care for older relatives by offering a range of services to support family caregivers:

- information to caregivers about available services,
- assistance to caregivers in gaining access to the services,
- counseling, support, and caregiver training,
- respite care, and
- supplemental services, on a limited basis

#### **Other Programs:**

**Community Choices Program (Informational Resource):** serves as a one stop resource for free, confidential, unbiased information for seniors, caregivers, and individuals 18+ with disabilities.

**CHOICES Program (Medicare Counseling):** Confidentially screens seniors for all government benefits including Medicare, Medicaid, Medigap, Medicare Savings Program, ConnPace, long term insurance, prescription drugs assistance, Veteran's benefits, public senior housing, transportation, senior centers, health services, support groups, volunteering opportunities and much more.

**Private Care Management Program**: Is available through WCAAA when no other program is available. The WCAAA staff can contract for care management.

**Congregate Housing Services Program**: Services include but not limited to personal emergency response systems, chore or homemaker services, foot care, adult day care, home delivered meals, congregate meals, medication monitoring and transportation.

**Money Follows the Person (MFP):** serves to enable Medicaid clients, living in long term care facilities such as nursing homes to move back to the community.

**Other WCAAA Programs and Services**: Home delivered meals, chore services, transportation, senior citizen and healthy activities, legal services, grandparents program, health and mental health services.